



# 2024 Youth Camp Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

## DAY 1

12:00 pm	Meet your Staff TeamMate(s) & Warm-ups
12:15 pm	Sideline Cheers
1:00 pm	Stunt Introduction (S) & Stunt Class
2:15 pm	USA Routine
3:00 pm	<b>BREAK</b>
3:30 pm	Jump Class & Jump Off
4:15 pm	Pyramid Class
5:15 pm	Gold Games
5:45 pm	Material Review
6:30 pm	Spirit Awards & Dismiss

## DAY 2

9:00 am	Warm-ups & Material Review
9:30 am	Crowd Leading Cheer
10:15 am	Stunt Class
11:15 am	Stunt Show N' Tell
11:30 am	Staff TeamMate Time: USA Routine Coaching
12:00 pm	<b>LUNCH</b>
1:00 pm	Staff TeamMate Time: USA Routine Coaching cont.
1:30 pm	Timeout Dance
2:30 pm	All-American Tryouts
3:00 pm	Final Review
3:30 pm	Friends & Family Showcase
4:00 pm	Spirit Awards & Dismiss

Choose Your Challenge Options:

- Timeout Dance
- Hip Hop Dance
- Basket Toss Class