

USA High School Spirit Divisions for 2018-2019

See end of grid for information regarding division splits by team size

Show Cheer -- Advanced			
Freshman	• 9th Grade	• Female/Male	• 6 - 36 Members
Junior Varsity	• 9th - 12th Grade	• Female (0-1 Male)	• 6 - 36 Members
Co-Ed Junior Varsity	• 9th - 12th Grade	• Female (2+ Males)	• 6 - 36 Members
Varsity	• 9th - 12th Grade	• Female (No Males)	• 6 - 36 Members
Small Co-Ed Varsity	• 9th - 12th Grade	• Female (1 - 4 Males)	• 6 - 36 Members
Large Co-Ed Varsity	• 9th - 12th Grade	• Female (5+ Males)	• 6 - 36 Members
Show Cheer Non-Tumbling -- Advanced and Novice **New Level Split**			
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 6 - 36 Members
Varsity	• 9th - 12th Grade	• Female (0-1 Male)	• 6 - 36 Members
Co-Ed Varsity	• 9th - 12th Grade	• Female (2+ Males)	• 6 - 36 Members
Show Cheer -- Intermediate			
Freshman	• 9th Grade	• Female/Male	• 6 - 36 Members
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 6 - 36 Members
Varsity	• 9th - 12th Grade	• Female (0-1 Male)	• 6 - 36 Members
Co-Ed Varsity	• 9th - 12th Grade	• Female (2+ Males)	• 6 - 36 Members
Show Cheer -- Novice			
Freshman	• 9th Grade	• Female/Male	• 6 - 36 Members
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 6 - 36 Members
Varsity	• 9th - 12th Grade	• Female (0-1 Male)	• 6 - 36 Members
Co-Ed Varsity	• 9th - 12th Grade	• Female (2+ Males)	• 6 - 36 Members
Song/Pom -- Advanced			
Freshman	• 9th Grade	• Female/Male	• 4 - 24 Members
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Song/Pom -- Intermediate			
Freshman	• 9th Grade	• Female/Male	• 4 - 24 Members
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Song/Pom -- Novice			
Freshman	• 9th Grade	• Female/Male	• 4 - 24 Members
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Song/Jazz **			
Junior Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Varsity	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Mascot			
Mascot	• 9th - 12th Grade	• Female/Male	• 1 - 10 Members
Pep Flag			
Pep Flag -- 1 Flag	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Pep Flag -- 2 Flags	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Pep Flag -- Novice			
Pep Flag -- 2 Flags	• 9th - 12th Grade	• Female/Male	• 4 - 24 Members
Crowdleader® Teams			
Crowdleader Teams	• 9th - 12th Grade	• Female/Male	• 6+ Members
Group Stunt			
Group Stunt - Intermediate	• 9th - 12th Grade	• All Female or All Male	• 4 - 5 Members
Group Stunt - Advanced	• 9th - 12th Grade	• All Female or All Male	• 4 - 5 Members

The United Spirit Association reserves the right to add, delete, combine and/or split divisions in the interest of competition.

All male teams will compete in the appropriate co-ed division, if offered.

See grid below for division splits by team size:

Small Junior Varsity Show Cheer	• 6 - 16 Members
Large Junior Varsity Show Cheer	• 17 - 36 Members
Small Varsity Show Cheer	• 6 - 12 Members
Medium Varsity Show Cheer	• 13 - 16 Members
Large Varsity Show Cheer	• 17 - 20 Members
Super Varsity Show Cheer	• 21 - 36 Members

Show Cheer divisions will be split by size once there are 10 teams (Non-Nationals)/20 teams (Nationals) in the division. There must be at least 3 teams in each division once a split occurs to keep the divisions separated by size.

See grid below for division splits by team size:

Small Junior Varsity Song/Pom	• 4 - 7 Members
Large Junior Varsity Song/Pom	• 8 - 24 Members
Small Varsity Song/Pom	• 4 - 7 Members
Medium Varsity Song/Pom	• 8 - 11 Members
Large Varsity Song/Pom	• 12 - 24 Members
Small Junior Varsity Song/Jazz	• 4 - 7 Members
Large Junior Varsity Song/Jazz	• 8 - 24 Members
Small Varsity Song/Jazz	• 4 - 7 Members
Large Varsity Song/Jazz	• 8 - 24 Members

Song divisions will be split by size once there are 10 teams (Non-Nationals)/ 20 teams (Nationals) in the division. There must be at least 3 teams in each division once a split occurs to keep the divisions separated by size.

**To compete in the Varsity Song/Jazz division, the school must compete at the same competition in the Varsity Song/Pom division.

**To compete in the JV Song/Jazz division, the school must compete at the same competition in the JV Song/Pom division.