t association united spirit association unit



2024 College Dance 3 Day Home Camp Schedule

DAY 1

12:00 pm	Meet your Staff
12:15 pm	Warm-ups
12:30 pm	Technique
1:30 pm	Performance Routine A
3:00 pm	BREAK
3:30 pm	Media Routine (Pom)
4:30 pm	Performance Routine B
6:00 pm	Review
6:30 pm	Dismissal

DAY 2

9:00 am	Warm-ups
9:30 am	Technique
10:30 am	Performance Routine C
11:30 am	Media Routine (Hip Hop)
12:30 pm	LUNCH
1:30 pm	Choose Your Challenge
2:30 pm	Performance Routine A2
3:15 pm	Performance Routine B2
4:00 pm	Dismissal

DAY 3

9:00 am	Warm-ups
9:30 am	Technique
10:00 am	Performance Routine C2
11:00 am	Media Routine (Jazz)
12:00 pm	LUNCH
1:00 pm	Performance Routine A3
1:45 pm	Performance Routine B3
2:30 pm	Performance Routine C3
3:15 pm	Media Routine Review
4:00pm	Closing