



make the
CONNECTION

SPRING TRAINING CLINICS

SAN RAFAEL HIGH SCHOOL

JUNE 6, 2020

**150 3rd Street
San Rafael, CA 94901**

**Only \$33 per
participant**

Cheerleading, Song/Pom & Dance Teams

***Start the new
season STRONG
with the USA!***

What do you get?

- P.R.E.P. for stunts
- Stunt Technique
- Motion and jump technique
- New cheers and band chant
- Game day training
- Song/Pom & Dance Routine
- Song/Pom & Dance Technique
- Work with highly trained staff

Set the foundation for a successful season by learning the fundamentals from USA staff.

Get your team prepared for summer camp with basic cheer, Song/Pom and dance technique training.

Receive unmatched game day training and learn new sideline material.

Contact your USA State Director for more information on Spring Clinics in your area or inquire about hosting your own!

V.2.26.20

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