



2019 PERFORMANCE DANCE

DAY ONE

DAY TWO

DAY THREE

DAY FOUR

9:00 am	Camp Registration Begins
<i>Lunch is not provided on Day 1.</i>	
12:00 pm	Camp Registration Ends
12:15 pm	Routine A & B Preview (Directors/Coaches)
1:00 pm*	Opening Ceremonies
1:15 pm	Coaches Goal Setting Warm-Up
1:45 pm	Team Routine (Part 1)
2:45 pm	Routine A1 Director/Coach Workshop 1
3:45 pm	Routine B1
4:30 pm	DINNER
6:30 pm*	Home Routine Showcase
7:15 pm	Technique Workshop
8:00 pm*	NFHS Credentialing Intro Unity Games Spirit Awards
9:00 pm*	Day 1 Wrap-Up All Camp Meeting

7:00 am	BREAKFAST
8:15 am	Captains Meeting 1
8:30 am	Warm-Up
9:00 am	Team Routine (Part 2) Gatorade Break
10:00 am	Routine A2 Director/Coach Workshop 2
11:00 am	Choose Your Challenge
11:30 am	LUNCH
1:00 pm	Master Class Coaches Camp Assessment
2:30 pm	Routine B2
3:45 pm	Team Routine Practice
4:15 pm*	Pin It Forward Day 2 Wrap-Up Spirit Awards
4:30 pm	DINNER
6:30 pm	Optional Review/Practice

7:00 am	BREAKFAST
8:15 am	Captains Meeting 2
8:30 am	Warm-Up
9:00 am	Routine A3 Director/Coach Workshop 3
9:45 am	Routine B3
10:30 am	Routine A & B Showcase
11:00 am	Team Routine Practice
11:30 am	LUNCH
1:00 pm	Coaches Certification Team Routine Evaluation
1:45 pm	Routine C
3:00 pm	Specialty Workshop
3:45 pm	Dance Star Prelims
4:15 pm	Class Yell Day 3 Wrap-Up
4:30 pm	DINNER
6:30 pm*	Class Competition Spirit Awards USA Dance Party

7:00 am	BREAKFAST
8:15 am	Captains Meeting 3
8:30 am	Director/Coach Workshop 4 Warm-Up
9:00 am	Team Routine Practice
9:30 am*	Team Routine Competition
10:30 am*	Final Routine Showcase
11:00 am*	Dance Star Finals
11:30 am*	Pin It Forward Senior Spotlight Final Awards
<i>Camp should end at approx. 12:30 pm depending upon the size of the camp.</i>	
<i>*Performance Dance and Showtime Cheer will be together during this time.</i>	



NFHS CREDENTIALING CLASSES
(see page 2)

Times and class titles are subject to change.



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NFHS CREDENTIALING – 5 ROLES OF A DANCER

AMBASSADOR	ATHLETE	PERFORMER	ROLE MODEL	SPIRIT RAISER
Unity Games	Warm-Ups	Routine A,B & C	Captains Meeting	Spirit Awards
Team Up For St. Jude	Technique Workshop	Home Routine Showcase	Dance Star Prelims	Class Competition
Pin It Forward	Choose Your Challenge Specialty Workshop	Routine A & B Showcase Master Class	Dance Star Finals	Team Routine Competition

CAPTAINS MEETINGS – Head Instructors will meet with the captains (or assigned leaders) to inform them important items for the day. Captains will gain a sense of responsibility for their team and begin to develop and utilize their leadership skills.

CHOOSE YOUR CHALLENGE – In this workshop, teams will work on specific technique and/or specialty skills of their choice.

CLASS COMPETITION – Dress bow-to-toe in your class color and "GLOW FOR IT" at the annual Class Competition! Play games and dance the night away at this unforgettable glow-in-the-dark party!

DANCE STAR & ALL-AMERICAN - Dancers are recognized with ribbons for their effort, attitude, and performance in routine classes. Ribbon winners will perform the Team Routine. Selected semi-finalists perform an across-the-floor combination to showcase their technical abilities. The finalists will perform at closing ceremonies. Dancers that take part in the Dance Star process will have the opportunity to be selected as an All-American.

DIRECTORS/COACHES WORKSHOP - These workshops are held throughout camp, focusing on creative ideas and team management strategies to help make your year even more successful.

EVALUATIONS/SHOWCASES

- **HOME ROUTINE SHOWCASE (Optional)** This showcase takes place on DAY 1 of camp. Teams have the option to perform a routine they've prepared prior to camp. Verbal feedback from the USA staff will be given immediately following the performance.
- **ROUTINE A & B SHOWCASE** - This showcase takes place on DAY 3. Dancers will gain performance experience and confidence by showcasing Routine A and Routine B.
- **TEAM ROUTINE EVALUATION & COMPETITION** – Teams will leave camp with a performance ready team routine. Teams will customize it by making changes to the routine. Emphasis on the CHOREOGRAPHY, TECHNIQUE/EXECUTION & SHOWMANSHIP. Teams will compete this routine on Day 4. 1st, 2nd and 3rd place trophies will be awarded.

MASTER CLASS - Learn current material from industry professionals.

PIN IT FORWARD – This is an opportunity for select campers to be recognized by both the staff and their peers for demonstrating leadership, spirit, commitment, kindness and motivation.

SPECIALTY WORKSHOP – A variety of classes both skill based and material based will be offered during these workshops. To take full advantage of all classes & material, divide your team members and have them attend different classes.

STAFF TEAMMATE – Each team will be assigned a Staff TeamMate for camp. This staff member will work closely with your team prepping them for evaluations and will focus on helping them accomplish camp goals.

TEAM UP FOR ST. JUDE – Teams are encouraged to participate in the philanthropy program supporting St. Jude Hospital by filling out fundraising letters.

TECHNIQUE WORKSHOP – Dancers will focus on a variety of technical skills and across floor combinations. A variety of levels will be offered.

UNITY GAMES – Team bonding time and team building activities designed to unite your team!