2024 Song 3 Day Home Camp Schedule

DAY 1

12:00 pm	Meet your Staff TeamMate
12:15 pm	Warm-ups
12:30 pm	Quarter Break Routine - Style 1
1:30 pm	Performance Routine A
2:30 pm	Team Technique
3:00 pm	**BREAK**
3:30 pm	Performance Routine A2
4:30 pm	Quarter Break Routine – Style 2
5:30 pm	Team Building & Gold Games
6:00 pm	All American Routine
6:30 pm	Spirit Awards & Dismissal

DAY 2

9:00 am	Warm-ups
9:30 am	Choose Your Challenge
10:30 am	Performance Routine B
12:00 pm	**LUNCH**
1:00 pm	Choose Your Challenge
2:00 pm	Performance Routine B2
3:00 pm	Quarter Break – Style 3
3:30 pm	Team Building Activity & Team Up for St. Jude
3:45 pm	All American Evaluation Spirit Awards & Dismissal
4:00 pm	End of Day 2

DAY 3

9:00 am	Warm-ups
9:30 am	Team Technique
10:00 am	Performance Routine A3
11:00 am	Performance Routine B3
12:00 pm	**LUNCH**
1:00 pm	Choose Your Challenge
2:00 pm	Quarter Break Routines Review
3:00 pm	TeamMaker Workshop & Gold Games
3:30 pm	Routine Showcase A & B Routines
4:00 pm	Spirit Awards & Closing