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Hi Coaches –

We are so excited to be back in Orlando for the National Dance Team Championship! NDTC is celebrating a milestone birthday as 2023 will mark 40 years since the event's creation. These last 40 years have been filled with memories, champions and getting to watch athletes continue to grow the sport we love so much.

In honor of the 40th anniversary, we wanted to share four fun facts about NDTC that you may not already know!

1. The first National Dance Team Championship was hosted in 1983 at Circus World in Orlando, FL. Talk about a fun location!
2. UDA introduced Hip Hop, originally known as 'funk' in 2003.
3. In 2019, we brought game day to the competition floor with the introduction of Game Day. This division has now expanded to include opportunities for band members and 2023 will be the debut year for Game Day Live at the championship
4. And finally, the NDTC Opening Number! We will be bringing back the Opening Number for this year's event!

What is the Opening Number? Great Question!

The Opening Number is the official kick-off to NDTC and has been a tradition since the founding of the event. Programs/Teams nominate athletes to dance alongside the UDA Staff for a performance that demonstrates the role that dance plays in the lives of so

many young athletes.

The Opening Number also got its namesake from being the opening to the televised ESPN show that will be broadcasted post-event!

WHO: We invite 2 dancers from each school team to participate and 2 dancers from each All Star Division that the program is competing in to participate (Example: All Star program is competing in the Youth, Junior and Senior Divisions (doesn't matter how many routines), they can have 2 Youth dancers, 2 Junior dancer and 2 Senior dancers participate.

WHAT: Dancers will take the floor with members of the UDA Staff to kick-off the ESPN show. Dancers will be sent an email with a small amount of choreography the middle of December to learn prior to arriving in Orlando.

WHEN: Once in Orlando, there will be one rehearsal on Saturday and then we will record for the ESPN show on Sunday. The exact times will be released once the order of competition is out.

WHAT DO WE WEAR: Dancers participating should wear one of your schools uniforms, preferably one with your team name on it during the performance.

We can't wait to see you in Orlando for the 40th Anniversary of the National Dance Team Championship!

Still need to register for the championship? [CLICK HERE](#) for more information!



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