



2024 Song Home Camp Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

12:00 pm	Meet your Staff TeamMate
12:15 pm	Warm-ups & Technique
12:30 pm	Quarter Break Routine - Pom
1:30 pm	Performance Routine A
3:00 pm	BREAK
3:30 pm	Performance Routine B
5:00 pm	Quarter Break Routine – Hip Hop
6:00 pm	Team Building & Gold Games
6:30 pm	Spirit Awards & Dismiss

DAY 2

9:00 am	Warm-ups & Technique
9:30 am	Performance Routine A2
10:30 am	Jazz Quarter Break Routine
11:30 am	Review of Pom & Hip Hop Quarter Break Routines
12:00 pm	LUNCH
1:00 pm	Choose Your Challenge
1:45 pm	All American Routine & Evaluation
2:45 pm	Performance Routine B2
3:45 pm	Performance Routines Showcase Spirit Awards & Dismiss
4:00 pm	Camp Complete

Please indicate your routine styles, Choose Your Challenge, team routine level and team technique level preference.

Style Preference List

- *ROUTINE A:**
 - Jazz
 - Hip-Hop
 - Pom
- *ROUTINE B:**
 - Jazz
 - Hip-Hop
 - Pom
- *Choose Your Challenge Options:**
 - Technique Progressions
 - Turn Combos
 - Jumps & Leg Skills
 - Improv
 - Flexibility & Conditioning
- *Team Technique Level Options:**
 - Beginning
 - Intermediate
 - Advanced
 - Elite
- *Team Routine Level Options:**
 - Beginning
 - Intermediate
 - Advanced
 - Elite

