



2024 Technique Camp Schedule

DAY 1

9:00am Registration
 12:15pm UDA Routine Sneak Peek
 (Coaches and Captains only)
 1:00pm UDA Camp Kick Off
 1:30pm Warm Up/Line Dance
 2:00pm A Routine
 3:45pm Optional Home Routine Walk
 Through
 4:45pm Dinner
 6:15pm Home Routine Evaluations
 6:50pm Game Day Stations
 7:15pm Drill Downs
 7:30pm Team Leader/Team Building
 7:55pm Announcements
 8:00pm UDA Sneak Peek for Day 2
 (Coaches and Captains only)

DAY 2

7:00am Breakfast
 8:00am All-American Meeting
 8:30am Warm Up
 9:00am Team Technique Class 1/Open
 Practice
 9:30am Rotate Groups
 10:00am A Routine Review
 10:45am Tech Connect
 11:30am Lunch
 1:30pm Link Up Seminars
 2:00pm B Routine
 3:45pm Drill Downs
 4:15pm Dinner
 6:15pm Leveled Technique (Leaps/Jumps)
 6:45pm Leveled Technique (Turns)
 7:15pm B Routine Review
 7:45pm Cool Down
 7:55pm Team Leader/Team Building
 8:15pm Announcements/Optional Open
 Practice w/ Coach

DAY 3

7:00am Breakfast
 8:00am All-American Meeting
 8:30am Warm Up
 9:00am Team Technique Class 2/Open
 Practice
 9:30am Rotate Groups
 10:00am A Routine Review
 10:45am B Routine Review
 11:30am Lunch
 1:30pm All-American Evaluations
 2:00pm Gatorade Break
 2:15pm Band Dance Class
 3:00pm The Elements (Pick Two)
 4:00pm Drill Downs
 4:15pm Mock Evaluations
 4:30pm Dinner
 6:30pm CRAZY NIGHT
 7:30pm Team Leader/Team Building
 8:00pm UDA All-American Selection
 Announcements
 8:15pm Optional 30 Minute Open Practice
 w/ Coach

DAY 4

7:00am Breakfast
 8:30am Warm Up
 9:00am Quick Review of A and B Routines
 9:30am A and B Routine Evaluations
 10:45am Break
 11:00am Final Drill Downs
 11:30am Final Awards

