



2021 SPIRIT (CHEER CHRISTIAN)

DAY ONE		DAY TWO		DAY THREE		DAY FOUR	
9:00 am	Camp Registration Begins	7:00 am	BREAKFAST	7:00 am	BREAKFAST	7:00 am	BREAKFAST
Lunch is not provided on Day 1.		8:15 am	Captains Meeting 1	8:15 am	Captains Meeting 2	8:15 am	Captains Meeting 3
12:00 pm	Camp Registration Ends		Opening Prayer		Opening Prayer		Opening Prayer
12:30 pm	Arrive to Main Meeting Area	8:30 am	Coaches Meeting 2	8:30 am	Coaches Meeting 3	8:30 am	Coaches Meeting 4
1:00 pm	Opening Ceremonies Warm-Ups		Warm-Ups/Camp Dance		Warm-Ups/Camp Dance		Warm-Ups/Camp Dance
1:30 pm	Coaches Meeting 1	9:00 am	Staff TeamMate Time Gatorade Break	9:00 am	Pyramids Class	9:00 am	Staff TeamMate Time
	NFHS Credentialing Intro	10:30 am	<i>Let Your Colors Shine</i>	10:30 am	Choose Your Challenge	9:30 am	Game Day Evaluation
	Motion Technique		Staff TeamMate Time	11:30 am	LUNCH	10:30 am	Final Review
	Game Day Material	11:30 am	LUNCH	1:00 pm	Coaches Certification	11:00 am	<i>TeamMaker</i>
2:30 pm	Stunt Introduction				Choose Your Challenge Review		Staff TeamMate Wrap Up
3:15 pm	Meet your Staff TeamMate Daily Devotional	1:00 pm	Choose Your Challenge Coaches Camp Assessment	1:30 pm	Staff TeamMate Time	11:30 am	Closing Ceremonies Pin It Forward Final Awards
3:30 pm	USA Routine	2:00 pm	Stunt Class	2:30 pm	USA Routine Evaluation	Camp should end at approx. 12:30 pm depending upon the size of the camp.	
4:30 pm	DINNER	3:30 pm	Staff TeamMate Time Daily Devotional	3:30 pm	Staff TeamMate Time Daily Devotional Staff TeamMate Wrap Up	All Spirit Program Unity classes	
6:30 pm	Fight Song Evaluation/ Home Routine Showcase	4:30 pm	DINNER	4:30 pm	DINNER	NFHS Squad Credentialing (For additional information see page 2)	
7:30 pm	Coaches Goal Setting	6:30 pm	All-American Tryouts	6:30 pm	USA Spirit Rally <i>Peace, Love & USA!</i>		
	Material Review	7:30 pm	Staff TeamMate Time	7:30 pm	Spirit Awards USA Dance Party		
8:00 pm	Camp Dance	8:15 pm	Choose Your Challenge Review		8:00 pm	Practice/Free Time	
8:30 pm	Unity Games Staff TeamMate Wrap Up	8:45 pm	Staff TeamMate Wrap Up Pin It Forward Spirit Awards				
9:00 pm	All Camp Meeting						

Times and class titles are subject to change.

NFHS CREDENTIALING – 5 ROLES OF A SPIRITLEADER

AMBASSADOR	ATHLETE	CROWDLEADER	ENTERTAINER	SPIRIT RAISER
Captains Meetings	Warm-Ups	Game Day Material	Home Routine Showcase	Unity Games
All-American	Stunt Introduction/Class	Fight Song Evaluation	USA Routine	Spirit Awards
Pin It Forward	Pyramids Class	Game Day Evaluation	Camp Dance	Spirit Rally
Let Your Colors Shine			Choose Your Challenge	TeamMaker
			USA Routine Evaluation	

ALL-AMERICAN TRYOUTS – Campers have the option to sign up for All-American tryouts at camp (all Varsity team members are eligible to tryout to be an All-American. In the cheer program, 6 members from Freshman/JV Teams may tryout. In the Song/Pom program, 4 members from Freshman/JV teams may tryout). Tryout requires campers to perform material learned at camp. Campers selected as an “All-American” will have the opportunity to attend an All-American tour in 2021!

CAMP DANCE – Part of the USA experience is learning the annual camp dance. This routine will be taught to every camper that attends a USA camp and can be used as a fun “unity” routine that brings all programs together.

COACHES MEETINGS – Head Instructors will meet with advisors/coaches daily to review important items for the day and conduct workshops geared toward advising/coaching.

CAPTAINS MEETINGS/NFHS CREDENTIALING – Head Instructors will meet with captains (or assigned leaders) to inform them of important items for the day and guide them through the NFHS Squad Credentialing process. By participating in daily classes and the Team Up For St. Jude letter writing campaign, teams will become certified in the NFHS Roles of a Spiritleader and will receive a credentialing certificate at the end of camp.

CHOOSE YOUR CHALLENGE – A variety of both skill-based and material-based classes will be offered during this time. To take full advantage of the classes offered, teams may divide their members and have them attend different classes. Please see Head Instructor for list of classes offered at your camp.

EVALUATIONS

- **FIGHT SONG EVALUATION/HOME ROUTINE SHOWCASE (Optional)** – The Fight Song Evaluation/Home Routine Showcase takes place on day 1. Teams may bring a Fight Song to be evaluated and/or a home routine to showcase, limited to 1 minute per routine.
 - Teams will receive written feedback on their Fight Song performance. Use your traditional Fight Song or the USA Fight Song (available upon request). Add formation changes, visual effects, roll-offs, skills, etc. Incorporations should be practical and crowd oriented (emphasis on TECHNIQUE, EXECUTION & SHOWMANSHIP)
 - Teams will receive verbal feedback on their Home Routine. Home Routines can be performed with or without music.
- **USA ROUTINE EVALUATION** – The USA Routine Evaluation takes place on day 3. Teams will be evaluated on the USA Routine that they learn at camp. The routine must incorporate formation changes, visual effects, roll-offs, and jumps, tumbling and/or stunts (emphasis on CREATIVITY, TECHNIQUE & SHOWMANSHIP).
- **GAME DAY EVALUATION** – The Game Day Evaluation takes place on day 4. Teams will be evaluated on Game Day material learned at camp. Teams will receive written feedback on their Game Day performance. They will perform a Band Chant, then must respond to a game situation with an appropriate Sideline Cheer followed by a Crowd Leading Cheer/chant. The Band Chant and Sideline Cheer/Crowd Leading Cheer are performed separately (emphasis on CROWD COMMUNICATION & SHOWMANSHIP). Teams will combine with all programs (Cheer, Song/Pom, Mascot & Pep Flag) present from their school.

LET YOUR COLORS SHINE – This new class will dive further into the true meaning of this year’s camp theme! Through activities, demonstrations and discussions, teams will gain a strong understanding of their role as leaders on their campus and in their community, discover how they shine as individuals and unlock how to shine even brighter through unity.

PIN IT FORWARD – This is an opportunity for select campers to be recognized by both the staff and their peers for demonstrating leadership, spirit, commitment, kindness and motivation.

SPIRIT RALLY – To “tie” into our camp theme, “Let Your Colors Shine”, teams are encouraged to wear tie dye and unify at our 2021 Rally Night, themed “**Peace, Love & USA!**” Get in the spirit by wearing tie dye in your favorite color combination...school colors, class colors or every color of the rainbow! It’s guaranteed to get colorful with contests, performances and surprises that will make the final night of camp one to remember!

STAFF TEAMMATE/STAFF TEAMMATE TIME – Each team will be assigned a Staff TeamMate for camp. This staff member will work closely with your team during Staff TeamMate Time to prep them for evaluations and will focus on helping them accomplish camp goals.

TEAMMAKER/UNITY GAMES – Designated time for bonding and team building activities.