

# USA 2020 DANCE TEAM PLUS CAMP RESORT

Updated 10/15/19

## DAY ONE

Camp Registration  
(9:00am to 12:00pm)

*Lunch is not provided on the first day.  
Please plan accordingly.*

**1:00 pm Opening Ceremonies**  
Warm-Ups/Conditioning  
**Directors Meeting**  
TeamMaker

**2:15 pm USA Camp Dance**

**3:30 pm Routine A (Session 1)**

**4:30 pm DINNER**

**6:30pm Showtime USA**

**7:30pm Team Routine – (Session 1)**  
(Choreography To Go)

**8:45pm Camp Dance Review**

**9:00pm All Camp Meeting**

## DAY TWO

**7:00 am BREAKFAST**

**8:15am Warm-Ups/Conditioning**  
Directors Meeting

**9:00am Technique 1**

**10:00am Routine B (Session 1)**

**11:00am Drill Downs**

**12:00pm LUNCH**

**1:45pm Officers Class**

**2:30pm Warm Ups**  
Camp Dance Review

**3:00pm Routine A (Session 2)**

**4:00pm Specialty Workshop**

**5:00 pm DINNER**

**6:30pm Team Routine (Session 2)**  
(Choreography To Go)

**7:15pm Free Time or Practice**

## DAY THREE

**7:00 am BREAKFAST**

**8:15am Warm-Ups/Conditioning**  
Directors Meeting

**9:00am Routine B (Session 2)**

**10:00am Camp Dance Review**

**11:00am Team Routine (Session 3)**  
(Choreography To Go)

**12:00pm LUNCH**

**2:30pm Choose Your Challenge/**  
Master Class

**3:30pm Choose Your Challenge/**  
Master Class

**4:00pm TeamMaker/Unity Workshop**

**5:00 pm DINNER**

**6:30pm Routine A (Session 3)**

**7:30pm Evaluations of Routine A**

**8:30pm Pin It Forward**  
Program Ends

## DAY FOUR

**7:00 am BREAKFAST**

**8:15am Warm-Ups**  
Directors Meeting

**9:00am Routine B (Session 3)**

**10:00am Performances of Routine B**  
Choreography To Go Evaluations

Friendship Boot Vote  
Drill Downs  
Super Sensational Finals  
Closing Awards Ceremony

*Parents may come to watch on the  
final day starting at 10:00am.*

*Closing Awards Ceremony will end  
at approximately 12:30pm,  
depending on the size of the camp.*



## NFHS CREDENTIALING – 5 ROLES OF A DANCER

AMBASSADOR	ATHLETE	PERFORMER	ROLE MODEL	SPIRIT RAISER
Unity Games	Warm-Ups	Choreography To Go	Officers Leadership Class	Team Work Awards
Team Up For St. Jude	Technique Workshop	Home Routine Showcase	All-American	TeamMaker
Pin It Forward	Choose Your Challenge	Routine A & B Showcase	Supersensational	
	Specialty Workshop	Master Class (if applicable)		



# 2020 DANCE TEAM CAMP DESCRIPTIONS

### Camp Dance

This is an exciting and challenging routine that your team will learn together. It's a routine taught to an upbeat song with optional sections that vary in degree of difficulty. Your team will love learning and performing this as one!

### Routines A & B

Dancers will spend 3 days with an instructor learning a routine to perform on the final days of camp. We encourage dancers to stay in their appropriate level but explore different styles of dance. The more you are able to divide your team, the more routines you have to take home to perform.

### Showtime USA

Bring your home routine to camp for a performance on Night 1. Dancers will be evaluated by the USA instructors and receive their scoresheets on the final day of camp. These home routines are for evaluations only, no placements are given.

### Choose Your Challenge

Work with a USA Instructor on a specialty of your choice! Each team selects a specialty they want to master at their level. Possible classes include jumps and leaps, turns, basic lifts and partnering/combinations, ballet, yoga, staging and formations, and across the floor progressions. This is always a dance camp favorite!

### Choreography-to-Go (CTG)

Teams will choose from a variety of styles (Jazz, Pom, Hip Hop, Military and more). They will learn a routine together as a team. Officers will make changes to this routine to create a personalized routine for their team. This provides the officers with leadership opportunities and the team with another routine ready to take home. In previous years, this choreography assignment was done using Camp Dance. NOW, dancers will apply the CTG assignment to a style of their choice. Teams will perform the routine during the Closing Ceremonies and receive feedback from a USA instructor.

### Drill Downs

Foster marching abilities for a strong first impression as your team takes the floor. Drill Downs encourage discipline, coordination, and listening skills in your dancers.

### Technique

All levels of fundamental Jazz and Ballet technique are offered. Coaches will divide their team into the appropriate levels to ensure each dancer's success. Dancers will stay in the same technique level for both days, as Technique II builds on ideas and combinations learned in Technique I.

### TeamMaker

This session is all about fun and teamwork. Dancers will learn to work together and have FUN!

### Specialty Workshop

**NEW!** This is a unique and specialized opportunity for dancers to choose between a series of different options like Game Day, Improv, Technique and more. Offerings will vary based on camp location.

### Supersensational

Dancers are recognized with ribbons for their effort, attitude, and performance in routine classes. Ribbon winners will perform the USA Camp Dance. Selected semi-finalists perform an across-the-floor combination to showcase their technical abilities. The finalists perform their own personalized choreography during the Closing Ceremonies!

### Routine A Evaluations

At most camps, Routine A dances will perform for the entire camp. USA instructors will provide one-on-one feedback on each dancer's knowledge of the routine, execution, and showmanship.

### Routine Showcase

This showcase focuses on dancers gaining experience by performing routines in front of their peers. There are no evaluations, so dancers enjoy a stress-free and fun showcase, with family and friends welcomed as spectators.

### Unity Workshop

A time for goal-setting. Dancers will bond with one another as they decide on their team's purpose and aspirations for the school year.