2024 Home Camp Schedule

NFHS KEY: C – Crowd Leader B – Ambassador R – Spirit Raiser S – Safety A – Athlete E – Entertainer L – Leadership

DAY 1

12:00 pm	Meet your Staff TeamMate(s) & NFHS Credentialing Intro
12:15 pm	Warm-ups
12:30 pm	Game Day Material & All-American Cheer
1:30 pm	Stunt Introduction (S) & Stunt Class
2:30 pm	USA/FNL Routine
3:00 pm	**BREAK**
3:30 pm	Pyramid Class
4:30 pm	Staff TeamMate Time: Game Day Coaching
5:30 pm	Gold Games
6:00 pm	Material Review
6:30 pm	Spirit Awards & Dismiss

DAY 2

9:00 am	Warm-ups & Material Review
9:30 am	Stunt Class (A)
10:30 am	Choose Your Challenge 1 (E)
11:30 am	Staff TeamMate Time: Game Day Coaching (C)
12:00 pm	**LUNCH**
1:00 pm	Game Day Evaluation
1:30 pm	Stunt Class
2:30 pm	Leadership Activity (L) & Team Up For St. Jude (B)
3:00 pm	All-American Tryouts (R)
3:30 pm	Material Review
4:00 pm	Spirit Awards & Dismiss

DAY 3

9:00 am	Warm-ups & Material Review
9:30 am	Jump Class
10:00 am	Stunt Class
11:00 am	Choose Your Challenge 2
12:00 pm	**LUNCH**
1:00 pm	Choose Your Challenge 3
2:00 pm	Staff TeamMate Time: USA/FNL Routine Coaching
3:30 pm	Material Review
4:00 pm	Spirit Awards & Dismiss

DAY 4

9:00 am	Warm-ups & Material Review
9:30 am	Stunt Class
10:30 am	Choose Your Challenge 4
11:30 am	Staff TeamMate Time: USA/FNL Routine Coaching
12:00 pm	**LUNCH**
1:00 pm	USA/FNL Routine Evaluation
1:30 pm	Choose Your Challenge 5
2:30 pm	Material Review
3:00 pm	TeamMaker
3:30 pm	Showcase
4:00 pm	Spirit Awards & Dismiss

Choose Your Challenge Options:
- ☐ Timeout Dance
- ☐ Hip Hop Dance
- ☐ Basket Toss Class
- ☐ Single Base Stunt Class
- ☐ Pyramid Class