

2019 USA DANCE

1-DAY HOME SCHEDULE



CAMP LOCATION: _____ DATE(S): _____

DAY 1

12:00 PM	-	12:30 PM	Introduction & Warm-up
12:30 PM	-	1:15PM	Technique
1:15 PM	-	2:30 PM	Routine A
2:30 PM	-	3:00 PM	TeamMaker Workshop
3:00 PM		3:30 PM	Break
3:30 PM	-	4:45 PM	Camp Dance
4:45 PM	-	6:00 PM	Routine A/Camp Dance Review & Wrap Up

Style Preference List

ROUTINE A:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

** In order to design a program that specifically meets your needs, please indicate the routine you would like to have take place during the designated hours.*

2019 USA DANCE

2-Day Home Camp Schedule



CAMP LOCATION: _____ DATE(S): _____

DAY 1

12:00 PM - 12:45 PM Warm-ups
 12:45 PM - 1:45 PM Routine A (Session 1) *
 1:45 PM - 2:45 PM Routine B (Session 1) *
 2:45 PM - 3:15 PM Break
 3:15 PM - 4:15 PM Technique I
 4:15 PM - 5:45 PM Camp Dance
 5:45 PM - 6:00 PM Routine Review
 6:00 PM - 6:30 PM TeamMaker Workshop

DAY 2

9:00 AM - 9:30 AM Warm-ups
 9:30 AM - 10:30 AM Routine A (Session 2) *
 10:30 AM - 11:30 AM Routine B (Session 2) *
 11:30 AM - 12:30 PM Choose Your Challenge
 12:30 PM - 1:30 PM Lunch Break
 1:30 PM - 2:45 PM Technique II
 2:45 PM - 3:30 PM Routine Review
 3:30 PM - 4:00 PM Performance of Routines
 Closing Ceremonies

Style Preference List

ROUTINE A:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

ROUTINE B:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

** In order to design a program that specifically meets your needs, please indicate the routine style you would like taught during the designated hours.*



2018 USA DANCE

3-Day Home Camp Schedule



CAMP LOCATION: _____ DATE(S): _____

DAY 1

12:00 PM	-	12:45 PM	Warm-ups
12:45 PM	-	1:45 PM	Routine A (Session 1) *
1:45 PM	-	2:45 PM	Routine B (Session 1) *
2:45 PM	-	3:15 PM	Break
3:15 PM	-	4:15 PM	Technique I
4:15 PM	-	5:15 PM	Routine C (Session 1) *
5:15 PM	-	6:30 PM	Camp Dance

DAY 2

9:00 AM	-	9:30 AM	Warm-ups
9:30 AM	-	10:30 AM	Routine A (Session 2) *
10:30 AM	-	11:30 AM	Routine B (Session 2) *
11:30 AM	-	12:30 PM	TeamMaker Workshop
12:30 PM	-	1:30 PM	Lunch Break
1:30 PM	-	2:45 PM	Technique II
2:45 PM	-	3:45 PM	Routine C (Session 2) *
3:45 PM	-	4:00 PM	Routine Review

DAY 3

9:00 AM	-	9:30 AM	Warm-ups
9:30 AM	-	10:30 AM	Routine A (Session 3) *
10:30 AM	-	11:30 AM	Routine B (Session 3) *
11:30 AM	-	12:30 PM	Routine C (Session 3) *
12:30 PM	-	1:30 PM	Lunch Break
1:30 PM	-	2:45 PM	Choose Your Challenge
2:45 PM	-	3:30 PM	Routine Review
3:30 PM	-	4:00 PM	Performance of Routines Closing Ceremonies

Style Preference List

ROUTINE A:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

ROUTINE B:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

ROUTINE C:

- Jazz
- Hip-Hop
- Contemporary
- Lyrical
- Character Dance
- Stylized Jazz
- Dance/Pom
- Military
- Kick
- Dance/Drill

* In order to design a program that specifically meets your needs, please indicate the routine style you would like taught during the designated hours.

