



A VARSITY SPIRIT BRAND

2019-20 JR. SPIRIT NATIONALS SCHOOL BASED DIVISIONS

USA Jr. Nationals School-Based Divisions for 2019-2020

Show Cheer -- Advanced			
Elementary	• 6th Grade and Younger	• Female/Male	• 6 - 36 Members
Jr. High	• 9th Grade and Younger	• Female (0-1 Male)	• 6 - 36 Members
Jr. High Co-Ed	• 9th Grade and Younger	• Female (2+ Males)	• 6 - 36 Members
Show Cheer -- Non-Tumbling			
Jr. High	• 9th Grade and Younger	• Female/Male	• 6 - 36 Members
Show Cheer -- Intermediate			
Jr. High	• 9th Grade and Younger	• Female (0-1 Male)	• 6 - 36 Members
Jr. High Co-Ed	• 9th Grade and Younger	• Female (2+ Males)	• 6 - 36 Members
Show Cheer -- Novice			
Elementary	• 6th Grade and Younger	• Female/Male	• 6 - 36 Members
Jr. High	• 9th Grade and Younger	• Female (0-1 Male)	• 6 - 36 Members
Jr. High Co-Ed	• 9th Grade and Younger	• Female (2+ Males)	• 6 - 36 Members
Song/Pom			
Elementary	• 6th Grade and Younger	• Female/Male	• 5 - 23 Members
Jr. High	• 9th Grade and Younger	• Female/Male	• 5 - 23 Members
Group Stunt			
Jr. High - Novice	• 9th Grade and Younger	• All Female or All Male	• 4 - 5 Members
Jr. High - Advanced	• 9th Grade and Younger	• All Female or All Male	• 4 - 5 Members

The United Spirit Association reserves the right to add, delete, combine and/or split divisions in the interest of competition.

All male teams would compete under the "Co-Ed" division if offered.

See grid below for division splits by team size:

Small Show Cheer	• 6 - 16 Members
Medium Show Cheer	• 17 - 20 Members
Large Show Cheer	• 21 - 36 Members

Show Cheer divisions will be split by size once there are 10 teams (Non-Nationals)/(Nationals) in the division. There must be at least 3 teams in each division once a split occurs to keep the divisions separated by size.

See grid below for division splits by team size:

Small Song/Pom	• 5 - 9 Members
Large Song/Pom	• 10 - 23 Members

Song/Pom divisions will be split by size once there are 10 teams (Non-Nationals)/(Nationals) in the division. There must be at least 3 teams in each division once a split occurs to keep the divisions separated by size.

Rev. 6/20/19