



TECHNIQUE CAMP

SAMPLE SCHEDULE

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration	7:00a	<i>Breakfast</i>	7:00a	<i>Breakfast</i>	7:00a	<i>Breakfast</i>
12:15p	J UDA A & B Sneak Peek (Coaches and Captains Only)	8:00a	A/L All-American Meeting	8:00a	A/L All-American Meeting	8:30a	S Warm Up
1:00p	C UDA Camp Kick Off	8:30a	S Warm Up	8:30a	S Warm Up	9:00a	A Quick Review of A and B Routines
1:30p	S Warm Up/Line Dance	9:00a	S Team Technique Class 1 / Open Practice	9:00a	S Team Technique Class 2 / Open Practice	9:30a	E A and B Routine Evaluations
2:00p	A A Routine	9:30a	S Rotate Groups	9:30a	S Rotate Groups	10:45a	Break
3:45p	E Optional Home Routine Walk Through	10:00a	A A Routine Review	10:00a	A A Routine Review	11:00a	A Final Drill Downs
4:45p	E <i>Dinner</i>	10:45a	R NEW Drum Line Live Lunch	10:45a	A B Routine Review	11:30a	R Final Awards
6:15p	E Home Routine Evaluations	11:30a		11:30a	<i>Lunch</i>		
6:55p	R NEW Chant Wars	1:30p	S Leveled Technique (Leaps/Jumps)	1:30p	E All-American Evaluations		
7:25p	A Drill Downs	2:00p	A B Routine	2:00p	S Gatorade Break		
7:45p	B Team Leader / Team Building	3:45p	A Drill Downs	2:15p	A NEW Foundations Class		
8:15p	Announcements	4:15p	<i>Dinner</i>	3:15p	L NEW Power in Performance		
		6:15p	J NEW Athlete Enrichment Class	4:00p	A Drill Downs		
		6:45p	A B Routine Review	4:15p	S Mock Evaluations		
		7:15p	S Leveled Technique (Turns)	4:30p	<i>Dinner</i>		
		7:45p	S Cool Down	6:30p	R CRAZY NIGHT		
		8:00p	B Team Leader / Team Building	7:30p	L Team Leader / Team Building		
		8:30p	Announcements / Optional Open Practice with Coach	7:30p	B Team Leader / Team Building		
				8:00p	UDA All-American Selection / Announcements		
				8:15p	Optional Open Practice with Coach		