



## Sample Fall Clinic Schedule

(Schedule may vary based on clinic location)

9:30 am -10:00 am - Registration

10:00 am -10:30 am - Staff introductions/warm up

10:30 am -11:00 am - Crowd response cheer

11:00 am -12:00 pm - Stunt transitions

12:00 pm -12:30 pm - USA Routine (dance)

12:30 pm -1:30 pm - Lunch

1:30 pm -2:30 pm - Staff TeamMate time (pyramids)

2:30 pm -3:30 pm - Staff Teammate time (custom choreography)

3:30 pm -4:00 pm - USA Routine showcase, wrap up