

COLLEGIATE DIVISION GUIDELINES

SHOW CHEER

Number on Team: Five to thirty-six in all divisions

Divisions: All Girl Show Cheer, Large Co-Ed Show Cheer, Small Co-Ed Show Cheer

For the Large Co-Ed Division, no more than half plus one (rounding up) of the total number of team members may be male (e.g. 8 – 9 total participants = 5 maximum males; 16 – 17 total participants = 9 maximum males, etc.).

Routine Procedure: Execute a routine of your choice using a combination of music and cheer portion(s). Audience participation and props (spell-out letters; Go, Fight, Win signs, etc.) are encouraged for school-based programs. You must adhere to the appropriate 2019 – 2020 USA Cheer/AACCA College Safety Rules (school-based programs) found at:

<http://www.cheerrules.org/aacca-college/>

Time Limit: Maximum three (3) minutes. For cheer teams, up to 2:15 (135 seconds) of the total routine may be performed to music. There is no restriction as to the proportion of the music section(s) used in relation to the cheer only section(s). Penalties will be deducted from the final averaged score for going over the 2:15 total music time limit. Penalties will be assessed as follows: 1 – 10 seconds over = one-point penalty; 11 – 20 seconds over = two-point penalty, etc.

HIP HOP

Number on Team: Six to thirty-six

Routine Procedure: A routine where dancers perform street style movement with an emphasis on execution, uniformity, body control, rhythm, creativity, visual effect and musicality. A combination of hip hop styles is permitted. You must adhere to the 2019-20 USA College Dance Safety Rules found on the USA website:

usa.varsity.com

Time Limit: Maximum 2 ½ minutes

JAZZ

Number on Team: Six to thirty-six

Routine Procedure: A jazz routine incorporates stylized jazz dance movements and combinations, visual effects, level changes, formation changes and dance technique. Emphasis should be on uniformity of the selected jazz style, proper dance technique, and timing and performance quality. You must adhere to the 2019-20 USA College Dance Safety Rules found on the USA website: usa.varsity.com.

Time Limit: Maximum 2 ½ minutes

POM

Number on Team: Six to thirty-six

Routine Procedure: A pom routine consists of visual effects, synchronization, clean/sharp pom motions and technical skills. Visual effects include level changes, opposition, group work, transitions and formations. Emphasis should be placed on proper pom/motion technique, proper dance technique, timing, and showmanship. All female members must use two pom for 80% of the routine. You must adhere to the 2019-20 USA College Dance Safety Rules found on the USA website: usa.varsity.com.

Time Limit: Maximum 2 ½ minutes

MASCOT

Number on Team: Mascots may perform as individuals or as mascot groups. Participants in this division must be the official mascot(s) of the school and must wear their official mascot uniform. Additional team members (e.g. cheerleaders and dancers) are not permitted to be visible and perform as part of this routine.

Routine Procedure: Execute any type of skit or novelty routine. Use of a theme and crowd involvement are encouraged. Contestants may use music, props, costumes, and accessories. Please no use of water or other substances that would be harmful to the floor. Individuals assisting with props may not be visible during the routine. Materials that require clean up (e.g. confetti, glitter, etc.) are not permitted. All props/sets/accessories must (either assembled or disassembled) be able to fit through a standard door measuring 7' H x 3' W. Stunting and/or tumbling is not allowed.

Time Limit: Maximum two (2) minutes for the routine. You will be limited to one (1) minute to set-up props and one (1) minute to break-down props (see time penalty).