2024 Jr. High Dance Camp

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

9:00am	Camp Registration begins
	LUNCH IS NOT PROVIDED
12:00pm	Camp Registration Ends
12:30pm	Arrive to main meeting area
1:00pm	Opening Ceremonies Warm-Ups & Conditioning
1:30pm	USA Camp Dance
2:30pm	**Director/Coaches Meeting** Performance Routine A
4:00pm	Drill Downs
4:30pm	**DINNER**
6:30pm	Showtime USA Home Routine Showcase
7:00pm	Camp Dance Review & All American Preview
8:00pm	TeamMaker Unity Workshop & Games
8:30pm	All Camp Meeting

DAY 2

7:00am	***BREAKFAST**
8:30am	Warm-Ups & Conditioning USA Camp Dance Review
9:00am	**Director/Coaches Meeting** Technique
10:00am	Performance Routine B
11:15am	All American Routine
12:00pm	**LUNCH**
12:30pm	Officers/Captains Class
1:00pm	Performance Routine A2
2:15pm	Choose Your Challenge
3:15pm	Performance Routine B2
4:15pm	TeamMaker Unity Workshop & Games Pin it forward & St. Jude
4:30pm	**DINNER**
	Free Time / Fun Night in Knott's Berry Farm Park

DAY 3

7:00am	***BREAKFAST**
8:30am	Warm-Ups & Conditioning USA Camp Dance Review
9:00am	**Director/Coaches Meeting** Technique
9:30am	Performance Routine A Review
10:15am	Performance Routine B Review
11:00am	Performance Routine A & B Showcase
11:30am	All American Routine Showcase Final Drill Down Supersensational Finals ***Closing Awards Ceremony**

Friends and family are invited to camp on Day 3 beginning at 10:00 am.

Day 3 will end at approximately 12:00 pm depending on the camp size.

Class times and offerings may vary by camp location.

***BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**