

USA Recreation Divisions for 2019-2020

TRADITIONAL RECREATION - AFFILIATED and NON-AFFILIATED

| Recreation Level 1 | | | | |
|--------------------|---------------|------------------|---|--|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including max music of 1:30 | Affiliated-Foam Mat Non-Affiliated-Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |
| 10 & Younger | • Female/Male | • 5 - 36 Members | | |
| 8 & Younger | • Female/Male | • 5 - 36 Members | | |
| 6 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 2 | | | | |
|--------------------|---------------|------------------|---|--|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including max music of 1:30 | Affiliated-Foam Mat Non-Affiliated-Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |
| 10 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 3.1 | | | | |
|----------------------|---------------|------------------|---|--|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including max music of 1:30 | Affiliated-Foam Mat Non-Affiliated-Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 3 | | | | |
|--------------------|---------------|------------------|---|--|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including max music of 1:30 | Affiliated-Foam Mat Non-Affiliated-Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |

SONG/POM - AFFILIATED

| | | | | |
|------------------------|---------------|------------------|------------------|--|
| 18 & Younger - Senior | • Female/Male | • 5 - 23 Members | 2:30 max routine | Basketball court, dance floor or similar surface |
| 14 & Younger - Junior | • Female/Male | • 5 - 23 Members | | |
| 12 & Younger - Youth | • Female/Male | • 5 - 23 Members | | |
| 10 & Younger - Pee Wee | • Female/Male | • 5 - 23 Members | | |
| 8 & Younger - Mini | • Female/Male | • 5 - 23 Members | | |
| 6 & Younger - Tiny | • Female/Male | • 5 - 23 Members | | |

PERFORMANCE RECREATION - NON-AFFILIATED - This category offered to Non-Affiliated Programs Only

| Recreation Level 1 | | | | |
|--------------------|---------------|------------------|--|--------------|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including minimum of an 8-count chat | Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |
| 10 & Younger | • Female/Male | • 5 - 36 Members | | |
| 8 & Younger | • Female/Male | • 5 - 36 Members | | |
| 6 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 2 | | | | |
|--------------------|---------------|------------------|--|--------------|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including minimum of an 8-count chat | Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |
| 10 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 3.1 (Level 3 Building Skills, Level 1 Tumbling Skills) | | | | |
|---|---------------|------------------|--|--------------|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including minimum of an 8-count chat | Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 3 | | | | |
|--------------------|---------------|------------------|--|--------------|
| 18 & Younger | • Female/Male | • 5 - 36 Members | 2:30 max routine: including minimum of an 8-count chat | Spring Floor |
| 14 & Younger | • Female/Male | • 5 - 36 Members | | |
| 12 & Younger | • Female/Male | • 5 - 36 Members | | |

| Recreation Level 4 | | | | |
|--------------------|---------------|------------------|---|--------------|
| 11-18 Years Old | • Female/Male | • 5 - 36 Members | 2:30 max routine: including minimum of an 8-count chat | Spring Floor |
| 8-14 Years Old | • Female/Male | • 5 - 36 Members | | |

The United Spirit Association reserves the right to add, delete, combine and/or split divisions in the interest of competition.

The participant's age as of **August 31, 2019** will be used throughout the 2019-20 competition season.

Recreation cheer divisions may be split into Small and Large divisions provided there are at least 2 teams left in each division.

| | |
|-------|-------------------|
| Small | • 5 - 22 Members |
| Large | • 23 - 36 Members |

Split Exception: If an organization has 2 teams competing in the same division, but one team is small and one team is large, a mandatory split will occur. (If an organization has 2 teams competing in the same division, but both teams are the same size, they will compete against each other.)

An event producer may further split a division by squad size, if there are at least 10 or more teams in the division. The event producer must clearly identify the number range for the split, and label the two groups, "A", and "B". This split may not occur unless a minimum of 2 teams are left in group A and B.

See grid below for Song/Pom division splits by team size:

| | |
|----------------|-------------------|
| Small Song/Pom | • 5 - 9 Members |
| Large Song/Pom | • 10 - 23 Members |

Song/Pom divisions will be split by size once there are 10 teams in the division. There must be at least 3 teams in each