



# 2019 Dance Program Competition Updates

# 2019 Competition Divisions

- ALL-MALE DANCE (6+)
- CHARACTER DANCE (6+)
- CO-ED DANCE\* (6+)
- DANCE (X-Small, Small, Medium, Intermediate, Large)
- DANCE/DRILL\*(6+)
- DANCE/POM\* (6+)
- HIP HOP (Small, Medium, Large)
- JAZZ (Small, Medium, Large)
- KICK (6+)
- LYRICAL (Small, Medium, Large)
- MILITARY (Small, Medium, Large)
- NOVELTY (6+)
- PROP (6+)
- SOLO\*
- JV DIVISIONS: DANCE, DANCE/POM, HIP HOP\* (6+)





# What You Can Expect in 2019

- Register up to 7 divisions at Regionals & Nationals
- 3 Soloists at Regionals/ 2 Super Dancers at Nationals/1 Solo Champion
- New Scoresheet Look & More Competition Resources for Coaches
- Safety Updates – NEW Simplified Language with Examples
- New & Improved Registration Process



# Safety Guideline Updates

- **NEW** Torso Language – Standing/Stepping on a Torso is now permitted as long as the dancer is supported by two bases.
- **NEW** Prop Language – For Dance, you may have prop helpers assist you with backdrops/sets on to the floor. This was previously only allowed in the Character, Novelty & Prop divisions.
- **NEW** Prop Language – If a prop stands 4' or higher, a dancer may now jump, tumble or fall from the point of 4' or below.
- As always, send your lifts, lyrics and/or any questions about safety guidelines to [mkrieger@varsity.com](mailto:mkrieger@varsity.com)! We want to ensure a penalty free environment.



Don't miss our 2019 Competition Updates located at:  
<http://usacamps.com/danceinfo>



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