



**2019 - 2020**

# **USA** *Dance* **COMPETITIONS**



**EVENT DATES, SCORING & GENERAL INFORMATION**



[usa.varsity.com](http://usa.varsity.com)

800-886-4872



**2019 – 20 USA HIGH SCHOOL DANCE  
EVENT INFORMATION PACKET  
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Visit **USA** on the new **Varsity.com** website for the most up-to-date competition information this season!

***usa.Varsity.com***

**SAVE-THE-DATE!**

VERSION 10.3.19

# USA Nationals Dance

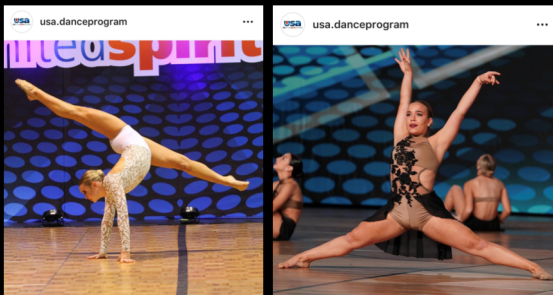
**MARCH 20-21,  
2020**

Take the stage in beautiful and sunny Southern California at the 35<sup>th</sup> annual USA Dance Nationals.

This premier event on the West Coast attracts nearly 2,000 competitors to compete for the Champion title in one of over 55 different divisions.

Visit [usa.varsity.com](http://usa.varsity.com) for more information or contact Melanie Krieger ([Mkrieger@varsity.com](mailto:Mkrieger@varsity.com)) for more information.

**Anaheim Convention Center  
Anaheim, CA**



*Share your journey  
with us on Instagram  
and follow  
**@USA.DanceProgram***



## 2019-2020 DANCE COMPETITION DATES AND LOCATIONS

### USA REGIONAL



No prior qualification is required to compete. Regionals are local qualifying competitions for USA Dance Nationals, as well as stand-alone events for those who wish to compete, but have no goal to attend the USA Dance Nationals event.

### USA CLASSIC



No prior qualification is required to compete. Classics are qualifying competitions for USA Dance Nationals, as well as stand-alone events. Competitors receive a commemorative item. Trophies or plaques are awarded to top teams and "champion" pins to first place teams.

### USA OPEN



No prior qualification is required to compete. Opens are qualifying events for USA Dance Nationals. Competitors receive a commemorative item. Trophies or plaques are awarded to top teams. Champions receive an exclusive event T-shirt and "Champion" banner for divisions with 2 or more teams.

### USA DANCE NATIONALS



USA Dance Nationals began in 1986. The event takes place in Anaheim, CA and draws teams from many states. Nearly 2,000 competitors and 4,000 spectators are expected over this fun-filled and exciting weekend, vying for the Champion title in one of over 55 different divisions. It is the premier event of its type in the western U.S. for the variety of styles that take the floor and the caliber of performances that are presented. It will be held March 20-21, 2020 in Anaheim, California.

## NORTHERN CALIFORNIA

February 1, 2020

Dance Regional **R**  
Bella Vista HS  
Fair Oaks, CA

February 8, 2020

Nor Cal State Dance Classic **C**  
Monta Vista HS  
Cupertino, CA

February 9, 2020

Dance Solo Classic **C**  
Lincoln HS  
San Jose, CA

## SOUTHERN CALIFORNIA

January 18, 2020

Dance Regional **R**  
Elsinore HS  
Wildomar, CA

January 25, 2020

Dance Regional **R**  
Downey HS  
Downey, CA

January 26, 2020

Dance Solo Classic **C**  
Downey HS  
Downey, CA

February 1, 2020

Dance Regional **R**  
Westlake HS  
Westlake Village, CA

February 8, 2020

Dance Regional **R**  
Estancia HS  
Costa Mesa, CA

February 15, 2020

So Cal State Dance Classic **C**  
Aliso Niguel HS  
Aliso Viejo, CA

February 22, 2020

Dance Regional **R**  
San Pasqual HS  
Escondido, CA

## COLORADO

November 2, 2019

Rocky Mountain Classic **C**  
Legacy HS  
Broomfield, CA  
Divisions Offered:  
Hip Hop, Dance,  
Dance/Pom & Lyrical

## NEVADA

January 11, 2020

Vegas Classic **C**  
Desert Oasis HS  
Las Vegas, NV

February 8, 2020

Nevada Open **O** (Teams Only)  
UNLV  
Las Vegas, NV

- Dates & Locations subject to change.
- No Regional, Classic or Open in your area? Qualify by video? Email [usacompetitions@varsity.com](mailto:usacompetitions@varsity.com) to request a Video Entry Form.
- For more information, please visit the USA website at [usa.varsity.com](http://usa.varsity.com)
- Sample scoresheets for all USA competitions will be available on-line after September 1, 2019.

# 2019 – 20 EVENT PRICING & GENERAL INFORMATION

VERSION 10.3.19

## How to find event pricing:

1. Go to [www.myvarsity.com](http://www.myvarsity.com) and click “Search for competitions.” You are not required to log in to search for and/or view events.
2. On the next page, filter results for “Varsity Brand” and select “United Spirit Association.” This will automatically refresh your page to display all the USA events. You may also filter by “Event Type” and by checking the box next to “Dance.” \*\*
3. Scroll down to the competition for which you would like to view the pricing.
4. Expand the event to view additional information by clicking on the event name or by clicking on the blue “More Info” button to the right.
5. Once the event expands down, you may scroll down to view prices by Division Group.

\*\*Please note that when you filter your results by “Event Type” by checking the box next to “Dance,” the results will include events that only offer Songleader/Pom and **not** school Dance divisions.

## After the event information is expanded – confirm that school dance is offered at an event:

Under the “Event Paperwork” section is the “Pricing” section.

In the pricing breakdowns, the “Division Group” column must say “School Dance Divisions” or “Solo Dance Divisions.”

## Registration Policy & Fees:

- **Early Bird Registration Fee:** The registration must be paid in full 21 days or more prior to the event for which you wish to register to lock in the early bird rate.
- **On-Time Registration Fee:** The on-time registration fee will apply to those registrations paid in full 8-20 days prior to the event for which you wish to register.
- **New registrations will not be accepted the week of the event.**
- **Competitions may close to additional participants at any time, including before the “Early Bird” registration/entry deadline.**

**Forms of Payment Accepted:** School purchase order, school check, money order, cashier’s check and/or credit card. Personal checks, organizational checks, cash or individual payments are not accepted. The school name must appear on the PO. School purchase orders must be paid in full at least 5 days prior to the event. Teams will be responsible for the full registration fees for cancellations past the refund deadline, regardless of payment status, and/or “no shows” on the day of the event.

Requests for refunds, transfers of registration fees (registration fees may be transferred only once and registration fee transfers may not be split) or category/division changes will be accommodated only if notice is submitted in writing 10 days or more prior to the affected event. After that time, all funds become non-transferable and non-refundable. Teams are responsible for the full registration fee(s) for cancellations past the refund deadline, regardless of payment status.

# 2019-20 EVENT PRICING & GENERAL INFORMATION CONT'D.

VERSION 10.3.19

## How to submit a competition registration (Regionals & Classics):

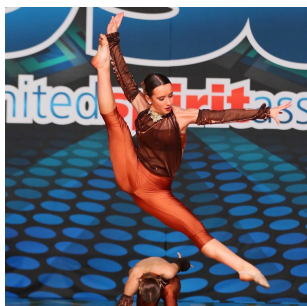
1. Log in to your myvarsity account with your associated email and password.  
*If you do not have a myvarsity account and you are the coach, please contact our office to get set-up with an account.*
2. Once you are logged in, hover your mouse over the "COMPETITION" menu dropdown and select the first option called "Competition Search."
3. Follow the steps for "How to find event pricing:" on page 4 in order to find the event for which you wish to register.
4. Once you have the information expanded for the event you wish to register for, click the blue button that says "Register Now!"  
*If the button says "Call to Register," you will need to call our office to submit your registration. Registrations will only be accepted as long as there is still space in the event.*
5. Follow the steps in the registration portal to complete and submit your registration.

Please note that if you have multiple teams you are registering (JV Dance and Varsity Dance or Varsity Dance and Varsity Dance/Drill), you will need to do this process separately for each team.

Myvarsity is most accessible using a desktop computer or laptop. If you are viewing the website on a mobile device or tablet, you may experience difficulty viewing or working within the site. If you are having trouble utilizing the website on a desktop computer/laptop, try using Google Chrome as a browser, as it is the most compatible with our platform. Contact our office if you are having further difficulties.

**What to Bring (Regionals & Classics):** Upon checking in with registration at the event, you will need to submit an alphabetized list of all participating students as well as a signed USA Participant Release and Waiver form for each participating student. **WE ASK THAT ALL RELEASE AND WAIVER FORMS PLEASE BE ALPHABETIZED.**

**Spectators & Additional Coaches/Alternates:** Two free passes will be allotted to each school/group for advisors/coaches at registration. Additional tickets for advisors, coaches and/or team alternates may be purchased on-site – cash only. Spectators may also purchase tickets on-site – cash only.



### GENERAL INFORMATION

1. Rules are designed to help dancers avoid injury, while allowing for many skills that can be executed safely with proper training by a qualified coach.
2. We want to ensure a penalty free experience for your team. Therefore, if you have **any** questions regarding our safety rules or would like to submit a video/music for review prior to the event, please contact [mkrieger@varsity.com](mailto:mkrieger@varsity.com).

### COSTUMING/FOOTWEAR/JEWELRY

1. Shoes are not required when performing, but participants that wear shoes must have soft, non-marking soles. Penalty of marking floor is disqualification. The performing school will be responsible for any charges that may occur as a result of damage to any floor. Performers who do not wear shoes while performing do so at their own risk. Shoes are required at all other times when not directly performing.
2. Costuming must be well secured and appropriate for a family friendly environment.
3. Jewelry and accessories are allowed, provided they are secured appropriately to the dancer.

### ROUTINE TIMING

1. Timing begins with the first note of music or movement and ends with the last note of music or movement.
2. **Solo Routine:** Up to 2 minutes (maximum) per routine - entrance and exit up to 15 seconds each.
3. **ALL Dance, Military, Hip Hop, Jazz, Lyrical, Kick, Dance/Drill, Co-Ed Dance, All-Male and Dance/Pom divisions:** Up to 3 minutes (maximum) per routine - entrance and exit up to 30 seconds each.
4. **Character Dance:** Up to 3 minutes (maximum) per routine - entrance and exit up to 45 seconds each.
5. **Prop & Novelty:** Up to 3 minutes (maximum) per routine - entrance and exit up to 1 ½ minutes each.

### LIFTS/STUNTS/PARTNERING

1. **Horizontal Lift** – A horizontal lift occurs when the lifted dancer’s head is in line with his/her hips. While the base is standing on the performance floor, this type of lift **is legal if** the base(s) maintain direct contact with the lifted dancer throughout the entire skill above the bases’ head level, **and** at least one base maintains direct contact with the head/neck/upper body of lifted dancer.

2. **NEW!** – An **Upside Down Lift** occurs when the lifted dancer's head is below his/her hips. While the base is standing, this type of lift **is now legal if the base(s) maintain direct contact with the lifted dancer throughout the entire skill above the bases' head level, and at least one base maintains direct contact with the head/neck/upper body of lifted dancer.**
3. Standing or stepping on another dancer's torso (whether directly or indirectly) is legal, as long as the lifted dancer is physically supported by at least two other dancers. The torso is defined as the front of back of the upper body area, shoulders to hips.
4. Elevators (lifted dancer's feet are being held at shoulder level by the bases with the dancer in an upright position), thigh stands, chair sits, and shoulder sits are permitted.
5. The following **cheer based stunts are not permitted** and will result in routine **disqualification**:
  - Extended cheer stunts (the lifted dancer is extended in an upright position over the base(s) who maintain fully extended arms)
  - Pyramids and basket tosses

## INDIVIDUAL SKILLS/TUMBLING

1. Front tucks, back tucks (including toe pitch back tucks) and/or layouts are not permitted.
2. Airborne skills may not jump from a standing or squatting position backwards onto the neck, back, shoulders and/or hands. Any "kip up" motion must initiate from the back/shoulder area touching the ground. (NOTE: This rule refers specifically and only to the "rubber band"/"bronco" kip up skill.)

## APPROPRIATENESS

1. All routine choreography, movements, and costuming should be appropriate and entertaining for a **family friendly environment and for audience members of all ages.**
2. Any movement(s) implying something indecent, offensive, or sexual in content are not allowed.
3. Music cannot contain inappropriate words, phrases, and/or sounds, in any language; this includes direct and/or specific references to alcohol (ex: "sipping champagne"), pejorative words (ex: "damn"), illegal activities for minors (ex: "smoking cigarettes"), acts of violence against others (ex: "put a gun to my head and took the shot"), sexual references and/or racial slurs. Inappropriate examples provided above are included to help illustrate potential violations. Violations are not limited to those specific examples.
4. It is the coach's responsibility to screen all music to ensure that it is appropriate for the students, audience, and community.
5. Explicitly inappropriate music/lyrics, costuming and/or movements will incur a **3-point penalty per infraction.**



## PROPS / SETS

1. Handheld and wearable props (individually used and carried by dancers i.e. ball, box, or scarf) are permitted in ALL divisions.
2. Sets and backdrops are now only permitted in the Dance, Prop, Character and/or Novelty divisions. Sets and backdrops may no longer be used in Lyrical, Hip Hop, Kick, Dance/Drill, Co-Ed, Military, Solo, Dance/Pom and All-Male.
3. All props must be non-marking. Padding and/or rubber wheels must be used. Penalty is disqualification. The performing school will be responsible for any charges that may occur as a result of damage to the floor.
4. Any props/sets/accessories must be able to fit through a standard door measuring 7 feet high x 63 inches wide. Once your entrance and/or exit time begins, teams may start to assemble props/sets to any size they wish, but must be able to assemble all props/sets within entrance and exit time allotted. Props may be assembled prior to entrance time and before entering the gym only if they meet the 7 feet high x 63 inches wide requirement after assembly. Otherwise, teams **cannot assemble props/sets/backdrops until they are called on to the performance floor and their entrance time begins.** All teams must enter and exit the gym with ALL props/sets at the time of performance. Storing of props/sets in the venue (before performance or after) will not be permitted, unless otherwise noted in competition information.  
**Penalty is 10 points per prop infraction.**
5. If a prop/set/accessory stands higher than 4 feet from the performance floor, a dancer can only jump, tumble, or fall from the prop/set/accessory at the point of 4 feet or below. USA Competition Directors reserve the right to measure assembled props

## SAFETY RULES SUBMISSIONS

**We want to help ensure a penalty free experience for your team!** Submitting a video is the only way to review a routine for potential safety violation prior to them being performed at a USA competition. For all legality questions regarding specific performance elements, you may email a video that contains the skill in questions.

All emailed videos must include the following:

1. Name of the **School** and **Division** in the *Subject Line* of the email
2. Videos should be either in Quicktime formats (.mov) or MPEG-4 Format (.mp4).
3. Clear, close up view of skill in question
4. Do not send the entire routine, only the SKILL(S) in questions
5. Include your name, team name, division, and phone number in the body of the email
6. USA will also review any music and/or questionable lyrics prior to the USA competitions.
7. All video submissions must be emailed to [mkrieger@varsity.com](mailto:mkrieger@varsity.com)
8. All safety video submissions for one-day events must be submitted 14 days or more prior to the competition date.

**\*Note that submission of a routine and/or its elements does not preclude a team from being assessed a penalty while at a specific USA competition, as performances from the video submission may differ from those executed on the competition floor. Submission of a routine does not guarantee that it can be reviewed.**

*Please contact Melanie Krieger ([mkrieger@varsity.com](mailto:mkrieger@varsity.com)) if you need clarification on any of the above safety rules.*

# 2019 – 2020 USA DANCE COMPETITIONS

## DIVISIONS & SIZING

VERSION 10.3.19

### HOW TO QUALIFY FOR USA DANCE NATIONALS

If your team competes in any of the divisions listed under “Qualifying Divisions”, and you would like to compete at USA Dance Nationals, you must first pre-qualify at a USA Dance Regional or Classic. *If you do not have a USA Dance Regional in your area, you must qualify by video. Registration for USA Dance Nationals opens in October. Register early! **Teams do not need to wait to qualify for Nationals.*** The USA will place each team in the “Open” or “Championship” division once the team has performed at a USA Regional, for all qualifying divisions.

### QUALIFYING DIVISIONS – NEW SIZING!

- Dance: X-Small (2-5), Small (6-9), Medium (10-13), Intermediate (14-20), Large (21+)
- Hip Hop: Small (5-10), Medium (11-17), Large (18+)
- Lyrical: Small (5-10), Medium (11-17), Large (18+)
- Jazz: Small (5-10), Medium (11-17), Large (18+)
- Military: Small (5-14), Large (15+)
- Prop (5+)
- Kick (5+)
- All-Male (5+)
- Novelty (5+)\*\*
- Character Dance (5+)\*\*
- Dance/Pom (5+) – **NEW QUALIFYING DIVISION**

\*\*At any USA competition, a school may enter into either the Novelty or the Character Dance division, but may not enter into both.

For qualifying divisions, teams who receive an average score of 85 points or greater (excluding penalties) for a given routine at a USA Regional will qualify for (and must compete in) the “Championship” division at Dance Nationals. Teams who score an 84.9 or below for a given routine at a USA Regional will qualify for (and must compete in) the “Open” division at Dance Nationals. Only the judges’ scores can determine the qualification for “Open” or “Championship” divisions.

### NON-QUALIFYING DIVISIONS

The following divisions **do not** require prior qualification at a USA Regional or via video entry in order to compete at USA Dance Nationals. The non-qualifying divisions include:

- Co-Ed (5+)
- Small Dance/Drill (5-14)
- Large Dance/Drill (15+)
- JV Dance (5+)
- JV Hip Hop (5+)
- JV Dance/Pom (5+)
- Solo

\*JV teams can choose to compete in any division. An individual may not compete in the same division at different levels i.e. JV Dance/Pom and Dance Pom

\*Please note: the only divisions which have gender restrictions are Co-Ed Dance & All-Male Dance (see below).

Sample scoresheets for all USA competitions will be available on-line by visiting [usa.varsity.com](http://usa.varsity.com) after September 1, 2019.

The contest director may cancel, combine or divide divisions as deemed necessary. If divisions are sub-divided, adjustments will be made in the number of available awards. Teams will be limited to entering 7 team divisions and a maximum of 3 soloists at Regionals. Multiple teams from a school will be allowed (i.e. Drill Team vs. Dance Team or JV vs. Varsity) as long as individuals are not competing on both teams. For example, if the same dancer competes on both the Dance Team and the Drill Team for their high school, those teams will then need to share the 7 maximum number of routines. An individual may not compete against her/himself in the same division/category (i.e. two X-Small Dance routines).

## INDIVIDUAL SOLO COMPETITION

All contestants must perform a solo dance routine up to 2 minutes (maximum) in length: entrance up to 15 seconds and exit up to 15 seconds. Any dance style or combination of styles may be used.

## DANCE

Overall effect must be dance in nature. Any dance style or combination of styles are acceptable. Dance attire or school uniforms may be used.

## NEW! DANCE SHOWCASE

This division is the perfect opportunity for any performing arts program or team to gain valuable performance experience for evaluation only! Performances in this division will be evaluated against the USA scoresheet for an overall rating based on scoring. **This division is for evaluation only!** Any dance style or combination of styles are acceptable. This division is currently offered at USA Regional and Classic events only.

## \*CO-ED DANCE

This team must consist of at least 3 males and 3 females. Routine may be of any dance style or combination of styles. Routine emphasis must be on partnering interactions for at least 50% of the routine.

## \*ALL-MALE DANCE

This team must consist of all males. Routine may be of any dance style or combination of styles.

## LYRICAL

A routine where all dancers interpret the lyrics, mood or intent of a song (with or without words), using ballet and/or jazz and/or modern technique. This form has a quality of movement that uses the music and/or lyrics as a guide. Incorporating balance / sustained movement, as well as facial and body emotion, is expected.

## DANCE/POM

Routine emphasis must be on the use of pom. Teams must use two poms for at least three-fourths of the routine. Standard school uniforms, dance or military clothing may be worn.

## HIP HOP

A routine where all dancers perform grounded street-style movement. Difficulty should not be emphasized through technical jazz technique, but rather through specific hip hop styles. For example, styles should include (but are not limited to): body control, isolations, rhythm, pop/locking, tutting, whacking, krumping, breaking, etc. Any genre of music may be used as long as the routine as a whole focuses on hip hop style.

## MILITARY

Routine must be military in nature with an emphasis on precision & sharpness through the dancer's entire body. Routine must include: military maneuvers, pattern formations, visual effects, various arm/hand sequences and a variety of marching styles (i.e. glide, high knee, prance, pony, chug, etc). School uniforms or military attire/costume must be worn. In keeping with the military tradition, all maneuvering/marching/traveling must begin on the left foot. All difficulty and technical elements must be in keeping with military style/quality.

## DANCE/DRILL

Routine must incorporate a combination of the Military division and Dance division guidelines. (Please read the descriptions of both the Military & Dance divisions before competing in the Dance/Drill division). This routine must incorporate 1/2 dance and 1/2 military movements. (i.e. dance style must not be emphasized over military style and vice versa.)

## KICK

Routine emphasis must be on kicks. Kicks must be the focal point of the routine and must be used for more than 3/4 of the total routine length. Any style of movement may be used, as long as the kicks are the focal point of the routine. Routine must include a variety of kick sequences, as well as a variety of different kick types overall.

## JAZZ

Routine is rooted within the broad spectrum of jazz dance, utilizing vocabulary from any style of jazz dance technique, including: theatrical, vernacular, technical, stylized, classical/concert, pop, etc. Choreography should include the aesthetic foundation of jazz dance, emphasizing bold dramatic body movements, isolations, contractions, rhythm, musicality, energy/expression and dynamics.

## PROP

Routine emphasis must be on the creative and visual use of a prop or props. Any style of dance may be used. However, the manipulation of the prop must be the focal point of the presentation, rather than the focus being on the movement of the dancer. The prop must be used in at least 3/4 of the routine. Routine and/or uniform may be thematic in nature, but must not be the focal point of the routine. Standard school uniforms or costumes may be worn.

## NOVELTY – *NEW DESCRIPTION*

Routine emphasis must be of a unique thematic nature. The entire routine must strongly emphasize a story line, idea or consistent theme, and may not rely on any prior knowledge (on part of the audience/judges) of the theme's origin. Routine may include technical dance movements, permitting these movements make sense within the theme and/or story line. Props are permitted but should not be the focal point of the routine. Props should only serve to enhance the story/theme. Themed costumes should be worn. Sets and backdrops are permitted, but not required.

## CHARACTER DANCE – *NEW DESCRIPTION*

Routine emphasis must focus on a specific character (person, animal, object, thing). All movements should make sense for the dancers to execute 'in character.' Multiple dance styles may be used, but only if each style enhances the character development. The routine must create the characterization through the use of music, costuming, choreography, and may not rely on any prior knowledge (of the audience/judges) on the theme's origin.

A school will be permitted to compete in either Novelty or Character Dance, not both.



# New USA Dance

# Showcase Division



Our **NEW Dance Showcase Division** is a great opportunity for any performing arts program or team to gain valuable performance experience for evaluation only! Receive high quality feedback from industry professionals. Any dance style or combination of styles are acceptable. Your team will receive an award based on their overall rating.

**Calling All High School Performing Arts Programs**

**Division Offered at  
ALL USA Dance  
Regional/Classic  
Competitions!**

**Only \$170 Per  
Performance**

**Visit [usa.varsity.com](http://usa.varsity.com) for a full list  
of 2019-2020 USA Dance Events or  
contact your USA Dance  
State Director!**



USACompetitions@varsity.com  
[usa.varsity.com](http://usa.varsity.com)  
800.866.4872





**SOLO SCORESHEET**

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>		
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Composition	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Originality/Creativity	B. 16 - 17	
<input type="checkbox"/> Variety/Ambidexterity	C. 14 - 15	
<input type="checkbox"/> Difficulty	D. 7 - 13	
<input type="checkbox"/> Appropriateness	F. 0 - 6	
<b>VISUAL IMPACT/STAGING</b>		
<input type="checkbox"/> Continuity/Transitions	A. 18 - 20	
<input type="checkbox"/> Use of Area	B. 16 - 17	
<input type="checkbox"/> Dynamics	C. 14 - 15	
<input type="checkbox"/> Floorwork	D. 7 - 13	
<input type="checkbox"/> Musical Interpretation	F. 0 - 6	

**Comments**

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<b>Execution</b>		
TECHNIQUE	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Body Control	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Legwork/Footwork	B. 16 - 17	
<input type="checkbox"/> Leaps/Jumps	C. 14 - 15	
<input type="checkbox"/> Turns	D. 7 - 13	
<input type="checkbox"/> Flexibility	F. 0 - 6	
<b>MOVEMENT QUALITY</b>		
<input type="checkbox"/> Range of Motion	A. 18 - 20	
<input type="checkbox"/> Dynamics	B. 16 - 17	
<input type="checkbox"/> Timing	C. 14 - 15	
<input type="checkbox"/> Transitions	D. 7 - 13	
<input type="checkbox"/> Body Placements	F. 0 - 6	

**Comments**

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<b>Performance</b>		
SHOWMANSHIP	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Facial Expression	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Projection	B. 16 - 17	
<input type="checkbox"/> Focus	C. 14 - 15	
<input type="checkbox"/> Confidence in Performance	D. 7 - 13	
<input type="checkbox"/> Musicality	F. 0 - 6	
<input type="checkbox"/> Body Energy		
<input type="checkbox"/> Uniform/Accessories/Grooming		

**Comments**

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**TOTAL SCORE (100)**

JUDGE: \_\_\_\_\_







**DANCE SCORESHEET**

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>		
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Composition	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Originality/Creativity	B. 16 - 17	
<input type="checkbox"/> Variety/Ambidexterity	C. 14 - 15	
<input type="checkbox"/> Difficulty	D. 7 - 13	
<input type="checkbox"/> Appropriateness	F. 0 - 6	
<input type="checkbox"/> Musical Interpretation		
VISUAL IMPACT/STAGING	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Continuity/Transitions	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Use of Area/Floor Patterns	B. 16 - 17	
<input type="checkbox"/> Change of Level/Floorwork	C. 14 - 15	
<input type="checkbox"/> D. 7 - 13		
<input type="checkbox"/> Visual Effects	F. 0 - 6	

**Comments**

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<b>Execution</b>		
UNIFORMITY	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Upper Body Precision	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Lower Body Precision	B. 16 - 17	
<input type="checkbox"/> Timing	C. 14 - 15	
<input type="checkbox"/> Spacing	D. 7 - 13	
<input type="checkbox"/> Movement Pathways	F. 0 - 6	
MOVEMENT QUALITY	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Body Control/Technique	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Range of Motion	B. 16 - 17	
<input type="checkbox"/> Dynamics	C. 14 - 15	
<input type="checkbox"/> Turns/Leaps/Jumps	D. 7 - 13	
<input type="checkbox"/> Legwork/Footwork	F. 0 - 6	
<input type="checkbox"/> Flexibility		

<b>Performance</b>		
SHOWMANSHIP	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Facial Expression	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Projection	B. 16 - 17	
<input type="checkbox"/> Focus	C. 14 - 15	
<input type="checkbox"/> Confidence in Performance	D. 7 - 13	
<input type="checkbox"/> Musicality	F. 0 - 6	
<input type="checkbox"/> Body Energy		
<input type="checkbox"/> Uniform/Accessories/Grooming		

**TOTAL SCORE (100)**

JUDGE: \_\_\_\_\_



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# 2019 – 2020 USA DANCE SCORESHEETS

## CO-ED DANCE DIVISION



VERSION 10.3.19



### CO-ED DANCE SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>			<b>Comments</b>
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Composition	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Originality/Creativity	B. 16 - 17		
<input type="checkbox"/> Variety/Ambidexterity	C. 14 - 15		
<input type="checkbox"/> Difficulty	D. 7 - 13		
<input type="checkbox"/> Appropriateness	F. 0 - 6		
<input type="checkbox"/> Musical Interpretation			
VISUAL IMPACT/STAGING	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Continuity/Transitions	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Use of Area/Floor Patterns	B. 16 - 17		
<input type="checkbox"/> Change of Level/Floorwork	C. 14 - 15		
<input type="checkbox"/> Visual Effects	D. 7 - 13 F. 0 - 6		

<b>Execution</b>			
UNIFORMITY	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Upper Body Precision	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Lower Body Precision	B. 16 - 17		
<input type="checkbox"/> Timing	C. 14 - 15		
<input type="checkbox"/> Spacing	D. 7 - 13		
<input type="checkbox"/> Partnering	F. 0 - 6		
MOVEMENT QUALITY	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Body Control/Technique	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Partnering	B. 16 - 17		
<input type="checkbox"/> Dynamics	C. 14 - 15		
<input type="checkbox"/> Turns/Leaps/Jumps	D. 7 - 13		
<input type="checkbox"/> Legwork/Footwork	F. 0 - 6		
<input type="checkbox"/> Flexibility			

<b>Performance</b>			
SHOWMANSHIP	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Facial Expression	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Projection	B. 16 - 17		
<input type="checkbox"/> Focus	C. 14 - 15		
<input type="checkbox"/> Confidence in Performance	D. 7 - 13		
<input type="checkbox"/> Musicality	F. 0 - 6		
<input type="checkbox"/> Body Energy			
<input type="checkbox"/> Uniform/Accessories/Grooming			

<b>TOTAL SCORE (100)</b>	_____
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JUDGE: \_\_\_\_\_

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# 2019 – 2020 USA DANCE SCORESHEETS

## ALL-MALE DANCE DIVISION



### ALL MALE SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

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## LYRICAL DIVISION

VERSION 10.3.19



### LYRICAL SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

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# 2019 – 2020 USA DANCE SCORESHEETS

## DANCE/POM DIVISION



VERSION 10.3.19



### DANCE/POM SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

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### HIP HOP SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

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# 2019 – 2020 USA DANCE SCORESHEETS

## MILITARY DIVISION



### MILITARY SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>			<b>Comments</b>
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Composition	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Military Focus	B. 16 - 17		
<input type="checkbox"/> Creativity/Originality	C. 14 - 15		
<input type="checkbox"/> Difficulty	D. 7 - 13		
<input type="checkbox"/> Variety/Marching Styles	F. 0 - 6		
<input type="checkbox"/> Musical Interpretation			
VISUAL IMPACT/STAGING	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Continuity/Military Transitions	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Use of Area/Floor Patterns	B. 16 - 17		
<input type="checkbox"/> Change of Level/Floorwork	C. 14 - 15		
<input type="checkbox"/> D. 7 - 13			
<input type="checkbox"/> Visual Effects	F. 0 - 6		
<b>Execution</b>			
UNIFORMITY	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Upper Body Precision	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Lower Body Precision	B. 16 - 17		
<input type="checkbox"/> Timing	C. 14 - 15		
<input type="checkbox"/> Spacing	D. 7 - 13		
<input type="checkbox"/> Maneuvering/Marching	F. 0 - 6		
MOVEMENT QUALITY	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Body Control/Technique	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Range of Motion	B. 16 - 17		
<input type="checkbox"/> Dynamics	C. 14 - 15		
<input type="checkbox"/> Turns/Pivots/Flanks	D. 7 - 13		
<input type="checkbox"/> Legwork/Footwork	F. 0 - 6		
<input type="checkbox"/> Flexibility			
<b>Performance</b>			
SHOWMANSHIP	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Facial Expression	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Projection	B. 16 - 17		
<input type="checkbox"/> Focus	C. 14 - 15		
<input type="checkbox"/> Confidence in Performance	D. 7 - 13		
<input type="checkbox"/> Musicality	F. 0 - 6		
<input type="checkbox"/> Body Energy			
<input type="checkbox"/> Uniform/Accessories/Grooming			
<b>TOTAL SCORE (100)</b>			<b>JUDGE:</b> _____

# 2019 – 2020 USA DANCE SCORESHEETS

## DANCE/DRILL DIVISION



### DANCE/DRILL SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>		
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Composition	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Balance of Dance & Drill	B. 16 - 17	
<input type="checkbox"/> Creativity/Variety	C. 14 - 15	
<input type="checkbox"/> Difficulty	D. 7 - 13	
<input type="checkbox"/> Appropriateness	F. 0 - 6	
<input type="checkbox"/> Musical Interpretation		
VISUAL IMPACT/STAGING	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Continuity/Transitions	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Use of Area/Floor Patterns	B. 16 - 17	
<input type="checkbox"/> Change of Level/Floorwork	C. 14 - 15	
<input type="checkbox"/> Visual Effects	D. 7 - 13 F. 0 - 6	

### Comments

<b>Execution</b>		
UNIFORMITY	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Upper Body Precision	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Lower Body Precision	B. 16 - 17	
<input type="checkbox"/> Timing	C. 14 - 15	
<input type="checkbox"/> Spacing	D. 7 - 13	
<input type="checkbox"/> Maneuvering/Marching	F. 0 - 6	
MOVEMENT QUALITY	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Body Control/Technique	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Range of Motion	B. 16 - 17	
<input type="checkbox"/> Dynamics	C. 14 - 15	
<input type="checkbox"/> Turns/Pivots/Flanks	D. 7 - 13	
<input type="checkbox"/> Legwork/Footwork	F. 0 - 6	
<input type="checkbox"/> Flexibility		

<b>Performance</b>		
SHOWMANSHIP	MAXIMUM VALUE	SCORE
<input type="checkbox"/> Facial Expression	A. 18 - 20	<b>(20)</b>
<input type="checkbox"/> Projection	B. 16 - 17	
<input type="checkbox"/> Focus	C. 14 - 15	
<input type="checkbox"/> Confidence in Performance	D. 7 - 13	
<input type="checkbox"/> Musicality	F. 0 - 6	
<input type="checkbox"/> Body Energy		
<input type="checkbox"/> Uniform/Accessories/Grooming		

**TOTAL SCORE (100)**

JUDGE: \_\_\_\_\_







### KICK SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

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## JAZZ DIVISION

VERSION 10.3.19



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TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

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## PROP DIVISION

VERSION 10.3.19



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# 2019 – 2020 USA DANCE SCORESHEETS

## CHARACTER DANCE DIVISION



VERSION 10.3.19



### CHARACTER DANCE SCORESHEET

TEAM NAME \_\_\_\_\_

DIVISION \_\_\_\_\_

(+) Superior Performance

(@) Average Performance

(✓) Improvement Needed

<b>Choreography</b>			<b>Comments</b>
STYLE/MOVEMENT	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Clear Characterization	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Development of Character	B. 16 - 17		
<input type="checkbox"/> Composition	C. 14 - 15		
<input type="checkbox"/> Creativity/Variety	D. 7 - 13		
<input type="checkbox"/> Appropriateness	F. 0 - 6		
<input type="checkbox"/> Musical Interpretation			
VISUAL IMPACT/STAGING	MAXIMUM VALUE	SCORE	
<input type="checkbox"/> Continuity/Transitions	A. 18 - 20	<b>(20)</b>	
<input type="checkbox"/> Use of Area/Floor Patterns	B. 16 - 17		
<input type="checkbox"/> Use of Props (If Applicable)	C. 14 - 15		
<input type="checkbox"/> Visual Effects	D. 7 - 13		
	F. 0 - 6		
<b>Execution</b>			
UNIFORMITY	MAXIMUM VALUE	SCORE	
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<b>TOTAL SCORE (100)</b>			

JUDGE: \_\_\_\_\_



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The logo for USA, with the letter 'U' in red and the letters 'sa' in blue. The background of the entire page is a dark blue image of a trophy with bokeh light effects.

# USA

The logo for the United Spirit Association, featuring a stylized 'S' icon in red and blue, followed by the text 'unitedspiritassociation' in a sans-serif font, with 'spirit' in red.

 united**spirit**association

*For the most accurate and updated information please visit our website*

***[usa.varsity.com](http://usa.varsity.com)***



**VARSITY  
SPIRIT**