



# 2024 Day Camp Schedule

## DAY 1

- 8:00 am Check In/Registration
- 8:30 am UDA Routine Sneak Peek  
(Coaches and Captains Only)
- 8:45 am Welcome/Staff Introductions
- 8:50 am Warm Up
- 9:15 am Performance Routine
- 10:45 am Drill Downs
- 11:00 am Optional Home Routine Walk  
Through
- 11:15 am Lunch
- 12:45 pm Home Routine Evaluation
- 1:00 pm A Routine
- 2:45 pm Tech Connect
- 3:30 pm Performance Routine Review
- 4:00 pm Team Leader/Team Building
- 4:25 pm Announcements
- 4:30 pm UDA Sneak Peek for Day 2  
(Coaches and Captains Only)

## DAY 2

- 8:00am All American Meeting
- 8:30am Warm Up
- 9:00am Team Technique Class/Open Practice
- 9:30am Rotate Groups
- 10:00am A Routine Review
- 10:30am Performance Routine Private  
Coaching/Open Practice
- 11:00am Rotate Groups
- 11:30am Lunch
- 1:00pm B Routine
- 2:45pm Link Up Seminars
- 3:15pm Drill Downs
- 3:30pm CRAZY NIGHT!
- 4:00 pm Team Leader/Team Building
- 4:30 pm Announcements

## DAY 3

- 8:00 am All American Meeting
- 8:30 am Warm Up
- 9:00am Team Technique Class/Open  
Practice
- 9:30am Rotate Groups
- 10:00am Performance Routine Review
- 10:30am A Routine Review
- 11:00am B Routine Review
- 11:30 am Mock Evaluations
- 11:45am Lunch
- 1:00pm All American Evaluations
- 1:15pm Band Dance Class
- 2:00pm Drill Downs
- 2:15pm Quick Review of all Routines
- 2:45 pm Final Evaluations
- 3:45 pm Break
- 4:00 pm Final Drill Down
- 4:15 pm Final Awards

