3 Day Day Camp

Sample Schedule

Day 1			Day 2			Day 3		
8:00a		Registration	8:00a	L	All-American Meeting	8:00a	L	All-American Meeting
8:30a	L	UDA Performance Routine & A Sneak Peek Coaches and Captains Only)	8:30a	S	Warm Up	8:30a	S	Warm Up
8:45a	E	Welcome / Staff Introductions	9:00a	S	Team Technique Class / Open Practice	9:00a	S	Team Technique Class / Open Practice
8:50a	S	Warm Up	9:30a	S	Rotate Groups	9:30a	S	Rotate Groups
9:15a	A	Performance Routine	10:00a	A	A Routine Review	10:00a	A	Performance Routine Review
10:45a	A	Drill Downs	10:30a	A	1 on 1 Coaching / Open Practice	10:30a	A	A Routine Review
11:00a	E	Optional Home Routine Walk Through	11:00a	A	Rotate Groups	11:00a	A	B Routine Review
11:15a		Lunch	11:30a		*Lunch*	11:30a		Mock Evaluations
12:45p	E	Home Routine Evaluations	12:45p	A	B Routine	11:45a		*Lunch*
1:00p	A	A Routine	2:30p	L	B Routine Showcase	1:00p	L/E	All-American Evaluations
2:45p	L	**NEW Drum Line Live**	2:45p	L	**NEW Athlete Enrichment Class**	1:15p	R/C	**NEW Power in Performance**
3:30p	A	Performance Routine Review - Staff	3:15p	A	Drill Downs	2:00p	A	Drill Downs
3:40p	B	Performance Routine Review - Coach	3:30p	R	CRAZY NIGHT	2:15p	A	Quick Review of all Routines
4:00p		Team Leader / Team Building	4:00p	B	Team Leader / Team Building	2:45p	E	Final Evaluations
4:30p	L	Announcements	4:30p		Announcements	3:45p		*Break*
		UDA Sneak Peek for Day 2 (Coaches and Captains Only)				4:00p	A	Final Drill Downs
						4:15p		Final Awards