



## 3 Day Overnight Camp

### Sample Schedule

		Day 1	Day 2	Day 3
9:00a	Registration	7:00a	<i>Breakfast</i>	7:00a
12:15p	UDA Performance Routine Sneak Peak (Coaches and Captains only)	8:00a	A/L All-American Meeting	8:30a
1:00p	C UDA Camp Kick Off	8:30a	S Warm Up	9:00a
1:30p	S Warm Up/Line Dance	9:00a	S Team Technique Class 1 / Performance Routine Open Practice	9:30a
2:00p	A Performance Routine	9:30a	S Rotate Groups	10:45a
3:30p	E Optional Home Routine Walk Through	10:00a	A Routine	11:00a
4:30p	<i>Dinner</i>	11:45a	<i>Lunch</i>	11:30a
6:15p	W Home Routine Evaluations	1:30p	W All-American Evaluations	
6:50p	A Drill Downs	2:15p	R NEW Drum Line Live	
7:05p	A Performance Routine Review - Staff	3:00p	NEW Power in Performance	
7:15p	A/L Performance Routine Review - Coach	3:30p	NEW Athlete Enrichment Class	
7:35p	B All-American Meeting / Open Practice	4:00p	A Routine Review	
8:05p	UDA Performance Routine Sneak Peak for Day 2 (Coaches and Captains only)	4:30p	<i>Dinner</i>	
8:30p	Announcements	6:30p	R CRAZY NIGHT	
		7:30p	A Drill Downs	
		7:45p	B Team Leader / Team Building	
		8:15p	All-American Selection / Announcements	
		8:30p	Optional 30 Minute Open Practice with Coach	