



## Regional Competition - Deer Valley High School

December 7, 2019

Tentative Schedule

**Revised 11-23-19**

Please check the USA website [usa.varsity.com](http://usa.varsity.com) on the Wednesday before the competition after 5:00 p.m. (PST), for a final schedule.

### FRESHMAN SHOW CHEER INT

8:00 Perry  
Hamilton

### JV SHOW CHEER ADV

8:15 Mountain View  
Perry  
8:30 Hamilton

### VARSITY SHOW CHEER INT Med (13-16)

Saguaro  
8:45 Flagstaff  
Williams Field  
9:00 Queen Creek  
Arcadia  
9:15 Seton Catholic  
Gilbert Christian  
9:30 Mountain View

### HS GROUP STUNT ADV

8:00 Sunrise Mountain  
Centennial #1  
8:15 Centennial #2  
Combs  
8:30 Sandra Day O'Connor #1  
Sandra Day O'Connor #2  
8:45 Willow Canyon #1  
Willow Canyon #2  
9:00 Cactus Shadows #1  
Cactus Shadows #2  
9:15 Mountain Ridge  
Florence

### AWARDS

Announcement of Awards in all Show Cheer Divisions

### VARSITY SHOW CHEER INT Sm (6-12)

10:15 Thunderbird  
Horizon  
10:30 Mountain Ridge

### VARSITY SHOW CHEER INT Lg/Super (17-36)

Millennium  
10:45 Buckeye Union

Florence

### CO-ED VARSITY SHOW CHEER INT

11:00 Deer Valley  
Shadow Ridge  
11:15 Gila Ridge

### JV SHOW CHEER INT

Willow Canyon  
11:30 Cactus Shadows

### JR HIGH SHOW CHEER NON-TUM -Eval

Western Sky Middle

### HS GROUP STUNT ADV con't

10:15 Xavier College Preparatory  
Desert Ridge  
10:30 Highland

Perry  
10:45 Gilbert Christian

### VARSITY SHOW CHEER ADV Sm/Med (6-16)

Sunrise Mountain  
11:00 Combs  
Perry  
11:15 Hamilton  
Xavier College Preparatory  
11:30 Desert Ridge

### AWARDS

Announcement of Awards in all remaining divisions above

### SITUATIONAL SIDELINE - Game Day

12:45 Page

### VARSITY SHOW CHEER ADV Lg/Super (17-36)

Desert Vista  
1:00 Liberty  
Highland  
1:15 Cactus Shadows

### JV SHOW CHEER NOV

Corona Del Sol  
1:30 West Point

Seton Catholic

### VARSITY SHOW CHEER NOV

1:45 American Leadership Academy Ironwood  
Corona Del Sol  
2:00 Paradise Honors  
Mesa

### HS GROUP STUNT INT

12:45 Thunderbird  
Paradise Valley  
1:00 Willow Canyon #1  
Willow Canyon #2  
1:15 Raymond Kellis  
Deer Valley #1  
1:30 Deer Valley #2  
Buckeye Union #1  
Buckeye Union #2  
Cactus Shadows

### AWARDS

Announcement of Awards in all Show Cheer Divisions

Over

**BAND CHANT - Game Day**

2:30 Page  
Paradise Valley

**JR HIGH SHOW CHEER INT**

2:45 Bogle Jr High  
Ron Watson Middle  
3:00 Sonoran Trails Middle

**JR HIGH SHOW CHEER ADV**

Western Sky Middle

3:15 Santan Jr High

**JR HIGH SHOW CHEER NOVICE**

Calibre Academy

**SM CO-ED VARSITY SHOW CHEER ADV**

3:30 Willow Canyon

**FIGHT SONG - Game Day**

Page  
3:45 Paradise Valley

**HS GROUP STUNT INT con't**

2:30 Valley Vista #1  
Valley Vista #2

2:45 Perry  
Gilbert Christian

3:00 Gila Ridge

**CO-ED VARSITY SHOW CHEER NOV**

Valley Vista

**VARSITY SHOW CHEER NON-TUM NOV**

3:15 Raymond Kellis

Goldwater

**CO-ED VARSITY SHOW CHEER NON-TUM NOV**

3:30 North Pointe Prep

**LG CO-ED VARSITY SHOW CHEER ADV**

Amphitheater

3:45

Remove Mats

**AWARDS**

Announcement of Awards in all remaining divisions above

**JR HIGH SONG/POM**

4:30 Queen Creek Middle

**VARSITY SONG/POM NOV**

North Pointe Prep

4:45 Deer Valley

Gilbert Christian

**VARSITY JAZZ Sm (5-7)**

5:00 Marana  
Seton Catholic

5:15 Casteel

**VARSITY JAZZ Med (8-11)**

Sunrise Mountain

5:30 Salpointe Catholic

Boulder Creek

5:45 Chaparral  
Mountain Ridge

6:00 Desert Mountain  
Scottsdale Christian

6:15 Horizon

**JV SONG/POM NOV**

4:30 Florence

**JV SONG/POM INT**

Queen Creek

4:45 Red Mountain

**VARSITY JAZZ Lg (12-23)**

Liberty

5:00 Queen Creek  
Red Mountain

5:15 Highland

Arcadia

5:30 Xavier College Preparatory

**JV JAZZ**

Desert Mountain

5:45 Queen Creek  
Chaparral

6:00 Mountain Ridge  
Casteel

**BREAK****JV SONG/POM ADV**

6:40 Desert Mountain  
Chaparral

6:55 Mountain Ridge  
Casteel

**VARSITY SONG/POM INT Med/Lg (8-23)**

7:10 Sunrise Mountain

Shadow Ridge

7:25 Salpointe Catholic  
Willow Canyon

7:40 Boulder Creek  
Buckeye Union

7:55 Scottsdale Christian  
Horizon

**VARSITY SONG/POM INT Sm (5-7)**

8:10 Queen Creek  
Agua Fria Union  
Washington

**VARSITY SONG/POM ADV Sm (5-7)**

6:40 Liberty  
Marana

6:55 Seton Catholic  
Casteel

7:10 Horizon

**VARSITY SONG/POM ADV Med/Lg (8-23)**

Chaparral

7:25 Red Mountain  
Highland

7:40 Mountain Ridge  
Arcadia

7:55 Desert Mountain  
Xavier College Preparatory

**AWARDS**



## Regional Competition- Deer Valley High School December 7, 2019

Doors will open at 7:15AM. All teams should report to the registration table no later than 45 minutes prior to the beginning of the division in which they are competing. Two free passes will be allotted to each school/group for advisors/directors/coaches at registration. Additional spectator or team alternates wristbands may be purchased for \$9.00 – cash only. Exact change will be appreciated. Children age five and under are admitted free of charge. Admission may be pre-purchased for spectators by going to the following website – <https://www.eventbrite.com/e/76447288899>. For pre-purchased admission wristbands upon arrival, proceed to general admission and show proof of purchase at the expedited “Eventbrite/Pre-Purchase” designated line. You will receive a wristband which will allow you to enter the event. Pre-purchased admission cannot be used without receiving a wristband first. Note that the pre-purchase opportunity closes prior to the event.

You will need to submit an alphabetized list of all participating performers, as well as a signed USA participant release and waiver form (school and rec teams) for each participating performer. **NO COMPETITORS FROM SCHOOL-BASED OR REC TEAMS WILL BE ALLOWED TO COMPETE WITHOUT AN ORIGINAL, SIGNED PARTICIPANT RELEASE AND WAIVER FORM. WE ASK THAT ALL RELEASE AND WAIVER FORMS PLEASE BE ALPHABETIZED.**

Every recreational team must have previously submitted and have approved a Varsity Recreation Cheer Verification Form and must input all their athletes to the Master Roster on myvarsity.com prior to competing at any Varsity event. Each team is also required to submit a roster in person at registration for each team competing on the day of the USA competition listing those athletes taking the floor.

**Please Note the following venue information:**

Teams will check in at USA Registration which will be located outside the east gate entrance. Restrooms will be available outside of the 400 and 800 halls and inside the girl’s locker room.

Buses must drop off only in the bus lot directly in front of the gym. Buses can park at the Foothills Recreation and Aquatic Center (5600 W. Union Hills) in the far west area of their parking lot.

First aid staff will be on site to provide assistance for emergencies only. Taping of wrists/ankles for individual performers will not be available. Any participant who has a suspected concussion/head injury will not be allowed to return to participation the day of the incident, per Varsity Spirit corporate policy.

**There will be no seat saving permitted.** All seats are on a first-come, first-serve basis. As a reminder, the USA and/or host school will not be responsible for lost/stolen items at the competition. Please encourage team members to leave valuables, bags etc. in their vehicles. **Do not leave bags unattended.** For security reasons all competitors must stay in possession of their bags at all times. We will not permit bags in the facility to save seats. All bags (spectators/performers) are subject to search.

Competition will begin at 8:00 AM. Please refer to the enclosed tentative performance schedule. Please check the USA website ([usa.varsity.com](http://usa.varsity.com)) on the Wednesday before the competition after 5:00 p.m. (PST), for a final schedule. A final schedule will also be available at the registration table on the day of the event. All teams must be ready to perform 15 minutes prior to their scheduled time. In order to avoid a possible penalty, any changes must be received in the USA office in writing by 5:00 p.m. (PST) the Friday one week prior to your competition date. **No changes will be allowed on the day of the event.**

There will be assigned warm-up/practice time offered for each cheer team. Teams must report to the warm-up area at the time designated on the "Warm-Up" schedule. Teams will not be permitted to enter the warm-up area earlier than their assigned check-in time. All cheer teams will have the opportunity to practice/warm-up on a carpet bonded foam mat measuring at least 30' x 42'. **All cheer teams will perform on a carpet bonded foam mat measuring 54'x42' (9 strips).**

**MUSIC RULES:** Music guidelines are being followed at all USA and Varsity Brands events. Competition music must be properly licensed and a team must provide a printed copy of proof of licensing at team registration. If a team cannot provide proof of licensing immediately upon request, the team may be disqualified from the event. For further details visit [www.varsity.com/music](http://www.varsity.com/music).

A sound system will be provided. Speed control is not available. Music checks on the main sound system are not permitted. A representative must be present at the sound system at the time of performance. Advisors/directors/coaches are asked to hold onto their own music until the time of performance and to take music back following the performance. All teams must provide their own MP3 device (or smart phone) for use on the event provided sound system. Music must be recorded at the correct tempo. Although it is not recommended due to interference that may be caused during a routine, a smart phone may be used for playing music. No cover may be on any MP3 player or smart phone so that a patch cord may be easily inserted into the device. Please ensure that jacks are clean and free of any debris which may impact connectivity. You must ensure that your device has a jack into which a patch cord may be inserted. Note that you will need to acquire an adapter in advance if your player does not have a head phone jack. Ability to play routine from a CD **will not** be available.

Spirit and youth/rec teams, please note the USA Cheer/AACCA School Cheer Safety Rules, USA Song/Pom and Pep/Short Flag General Safety Rules, and the Show Cheer and Song/Pom Division Limitations posted at <https://www.varsity.com/usa/school/competitions/rules-scoring/>. Remember that points will be deducted from the final team average of each occurrence of an illegal procedure and/or performance error deductions will be assessed for cheer teams.

Recreation teams, please note the 2019-20 Varsity Spirit Recreation Cheer Rules posted at [usa.varsity.com](http://usa.varsity.com). Remember that points will be deducted from the final team average of each occurrence of an illegal procedure and/or performance error deductions will be assessed for cheer teams.

Scoresheets will be distributed to all teams at the conclusion of the competition. Only an authorized team advisor/director/coach who is designated at team registration may pick these up. A photo I.D. will be required for scoresheet pick up. Recaps may be requested via the USA website ([usa.varsity.com](http://usa.varsity.com)) following the competition. Bids to USA Spirit or Jr. Nationals will be awarded to all school-based and affiliated rec cheer teams receiving an 80% of total possible points for show cheer divisions and 75% of total possible points for all other non-show cheer divisions, regardless of any penalties received.

Video Taping Policy - For safety and security we respectfully request that videotaping be limited to performances of your school/organization only. Tri-pods for cameras and/or cameras with a specialized lens attachment may not be used. Again, videotaping is permitted, but only of the routine(s) that are being performed by your participant's team. Livestreaming of the event is not permitted.

**Deer Valley High School**  
**18424 N 51<sup>st</sup> Avenue**  
**Glendale, AZ 85308**  
**602.467.6700**

UNITED SPIRIT ASSOCIATION • 5770 Warland Drive, Ste B, Cypress, CA 90630  
[usa.varsity.com](http://usa.varsity.com)



United Spirit Association



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**UNITED SPIRIT ASSOCIATION  
PARTICIPANT RELEASE AND WAIVER FORM  
GIVE A COPY OF THIS FORM TO EVERY PARTICIPANT**

*Every participant must have a completed and signed release form to turn in at registration at the door in order to participate.  
Please use blue ink. Photocopies will not be accepted.*

Minor's Name \_\_\_\_\_ Name of Parent or Legal Guardian \_\_\_\_\_  
Address \_\_\_\_\_ School /Team Name \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ Division \_\_\_\_\_  
Phone Number (\_\_\_\_\_) \_\_\_\_\_ Event Location \_\_\_\_\_  
Email \_\_\_\_\_ Event Date \_\_\_\_\_ Cheer [ ] Dance [ ]

**Liability Release:** For good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, I \_\_\_\_\_, as parent or legal guardian of \_\_\_\_\_, a minor (hereinafter "Minor"), hereby grant the permission necessary to allow Minor to participate in the above "Event" to be conducted by Varsity Spirit LLC ("Varsity Spirit") dba United Spirit Association ("USA"). I, in my own behalf and on behalf of Minor, further agree to release and to hold harmless Varsity Spirit, Varsity Spirit's corporate sponsors (hereinafter "Sponsors"), the hosting site, (university, hotel, convention center, high school) on whose premises the Event will occur (hereinafter the "Location"), the affiliates of Varsity Spirit, the National High School Cheerleading Championships, Inc., a not for profit corporation ("NHSCC"), U.S. All Star Federation, Inc., a not for profit corporation ("USASF"), USA Federation for Sport Cheering, a not for profit corporation ("USA Cheer") and the respective directors, officers, representatives, members, agents and employees of the proceeding parties (hereinafter collectively "Releasees") from any and all liability whether caused by negligence of the Releasees or otherwise for any claim, judgment, loss, liability, cost and expenses (including, without limitations, attorney's fees and costs) arising out of or connected with the Event, including any claim arising out of or connected with any illness or injury (minimal, serious, catastrophic and / or death) that Minor may incur or sustain during the Event, all activities associated with the Event and while traveling to and from the site for the Event whether or not the Event actually occurs. I further expressly agree to indemnify and hold harmless Releasees and Releasees' heirs, successors, assigns, executors and administrators against loss from any further claims, demands or actions that may subsequently be brought by Minor or by any other persons on the account of damages of any character resulting to Minor in any way from the foregoing activities. I further agree to reimburse and to make good to Releasees any loss or costs Releasees may have to pay as a result of any such action, claim or demand.

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Liability Release in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Liability Release releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Liability Release constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will.

**Signature of Parent or Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Supervision:** A chaperone/Adult (age 21 and over) is required to attend with participants. This Chaperone will be responsible for the participants at all times. The Releasees are not responsible for participants' supervision.

**Appearance Agreement:** I understand that as participant and/ or a spectator at the Event that Minor may be included in videotapes, dvds, podcasts and videocasts or photographs taken during the Event. Therefore, without reservation or limitations, I, in my own behalf and on behalf of Minor, hereby assign, transfer and grant to Varsity Spirit, its successors, assignees, licensees, sponsors, any television networks, and all other commercial exhibitors the exclusive right to photograph and / or videotape Minor and to utilize such videotapes and photographs and Minor's name, face likeness, voice and appearance as a part of the Event or in any other media now in existence or hereafter developed, in advertising and promoting the Event, in advertising and promoting similar future events or in advertising and promotions relating to Varsity Spirit, and for any other use or purpose whatsoever without reservations and limitations. I further understand that neither Varsity Spirit nor any third party is under any obligation to exercise any of the foregoing rights, licenses and privileges herein granted. I waive any right to inspect or approve any materials related thereto.

**Medical Release:** I, in my own behalf and on behalf of Minor, acknowledge and agree that such participation subjects Minor to possibility of physical illness or injury (minimal, serious, catastrophic and/ or death) and that I, in my own behalf and on behalf of Minor, acknowledge that Minor is assuming the risk of such illness or injury by participating in the Event. In the event of such illness or injury, I authorize Varsity Spirit to obtain necessary medical treatment for Minor and hereby, in my own behalf and on behalf of Minor, release and hold harmless Releasees in the exercises of this authority. I further acknowledge and understand that I will be responsible for any and all medical and related bills that may be incurred on behalf of Minor for any illness or injury that Minor may sustain during the Event and while traveling to and from the site for the Event whether or not the Event actually occurs.

I represent that any medication to which Minor is allergic or medications that Minor is currently taking are listed below. I agree that Minor shall bring medications which Minor is currently taking with him / her to the Event and that he / she shall consume the prescribed dosage for such medications.

Medications (if any): \_\_\_\_\_ Allergies (if any): \_\_\_\_\_

I acknowledge that the Minor suffers from the following conditions: \_\_\_\_\_

I, in my own behalf and on behalf of Minor, hereby warrant that I have read this Liability Release and Waiver Form in its entirety and fully understand its contents. I, in my own behalf and on behalf of Minor, am aware that this Liability Release and Waiver Form releases Releasees from liability and contains an acknowledgement of my voluntary and knowing assumption of the risk of injury or illness. I, in my own behalf and on behalf of Minor, further acknowledge that nothing in this Liability Release and Waiver Form constitutes a guarantee that the Event will occur. I, in my own behalf and on behalf of Minor, have signed this document voluntarily and of my own free will. Minor and I understand that Sponsors may distribute samples of their products at the Event.

**Signature of Parent or Legal Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Relationship to Minor \_\_\_\_\_ Minor Birthdate \_\_\_\_\_

I, identified above as Minor, acknowledge that I have read this Release and Waiver form.

**Signature of Minor:** \_\_\_\_\_ **Date:** \_\_\_\_\_