



2022 SPIRIT (MASCOT SHOWTIME)

DAY ONE

9:00 am Camp Registration Begins

Lunch is not provided on Day 1.

12:00 pm Camp Registration Ends

12:30 pm Arrive to Main Meeting Area

1:00 pm Staff Show Off
Red Carpet
Warm-Ups

1:30 pm Coaches Welcome & Consultation
NFHS Credentialing Intro
Jump Class & Jump Off
with Cheer Program

1:45 pm Meet your Staff TeamMate
Mascot Welcome &
Commandments

2:15 pm Moves Like a Mascot
Character Development
Routine A

4:30 pm DINNER

6:30 pm Fight Song Evaluation/
Home Routine Showcase

7:30 pm Coaches Goal Setting
Material Review

8:00 pm All-American Cheer

8:30 pm Unity Games
Spirit Awards

9:00 pm All Camp Meeting

DAY TWO

7:00 am *BREAKFAST

**8:30 am Coaches Check-In/
USA Legacy Speaker**
Warm-Ups & Review

9:00 am Mascot Sideline Cheers
Skit Movement & Box of Props

10:30 am Staff TeamMate Time:
FNL Showdown Prep

11:30 am LUNCH

1:00 pm Coaches Camp Assessment
Mascot Game Plan

1:30 pm Game Day Class
(with Cheer Program)

2:30 pm Wow the Crowd
Suit Up (Props) & Mascot Walk

3:15 pm Staff TeamMate Time:
Game Day Eval Prep

4:00 pm *Pin It Forward &
Team Up for St Jude*
Spirit Awards

4:30 pm DINNER

6:30 pm NIGHT OFF!
Practice/Free Time

DAY THREE

7:00 am *BREAKFAST

**8:30 am Coaches Check-In/
USA Legacy Speaker**
Warm-Ups & Review

9:00 am Material Review
Bag of Tricks
Suit Up & Mascot Walk

10:30 am Eval Prep &
Impromptu Music Evaluation

11:30 am LUNCH

1:00 pm Game Situation (Prop)
Evaluation

1:30 pm Game Day Evaluation

2:30 pm *Made 2 Order*
Captains Corner

3:15 pm Staff TeamMate Time:
Main Floor Rotation

4:00 pm Class Yell

4:30 pm DINNER

6:30 pm Spirit Awards
Class Competition

7:30 pm USA Dance Party

8:00 pm Practice/Free Time

DAY FOUR

7:00 am *BREAKFAST

8:30 am Coaches Wrap Up
Warm-Ups & Review

9:00 am Staff TeamMate Time
Staff TeamMate Wrap Up

9:30 am Friday Night Lights Showdown

10:30 am Final Review

11:00 am All-American Tryouts
Showstopper

11:30 am Show n' Tell
Senior Spotlight
Pin It Forward
Final Awards

**Camp should end at approx. 12:30 pm
depending upon the size of the camp.**

Times and class titles are subject to change.

*Breakfast is not included at all resort/hotel camp locations. To see if breakfast is included, double check the camp information on myVarsity.com or confirm with your State Director.

