



2023 - 2024

Universal Dance Association Competition Divisions



Updated 3/20/2023

REGIONAL SCHOOL DIVISIONS AND CATEGORIES

Elementary	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick
Junior High	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick
Junior Varsity	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick
Varsity - Intermediate*	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop
Varsity	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick

Varsity Divisions will be split at regional competitions if there are more than 10 teams in a category

NDTC SCHOOL DIVISIONS AND CATEGORIES

Junior High	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick
Junior Varsity	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop, High Kick
Varsity - Intermediate*	• Female/Male	5 - 40 members	Pom, Jazz, Hip Hop
Small Varsity	• Female/Male	5 - 11 members	Pom, Jazz, Hip Hop
Medium Varsity	• Female/Male	12 - 15 members	Pom, Jazz, Hip Hop
Large Varsity	• Female/Male	16 - 40 members	Pom, Jazz, Hip Hop
Small Varsity High Kick	• Female/Male	5 - 15 members	High Kick
Large Varsity High Kick	• Female/Male	16 - 40 members	High Kick

SCHOOL TEAM PARTICIPATION

Varsity - Intermediate Divisions will be offered this season with skill restrictions. If you choose to compete in Intermediate you must stay in Intermediate for all categories with the exception of Game Day and Kick. See the full Rules and Regulations for details.

All teams in the Varsity, Junior Varsity or Junior High divisions must be an official school dance team. The Junior Varsity Division is any official school dance team that is recognized by their school as the Junior Varsity or "B" Team. Individuals are NOT permitted to compete in two divisions within the same school (Example: A dancer is not allowed to compete with both a JV and a Varsity team). Individuals are also NOT permitted to compete on two different school teams. (Example: A dancer is not allowed to compete with ABC Junior High and XYZ High School or ABC High School and XYZ High School). Individuals must be enrolled members at their school to participate.

The minimum number of participants a team can have is five (5). There is a forty (40) member maximum number of participants. Teams competing with two routines must stay in the same division, but can have different numbers in both routines. Teams will be able to trade out, remove, or add a designated number of dancers between their 2 categories, based on their division. Teams may continue to trade out dancers and maintain the same number of performers in both routines. Teams who compete in Kick and one other category will follow the rules based on how many dancers they have for their other category (ie Jazz, Pom, and Hip Hop). The breakdown is as follows, and is based on the number of dancers performing:

Team Participants

If you have 5 - 11 members on your team, you may trade out, remove, or add up to two (2) dancers.

If you have 12 - 15 members on your team, you may trade out, remove, or add up to three (3) dancers.

If you have 16 - 40 members on your team, you may trade out, remove, or add up to four (4) dancers.

Dancers may perform with both a school and all star team, but may only do a max of six (6) performances at both a regional and at NDTC. Dancers performing with just an all star team may only perform a max of six (6) times. For example, dancers may do:

A) 4 all star performances and 2 school performances

B) 3 all star performances and 3 school performances (if your school team also participates in game day)

C) 6 all star performances ONLY

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