



# 2020 SPIRIT (SONG/POM CAMP OF CHAMPS)

DAY ONE		DAY TWO		DAY THREE		DAY FOUR	
9:00 am	Camp Registration Begins	7:00 am	BREAKFAST	7:00 am	BREAKFAST	7:00 am	BREAKFAST
<b>Lunch is not provided on Day 1.</b>		8:15 am	Captains Meeting 1	8:15 am	Captains Meeting 2	8:15 am	Captains Meeting 3
12:00 pm	Camp Registration Ends	8:30 am	Warm-Ups Across the Floor Combo	8:30 am	Warm-Ups Across the Floor Combo <b>Director/Coach Workshop 3</b>	8:30 am	<b>Director/Coach Workshop 4</b> Warm-Ups
12:15 pm	Routine A & B Preview <b>(Directors/Coaches)</b>	9:00 am	Team Routine (Part 2) <b>Gatorade Break</b>	9:00 am	Routine A Prep & Evaluation	9:00 am	Team Routine Practice
1:00 pm*	Opening Ceremonies	9:30 am	<b>Director/Coach Workshop 2</b> Routine A2	10:00 am	Routine B Prep & Evaluation	9:30 am*	Team Routine Competition
1:15 pm	<b>Coaches Goal Setting</b> Warm-Ups Across the Floor Combo	10:30 am	Routine B2	11:00 am	Team Routine Practice	10:30 am*	Final Routine Showcase
1:45 pm	Team Routine (Part 1)	11:30 am	LUNCH	11:30 am	LUNCH	11:00 am*	Dance Star Finals
2:30 pm	<b>Director/Coach Workshop 1</b> Routine A1	1:00 pm	<b>Coaches Camp Assessment</b> Team Routine (Part 2 Cont.)	1:00 pm	<b>Coaches Certification</b> Dance Stretch Game Day Prep	11:30 am*	Pin It Forward Senior Spotlight Final Awards
3:30 pm	Routine B1	1:30 pm*	Game Day Material	1:30 pm*	Game Day Evaluation	<b>Camp should end at approx. 12:30 pm depending upon the size of the camp.</b>	
4:30 pm	DINNER	2:30 pm	Master Class	2:30 pm	Team Routine Evaluation	<b>*Song/Pom and Cheer will be together during this time.</b>	
6:30 pm*	Fight Song Evaluation/ Home Routine Showcase	4:15 pm*	Pin It Forward Day 2 Wrap-Up Spirit Awards	3:45 pm	Dance Star Prelims	 <b>NFHS CREDENTIALING CLASSES</b> (see page 2)	
7:00 pm	Technique Workshop	4:30 pm	DINNER	4:15 pm	Day 3 Wrap-Up		
8:00 pm*	NFHS Credentialing Intro Unity Games Spirit Awards	6:30 pm	Optional Review/Practice	4:30 pm	DINNER		
9:00 pm*	Day 1 Wrap-Up All Camp Meeting			6:30 pm*	Class Competition Spirit Awards USA Dance Party		

Times and class titles are subject to change.



## NFHS CREDENTIALING – 5 ROLES OF A DANCER

AMBASSADOR	ATHLETE	PERFORMER	ROLE MODEL	SPIRIT RAISER
Unity Games	Warm-Ups	Routine A,B & C	Captains Meeting	Fight Song Evaluation
Team Up for St. Jude	Technique Workshop	Home Routine Showcase	Dance Star Prelims	Game Day Material
Pin It Forward	Across the Floor Combos	Master Class	Dance Star Finals	Spirit Awards
		Routine A & B Evaluation		Class Competition
		Team Routine Evaluation		

**CAPTAINS MEETINGS/NFHS CREDENTIALING** – Head Instructors will meet with the captains (or assigned leaders) to inform them of important items for the day. Captains will gain a sense of responsibility for their team, begin to develop and utilize their leadership skills all while learning about the NFHS Roles of a Dancer. By participating in daily classes, teams will become certified in the NFHS Roles of a Dancer and will receive a credentialing certificate at the end of camp.

**CLASS COMPETITION** – Dress bow-to-toe in your class color and "GLOW FOR IT" at the annual Class Competition! Play games and dance the night away at this unforgettable glow-in-the-dark party!

**DANCE STAR & ALL-AMERICAN** - Dancers are recognized with ribbons for their effort, attitude, and performance in routine classes. Ribbon winners will perform the Team Routine. Selected semi-finalists perform an across-the-floor combination to showcase their technical abilities. The finalists will perform at closing ceremonies. Dancers that take part in the Dance Star process will have the opportunity to be selected as an All-American.

**DIRECTORS/COACHES WORKSHOP** - These workshops are held throughout camp, focusing on creative ideas and team management strategies to help make your year even more successful.

### EVALUATIONS/SHOWCASES

- **FIGHT SONG EVALUATION/HOME ROUTINE SHOWCASE (Optional)** – Teams may bring a Fight Song to be evaluated and/or a home routine to showcase, limited to 1 minute per routine. The Fight Song evaluation/Home Routine Showcase takes place on DAY 1 of camp. Teams will receive written feedback for their Fight Song performance. Use your traditional Fight Song or USA Fight Song available to learn online prior to camp. Add formation changes, visual effects, roll-offs, skills, etc. Incorporations should be practical and crowd oriented. Emphasis on TECHNIQUE, EXECUTION & SHOWMANSHIP. For the Home Routine Showcase, teams will receive verbal feedback from USA instructors. Home Routines can be performed with or without music.
- **ROUTINE A & B EVALUATION** - This evaluation takes place on DAY 3 of camp. Campers will perform Routine A & B and will receive individual verbal feedback. Emphasis on KNOWLEDGE, EXECUTION & SHOWMANSHIP.
- **TEAM ROUTINE EVALUATION & COMPETITION** – Teams will leave camp with a performance ready team routine. Teams will customize it by making changes to the routine. Emphasis on the CHOREOGRAPHY, TECHNIQUE/EXECUTION & SHOWMANSHIP. Teams will compete this routine on Day 4. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place trophies will be awarded.
- **GAME DAY EVALUATION** - This evaluation takes place on DAY 3 of camp. Perform with all programs (Cheer, Song/Pom, Mascot & Pep Flag). Teams will be evaluated on Game Day material learned at camp. They will perform a Band Chant first then they must respond to a game situation with an appropriate Sideline Cheer. Teams must follow up the cheer with a crowd oriented cheer/chant or drum cadence. The Band Chant and Sideline Cheer are performed separately. Emphasis on CROWD COMMUNICATION & SHOWMANSHIP.

**MASTER CLASS** - Learn current material from an industry professional.

**PIN IT FORWARD** – This is an opportunity for select campers to be recognized by both the staff and their peers for demonstrating leadership, spirit, commitment, kindness and motivation.

**STAFF TEAMMATE** – Each team will be assigned a Staff TeamMate for camp. This staff member will work closely with your team prepping them for evaluations and will focus on helping them accomplish camp goals.

**TEAM UP FOR ST. JUDE** – Teams are encouraged to participate in the philanthropy program supporting St. Jude Hospital by filling out fundraising letters.

**TECHNIQUE WORKSHOP** – Dancers will focus on a variety of technical skills and across floor combinations. A variety of levels will be offered.

**UNITY GAMES** – Team bonding time and team building activities designed to unite your team!