

USA HIGH SCHOOL DANCE DIVISIONS for 2022-2023

How to qualify for USA Dance Nationals: If your team competes in any of the divisions listed under “Qualifying Divisions”, and you would like to compete at USA Dance Nationals, you must first pre-qualify at a USA Dance Regional or Classic to be placed in either the Open or Championship division at Nationals. For qualifying divisions, teams who receive an average score of 85 points or greater (excluding penalties) for a given routine will qualify for (and must compete in) the “Championship” division at Dance Nationals. Teams who score an 84.9 or below for a given routine will qualify for (and must compete in) the “Open” division at Dance Nationals. Only the judges’ scores can determine the qualification into the “Open” or “Championship” divisions.

Qualifying Divisions	
Dance	X-Small (2-5)
	Small (5-10)
	Medium (11-17)
	Large (18+)
Hip Hop	Small (5-10)
	Medium (11-17)
	Large (18+)
Lyrical	Small (5-10)
	Medium (11-17)
	Large (18+)
Jazz	Small (5-10)
	Medium (11-17)
	Large (18+)
Military	Small (5-14)
	Large (15+)
Prop	5+
Kick	5+
All-Male	5+
Novelty/Musical Theater	5+
Character Dance	5+
Dance/Pom	5+

Non-Qualifying Divisions	
Co-Ed	5+
Dance/Drill	5+
JV Dance	5+
JV Hip Hop	5+
JV Dance/Pom	5+
JV Jazz - New	5+
Solo	1

At Regionals/Classics a school can compete 7 routines per team and 3 solos per school.

At Nationals a school can compete 7 routines per team, 1 solo champion and 2 super dancer per school.

At Regionals/Classics/Nationals - If a school has a separate JV team, up to 7 additional team performances are permitted for the JV team.

At Solo Classics - Unlimited number of soloists per school.

A school can compete in either Novelty/Musical Theater or Character Dance, but may not enter both.

Dance/Pom Division Splits

Dance/Pom divisions will be split by team size once there are 10 teams (Non-Nationals)/15 teams (Nationals) in the division. There must be at least 3 teams (Non-Nationals and Nationals) remaining in each division once a split occurs to keep the division separated by team size.

See grid below for Dance/Pom division splits by team size:

Small Dance/Pom	• 5 - 14 Members
Large Dance/Pom	• 15+ Members