

# 2022 SPIRIT (MASCOT PREMIER RESORT)

## DAY ONE

9:00 am Camp Registration Begins

**Lunch is not provided on Day 1.**

12:00 pm Camp Registration Ends

12:30 pm Arrive to Main Meeting Area

1:00 pm Opening Rally  
Warm-Ups

**1:30 pm Coaches Welcome**  
NFHS Credentialing Intro  
Motion Technique  
Game Day Material

2:30 pm Meet your Staff TeamMate  
Mascot Welcome &  
Commandments

3:00 pm Moves Like a Mascot  
Character Development  
Routine A

4:30 pm DINNER

6:30 pm Fight Song Evaluation/  
Home Routine Showcase

**7:30 pm Coaches Goal Setting**  
All-American Cheer

8:00 pm Unity Routine

8:30 pm Unity Games  
Spirit Awards

9:00 pm All Camp Meeting

## DAY TWO

7:00 am BREAKFAST

**8:30 am Coaches Check-In/  
USA Legacy Speaker**  
Warm-Ups/Unity Routine

9:00 am Mascot Sideline Cheers  
Skit Movement & Box of Props

10:30 am *There's No Place Like USA*

11:00 am Staff TeamMate Time:  
*Game Day Material Review/  
Eval Prep*

11:30 am LUNCH

1:00 pm **Coaches Camp Assessment**  
Choose Your Challenge  
Captains Corner

2:00 pm *Get In The Game*

2:45 pm Routine A continued

3:30 pm Wow the Crowd  
Suit Up (Props) & Mascot Walk

4:00 pm *Pin It Forward &  
Team Up for St Jude*  
Spirit Awards

4:30 pm DINNER

6:30 pm NIGHT OFF!  
Practice/Free Time

## DAY THREE

7:00 am BREAKFAST

**8:30 am Coaches Check-In/  
USA Legacy Speaker**  
Warm-Ups/ Unity Routine

9:00 am Material Review  
Bag of Tricks  
Suit Up & Mascot Walk

10:30 am Mascot Game Plan

11:00 am Impromptu Music Evaluation

11:30 am LUNCH

1:00 pm Staff TeamMate Time

1:30 pm Game Situation (Prop)  
Evaluation & Review

2:00 pm All-American Tryouts

3:00 pm Game Day Eval Demo

3:30 pm Staff TeamMate Time:  
Game Day Eval Prep

4:30 pm DINNER

6:30 pm Spirit Awards  
*Rally Over the Rainbow!*

7:30 pm USA Dance Party

8:00 pm Practice/Free Time

## DAY FOUR

7:00 am BREAKFAST

**8:30 am Coaches Wrap Up**  
Warm-Ups/ Unity Routine

9:00 am Staff TeamMate Time:  
Game Day Eval Prep

9:30 am Game Day Evaluation

10:30 am Final Review

11:00 am *TeamMaker*  
Staff TeamMate Wrap Up  
Senior Spotlight

11:30 am Closing Rally  
Pin It Forward  
Final Awards

***Camp should end at approx. 12:30 pm  
depending upon the size of the camp.***

Times and class titles are subject to change.