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## Dear Coaches -

We will be offering open practice at ESPN Wide World of Sports in the Arena warm up rooms on Wednesday, February 1st and Thursday, February 2nd. Practice is first come, first served and availability is limited. You will need to provide your own transportation to ESPN Wide World of Sports. All requests need to be made by Thursday, January 19th at 4:00 pm Central time.

Practice is available on Wednesday, February 1 from 3:00 pm until 9:00 pm. Thursday practice is available from 11 am until 3 pm, 5:00 pm-5:45 pm and 7:30 pm until 9:00 pm. Again, it is a first come, first served and availability is limited.

Teams will have 15 minutes on a warm up floor for each team performance they have. You will request a 2 hour time block and then we will assign you within that time. The final schedule will come out the week of January 23rd.

- Open Practice will be at ESPN Wide World of Sports in the Arena warm up areas. The Complex will be closed so please only go to the AdventHealth Arena.
- Disney will be scanning tickets to get into Open Practice so please bring that with you.
- Please do not arrive at the Complex more than 20 minutes prior to your scheduled open practice time. When you arrive, please go to the Arena and enter on the doors between the two staircases.
- Once your rehearsal is done, please leave the complex within 30 minutes of finishing.

- A head coach must be present with each team. All coaches must have their USA membership wristband to gain access to the practice facility. Only the rostered team and coaches are allowed - Spectators will not be allowed
- Water will not be provided for teams. Please plan to bring a water bottle for each athlete.
- Sound systems will be provided for music, but coaches will be responsible for having any adaptors/dongles.

To reserve a time, please [CLICK HERE](#). Thank you and see you soon!

uda.varsity.com

