2016 COLLEGE CHEERLEADING AND DANCE TEAM NATIONAL CHAMPIONSHIP

- 1. The competition is open to all colleges, universities, and junior colleges in the country.
- 2. Individuals may not represent more than one team at the National Championship.
- 3. CHEER TEAMS
 - a. Cheer Teams may not exceed sixteen (16) members, with the exception of All Girl Divisions. All Girl Divisions may not exceed twenty (20) female team members.
 - b. Large Coed Divisions will be limited to a maximum number of nine male participants for the National Championship.
 - c. DIVISIONS-There are NINE separate competitive cheer divisions:
 - Large Coed Divisions
 - 1. Division IA (NCAA I FBS)
 - 2. Division I (NCAA I FCS)
 - 3. Division II (NCAA II)
 - 4. Open Coed (Division III, Jr. Colleges, NAIA and all other schools)
 - Small Coed Divisions
 - 1. Small Coed I 4 males or less (Division IA [NCAA I FBS] & Division I [NCAA I FCS] schools)
 - 2. Small Coed II 4 males or less (Division II, Jr. Colleges, NAIA and all other schools) <u>All Girl Divisions</u>
 - 1. All Girl IA (Division IA [NCAA I FBS] schools)
 - 2. All Girl I (Division I [NCAA I FCS] schools & Division II)
 - 3. Open All Girl (Division III, Jr. Colleges, NAIA and all other schools)
- 4. DANCE TEAMS
 - a. DIVISIONS-There are THREE separate competitive dance divisions:
 - 1. Division IA Universities with NCAA Division IA football programs (Football NCAA I FBS)
 - 2. Division I NCAA Division I schools (Football NCAA I FCS)
 - 3. Open NCAA Divisions II, NAIA, Junior Colleges, and all other schools
 - b. Team size may not have less than (8) members and may not exceed sixteen (16) members.
 - c. Teams who participate in the National Championship in Orlando will have the opportunity to compete in 2 of the 3 categories (Jazz, Pom and / or Hip Hop). Teams who choose to enter two categories must have at least 10 of the same team members perform in both routines. Teams who compete in 2 categories must have the same number of dancers in both routines. All teams competing in the National Championship will begin in the semifinals of their categories. NO teams will automatically advance to the final round of competition.

2016 BID PROCESS

Bids will be grouped in three distinct categories; Tier I, Tier II and Tier III. Bids must remain in the division in which they are awarded. These new bid packages are as follows:

- **Tier I** Teams receiving these bids will be provided a \$5,000.00 credit toward the College Championship Travel Package. In addition, teams will also receive their transportation to Orlando for 16/20 participants (depending on the division) and one Advisor/Coach. Teams must attend an overnight a UCA/UDA College Spirit Camp with at least 16/20 (depending on the division) participants. Teams that change divisions after being awarded a Tier I bid will forfeit their transportation portion of the Tier I Bid.
- **Tier II** Teams receiving these bids will be provided a \$5,000.00 credit toward the College Championship Travel Package. Teams must attend an overnight a UCA/UDA College Spirit Camp with at least 16/20 (depending on the division) participants. Teams that change divisions after being awarded a Tier II bid will forfeit \$2500 of the Tier II Bid.
- **Tier III** Teams receiving these bids will be provided a \$1,700.00 credit towards the College Championship Travel Package. Teams must attend either an overnight a College Spirit Camp or a UCA/UDA College Spirit Home Camp with at least 16/20 participants. Teams that change divisions after being awarded a Tier III bid will forfeit \$850 of the Tier III Bid.

Bids have been awarded to teams based on each division's final results.

Dance: Due to Dance Team's entering multiple categories, each team can only receive one "bid" and will be awarded their highest level bid. Bids will not be passed down.

For more information on the 2016 College Cheerleading and Dance Team National Championship go to **uca.varsity.com or uda.varsity.com**

2016 WORLD UNIVERSITY CHEERLEADING CHAMPIONSHIPS

- All 2016 College Cheerleading and Dance Team National Championship teams are eligible (schedule pending) to compete against the best non-USA universities and equivalent institutions.
- There will be an additional charge of \$10 per participant if you decide to compete.
- All United States teams must pre-register.
- College Cheerleading and Dance Team National Championship score sheets, rules and regulations will also be used for the World University Championships for easy United States participation (Cheer Team Crowd Highlight / Dance Team spirit scores will be waived for all 2016 World Championships Teams, 85 points total)
- Cheer Divisions
 1. All Girl Team Cheer
 - 2. Small Coed Team Cheer
 - 3. Large Coed Team Cheer
- Dance Divisions
- 1. Team Cheer Pom 2. Team Cheer Hip Hop
- 3. Dance Team Doubles Pom (2 members)
- 4. Dance Team Doubles Hip Hop (2 members)

Note: Dance Teams Doubles- please refer to cheerunion.org for specific score sheet and details.

- Division placements will be awarded in each World Championship division.
- World Nations Rankings will also be awarded to top teams.

COLLEGE CHEERLEADING AND DANCE TEAM NATIONAL CHAMPIONSHIP ELIGIBILITY

- 1. All team members must be registered full time students of their college or university and official members of the school's spirit squad (no Club Teams).
- Transcripts or a notarized letter from the Dean of Students or registrar's office will have to be submitted upon registering for the National Championship for the fall semester.
 DOCUMENTATION OF FULL TIME STATUS MUST NOT BE DATED ANY EARLIER THAN DECEMBER 1, 2015. Teams violating this rule could forfeit their titles and be prohibited from entering the competition the following year. For any clarification on these rules please call 1-888-CHEERUCA or 1-800-DANCEUDA.
- 3. Any interpretations or decision of eligibility for the 2016 College Cheerleading and Dance Team National Championship will be rendered by the Rules Committee, which will consist of the Tournament Director, the UCA/UDA College Program Director and one other UCA/UDA official appointed by the Tournament Director. The Rules Committee will render a judgment in a manner consistent with the general goals of the tournament.
- 4. It is understood that teams participating in the College Cheerleading and Dance Team National Championship will not knowingly and willingly participate in any other event promoted as a "national championship" or "international championship" for the 2015-2016 school year (Exception: USA National Championship). Teams who do not adhere will automatically be disqualified from the 2016 Championship and will forfeit the opportunity to participate in the tournament the following year.

2015 VARSITY BRANDS COLLEGE CHEER AND DANCE CHAMPIONSHIPS

- 1. Any university or college competing in a Varsity College National Championship shall not permit a student-athlete to represent their school unless the student-athlete meets all applicable eligibility requirements, and the coach and program administrative supervisor has certified the student-athlete's eligibility.
- 2. A student-athlete may only represent ONE (1) school in a National Championship competition for each academic year. For example, a student-athlete may not compete for one school in January, transfer and compete for another school in April.
- 3. At the Junior College level, any student-athlete will only be eligible to compete in a **maximum of three (3)** National Championships during the course of his/her college career.
- 4. A student-athlete can be a part of the institution's cheer / dance spirit squad but will only be allowed to compete for a **maximum of five (5)** National Championships during the course of his/her college career, regardless of the number of universities or colleges they have attended.
- 5. A student-athlete may not compete in more than **five** (5) National Championships in combined Junior College and/or 4-year college / university.
- 6. Individual Championships such as Partner Stunt and Group Stunt will follow **five (5)** year eligibility rules.
- 7. An alternate or injured student-athlete that does not take the competition floor will not be perceived as a competing member and will not count towards the maximum of five (5) National Championships.
- 8. This will apply for any student-athlete competing at any one of the Varsity Brands College National Championships (UCA/UDA, NCA/NDA) as well as any other designated College National Championship.
- 9. Verification of eligibility will be required by the school's Registrar's Office and the program's administrative supervisor in addition to the coach. It will be the responsibility of these individuals to verify that all student-provided information and documentation is correct and valid.
- 10. Teams violating this rule could forfeit their titles and rankings as well as be prohibited from entering any other Varsity Brands Championship the following year. For any clarification on these rules, please contact the event producer of the Championship you wish to attend.

Go to uca.varsity.com or uda.varsity.com for Eligibility Frequently Asked Questions

2015 - 2016 COLLEGE CHEERLEADING AND DANCE TEAM NATIONAL CHAMPIONSHIP

IMPORTANT DATES:

Mascot & Stunt Video Entry Deadline

All Mascot and Partner Stunt video entries must be received IN THE UCA/UDA OFFICE by 5:00pm.

Safety Tape Deadline

CHEER - All Tapes of Partner Stunts, Pyramids, Tosses and Tumbling in your Nationals routine must be received IN THE UCA OFFICE by this date.

DANCE – The safety tape for your Dance Routine for Nationals, including all tricks and floor work must be received in THE UDA OFFICE by this date.

NOTE: Please include a CD of your school's fight song if you have not participated at the National Championship prior to 2016. This will be used during the National Championship if your team attends!

UCA Crowd Highlights / UDA Spirit Tape

Your UCA Crowd Highlights / UDA Spirit Tape must be received in THE UCA / UDA OFFICE by this date. The Crowd Highlights and Spirit Tapes will account for 15% of your score at Nationals. Portions of the videos will be shown at the National Championship. This must be submitted by upload to uca.varsity.com or uda.varsity.com – video uploads. Programs with multiple teams must submit two separate entries.

Championship Date

2016 College Cheerleading and Dance Team National Championship

All Videos must be uploaded to UCA.varsity.com / UDA.varsity.com and should be submitted in MP4 or **MOV** files.



December 15, 2015

January 5, 2016

January 15-17, 2016

November 3, 2015

Cheer Teams Crowd Highlights

CROWD HIGHLIGHTS (due Tuesday, January 5, 2016)

Highlights of these tapes will be shown at the National Championship

This portion of your video entry will be due by 5:00pm January 5, 2016. The time limit is one minute & thirty seconds. You may edit this portion of your entry. Here are some tips on getting the best angles and score:

- Film the team so you can actually see them interacting with the crowd. Side angles are also good. Make sure you can see both the cheerleaders and the crowd.
- Show your team using a variety of material (signs, flags or traditional chants or band cheers) to get the crowd motivated.
- All film clips must be from the 2015-2016 school year, and should not include images from summer camp or previous year's activities. Violation of this rule will be subject to one point deduction per occurrence.
- Judging for the crowd segment is based upon the methods and materials being presented by the cheerleaders. You should avoid doing basket tosses and/or elite stunts that are not being used to effectively "lead the crowd".
- In addition to evaluating appropriate and effective crowd leading skills, the traditional role of cheerleaders encouraging the crowd's support of the team will also be considered. The level of actual crowd response will not be the primary criteria for awarding points; rather the methods and materials being presented by the cheerleaders will be judged.
- See the following sample score sheet for further assistance in compiling your team's entry. ٠

CROWD HIGHLIGHT JUDGING SHEET

Community and Campus Involvement / Spirit Raising Techniques

These are examples of squad "spirit raising" by various demonstrations of activities within their campus and local community. These examples are not within game day arena/stadium situations and should include any event that the team participates in that is a nonsporting event, such as parades, pep rallies, alumni performances, pre and post-game events, community service performances, school fundraising events, campus tours or any other "involvement" your team has on campus. This section should be approximately 30 seconds long and include a minimum of four (4) different examples.

Crowd Effective Material

During game and other campus/community examples, are the cheer/chant words easy to follow and is the squad positioned for maximum crowd coverage? Does the material used encourage positive crowd participation? Are signs used and are they easy to read and follow? Are the flags, poms or megaphones effectively used to enhance the material? This section should be approximately 30 seconds long and include a minimum of three (3) different examples.

Effective use of Skills to lead crowd

During game and other campus/community examples, are the team's skills done quickly, are they solid, do they "hit" at the right time? Do they add to the squad's ability to effectively lead the crowd? This section should be approximately 30 seconds long and include a minimum of three (3) different examples.

TOTAL SCORE (15 Points)

The crowd highlights segment counts for 15% of your total score at the National Championship. Crowd tapes must be received by 5:00pm January 5, 2016.

All Videos must be uploaded to UCA.varsity.com / UDA.varsity.com and should be submitted in MP4 or MOV files.

5 Points

5 Points

5 Points

Dance Teams Spirit Tape

SPIRIT TAPE (due Tuesday January 5, 2016)

We are excited to include a "Spirit Tape" in UDA's National Championship scoring. Teams competing at Nationals will submit a tape in early January that will include footage of the dance teams in their main responsibility, supporting their universities. The Spirit Tape Scores will carry over to the scores at College Nationals. There is a possible total of 15 total points to be earned from three sections.

<u>Section One: Community and Campus Involvement</u>- (This section should be approx. 30 seconds long and show a minimum of 3 activities) This includes any event that the dance team participates in that is a non sporting events. This can include parade, pep rallies, community service performances, campus tours or any other "involvement" your dance team has on campus.

<u>Section Two: Halftime/Entertainment</u> (This section should be approx. 30 seconds long and show a minimum of 2 performances) This section will include any performance that is used for entertainment purposes for the University or College. This can include time outs as well as halftime performances. Dance Choreography must compliment and be visual to the audience at the event.

<u>Section Three: Spirit Raising Techniques</u> (This section should be approx. 30 seconds long and show a minimum of 3 activities) This section is based on how well the dance team uses their poms, band, cheerleaders or other actions that can be visible in a stadium or arena on the sidelines.

The Spirit Tape will not be scored on how a crowd "reacts" to the dance teams performances or actions but by how well the dance team executes their performances to entertain the crowd.

The time length of the Spirit Tape should not exceed 1 minute and 30 seconds. Please split the three sections up as evenly as possible between 1:30 to ensure each section has a similar amount of time. This will also give the opportunity for each section to score the full 5 points that it is designated. Please be sure to label each section on the video and show in the order above.

Upload your Spirit Tape to uda.varsity.com. For questions about the Spirit Tape email to <u>cmorris@varsity.com</u>. All Videos must be uploaded by 5:00pm January 5th and should be submitted in MP4 or MOV files.

Spirit Tape Judging Sheet

Community and Campus Involvement (5 Points) (Includes non sporting events, pep rallies, parades, community service, etc)

Halftime/Entertainment (5 Points)

(Include crowd effective material and choreography that is visual to the audience and where the dance choreography complements the event)

Spirit Raising Techniques (5 Points)

(Use of poms, diddys, band, cheerleaders and or any other actions to communicate and entertain the crowd)



PARTNER STUNT RULES & INFO VIDEO ENTRY INFORMATION

The competition is open to all coed and all girl partner stunt groups who are presently registered full time students and members of their school's official 2015-2016 College / University cheerleading squad.

ENTRY INFORMATION

A. Divisions

- 1. Coed Partner Stunt Division must be one male and one female.
- 2. Girls Partner Stunt division may have four female team members.

B. Music and Time Limitations

- All routines must be "Music Only" and performance time may not exceed one minute in length.
- 2. Timing will begin with the first movement, voice, or note of music, whichever comes first.
- 3. There should not be any organized exits or other activities after the official ending of the routine.
- 4. Teams may use an unlimited number of songs in their routine.

PARTNER STUNT SCORING:

STUNTS – 70 POINTS STUNT EXECUTION 20 POINTS Top: Proper Technique, Form, Flexibility, Appearance of Stunts **20 POINTS** Base(s): Proper Technique, Completion of Skills, Minimal Movement **STUNT DIFFICULTY 15 POINTS** Top: Level of Skill, Type and Number of Body Positions, Type of Transitions, Variety Base(s): **15 POINTS** Level of Skill, Type of Transitions, Variety **OVERALL PERFORMANCE – 30 POINTS** TRANSITIONS **10 POINTS** Number of Transitions, Continuous Pace, Flow of Routine, Creativity **OVERALL EFFECT 10 POINTS** Routine Fit to Music, Choreography, Visual Appeal **10 POINTS** SHOWMANSHIP

Excitement Level of Routine, Presentation, Traditional Team Image

TOTAL: 100 POINTS

HOW TO REGISTER

- Submit a one minute, **unedited** video along with a \$25 entry fee per couple/group. Payment must be included with your video entry in order to qualify.
- 2. All Videos must be uploaded to uca.varsity.com and should be submitted in MP4 or MOV files.
- 3. Complete and return the registration from and email to medwards@varsity.com
- 4. Your video and entry fee must be in our office no later than 5:00pm on November 3, 2015 deadline

The top groups in each division will qualify to compete at the Partner Stunt National Championship in Orlando January 15 – 17, 2016.

All Partner Stunt Groups MUST complete the Enclosed Registration Form. Registration form, entry fee and video are due by Tuesday, November 3,

2015.

NOTE:



PARTNER STUNT RULES

GENERAL RULES

- 1. Participants may not represent more than one stunt group.
- 2. Partner groups must begin their routine with both feet on the ground.
- 3. You are required to have a spotter throughout your routine. Spotters will be provided for the National Finals.
- 4. Tumbling into a stunt is allowed. (i.e. back handspring toss to extension).
- 5. Partner Stunt Groups must wear a school uniform for BOTH entry and finals. (No bra tops or shorts). **This INCLUDES spotters.**
- 6. You are required to follow the National Championship Safety Rules and Regulations. All skills that require an additional spotter are allowed; however skills that require two bases to perform are not allowed for coed partner stunt groups.

VIOLATIONS

- 1. Any team in violation of any of the Specific Safety Guidelines or these Rules and Regulations will be assessed a ten (10) point per judge deduction for each violation. This deduction does not apply to violations mentioned above that are designated a lesser point value.
- 2. Any team that does not adhere to the terms and procedures of these "Rules and Regulations" will be subject to deductions and/or disqualification from the competition, will automatically forfeit any right to any prizes or awards presented by the competition, and may also forfeit the opportunity to participate in the competition or the National Championship the following year.

PRIZES AND AWARDS

- 1. Each group will receive a critique of their performance.
- Finalists will have the opportunity to compete in the College Partner Stunt National Championship at the Walt Disney World ® Resort in Florida.
- 3. National Champions will receive Championship medals and trophies.

UCA/UDA COLLEGE CHAMPIONSHIP 6745 Lenox Center Court, Suite 300 Memphis, TN 38115 901-387-4300



2016 COLLEGE MASCOT NATIONAL CHAMPIONSHIP MASCOT ENTRY RULES AND INFO

Mascot Division IA (NCAA I – FBS) – The top four scoring mascots will receive a paid bid and the next SIX highest scoring mascots will receive an at-large bid to pay their own way to compete in Orlando.

Open Mascot – (**Division I [NCAA I – FCS], II, JC and other**) The top scoring mascot will receive a paid bid and the next FOUR scoring mascots will receive an atlarge bid to pay their own way to compete in Orlando.

- 1. The competition is open to all official mascots from all colleges, universities, and junior colleges in the country.
- 2. All Videos must be uploaded to uca.varsity.com and should be submitted in MP4 or MOV files.
- 3. Each entry must include a two minute highlight segment. Please include highlights from school events, games, community activities and/or public appearances, etc. Be sure to follow the judging sheet below to ensure you meet all judging criteria. Schools with more than one student playing the role of the same character may submit tapes together but only one mascot per character may compete in the finals. If both or all want to compete, each mascot must send in separate tapes and will be judged and ranked separately.
- 4. The DVD must not exceed two minutes. No need to use high quality video equipment.
- 5. The use of mini-tramps and /or springboards is prohibited.
- 6. Your video must be uploaded and in our office no later than 5:00pm Tuesday, November 3, 2015.



SAMPLE OF ENTRY JUDGING SCORE SHEET

Overall Character Development	30 points
Game Situations	15 points
Crowd Involvement	15 points
Cheer/Dance/Band Integration	10 points
Community Service	10 points
School Activities (Non-Sporting)	10 points
Overall Impression	10 points

Note: This score will carry over to the National Championship and will count as 50% of your total score!

SAMPLE OF JUDGING SCORE SHEET

Crowd Appeal & Crowd Interaction	15 points
Creativity	10 points
Animation / Enthusiasm	10 points
Prop Usage	10 points
Overall Impression	5 points



MASCOT CHAMPIONSHIP RULES AND REGULATIONS

RULES AND REGULATIONS FOR THE CHAMPIONSHIP

- 1. The competition is open to all mascots that qualified from the video entry preliminaries.
- 2. 50% of the video entry score will carry over for the national finals.
- 3. Each mascot will perform a 1 minute and 30 second skit to music.
- 4. Mascots will have 1 minute to set up and 1 minute to take down their set.
- 5. If a mascot exceeds either time limit, a penalty will be assessed for each violation. Three (3) point deduction for 1-5 seconds over, Five (5) point deduction for 6-10 seconds over and Seven (7) point deduction for 11 seconds and over.
- 6. Mascots may have two assistants to set up and take down props, but you may not use live assistance in your skit.
- 7. Specific Rules for props:
 - a. Mascots are limited to no more than 10 props.
 - b. Each prop may not exceed 36" in height, width or depth and must be able to fit through a standard size (72") double door.
 - c. The bottom of all props, flats and scenery made of wood, metal or PVC type plastic must be padded or taped.
 - d. Too avoid damage to the competition floor, props should be constructed so that they may easily be carried or moved to the performance area.
 - e. All equipment tips on batons, prop rifles, flagpoles, and prop sabres must be padded or taped.
 - f. Clapping hands or poms are considered one prop.
 - g. If any part of your uniform / costume is taken off it must be immediately put down. If you use it in your skit it becomes one of your props.
 - h. Each prop will be measured on Friday January 15th at 12:00pm at Disney's All Star Resort Celebrity Hall.
- 8. Specific Rules for attachments:
 - a. Attachments are temporary extensions to a prop that exceed the original measurement of the prop and are usually used as a special gimmick for a short period of time (a hat box with a hat inside or a bubble gum machine with a piece of bubble gum that comes out).
 - b. Attachments may be smaller or larger than the original prop as long as they do not exceed the maximum size requirements of 36".
 - c. Attachments must remain as part of the original prop in some manner. They may not be removed or used independently.
 - d. Attachments may be fastened with fishing line, hinges, rope, rods, etc. and will be included in the final measurement.
 - e. Attachments may have attachments as long as they do not exceed the original 36" requirement.
- 9. The use of mini-tramps and/ or spring boards is prohibited.
- 10. Tumbling or flipping skills will be allowed off of a prop or over a prop.
- 11. No pyrotechnics, discharge of arms, pressurized canisters, dangerous materials, flammable liquids or animals will be permitted in or around the performance area.
- 12. Electrical (plug-in or battery operated) or compressed air apparatuses, including lights, lasers, and flashcubes (electrical or chemical) will not be allowed.
- 13. Smoke machines will not be allowed.
- 14. The use of powder, dirt or any other airborne substance that lingers in the competition area shall be strictly prohibited.
- 15. Balloons, confetti, dry ice, water guns, motorized devices, fire extinguishers or noise-making devices will not be allowed.
- 16. Mascots may not use Disney themes or dress as Disney characters. UCA also prohibits the use of suggestive, offensive, or vulgar themes that are inappropriate for family audiences.
- 17. Skits should represent good sportsmanship with competing mascots.
- 18. Mascots are responsible for transporting props to and from the competition venue.
- 19. Any violation of the specific Rules and Regulations will result in a 10 point per judge deduction.

Mascot will need to accept their bid to the National Championship no later than November 15, 2015. UCA has the discretion to pass down declined bids to additional mascots when bids are not accepted.

2016 College Cheerleading and Dance Team National Championship January 15-17, 2016

Join America's Most Talented College Cheerleaders and Dancers at UCA/UDA's COLLEGE CHEERLEADING AND DANCE TEAM NATIONAL CHAMPIONSHIP



All TEAMS are assured to have an incredible competition as well as a great time at the world's most magical place. *Walt Disney World* [®] Resort! UCA and UDA are pleased to offer a convenient and discounted travel package to all teams, family member and friends.

Travel Packages include the following:

- Hotel Accommodations on The Walt Disney World ® Resort Property
- A *Walt Disney World* [®] Resort 3 or 4 Day PARK HOPPER Ticket (dates limited from January 11th to January 20th, 2016.
- 3 days admission into the *ESPN Wide World of Sports* [™] Complex
- One Meal voucher to be used for lunch or dinner at any of *The Walt Disney World* [®] Resort Theme Parks
- Roundtrip airport transfers with *Disney's Magical Express* from the Orlando International Airport <u>ONLY</u>
- Airport greeting by the UCA/UDA staff
- Transportation to all championship events
- Private Celebration Party at **Disney's Hollywood Studios** ™, complete with thrilling rides and a DJ!!

SEE YOU THERE!

Travel Package options and online registration will be available on our website after October 1st.

uda.varsity.com 1-800-DanceUDA 1-800-326-2383 uca.varsity.com 1-888-CheerUCA 1-888-243-3782

