

2023 National Dance Team Championship Game Day Live

Routine Element	Band	Dance Team
Pre-Performance – Band Entrance	Pep Band Members will take the floor and prepare for the start of the performance.	
Band Performance (Up to 60 Seconds)	Pep Bands to play prior to the dance team being called. Pep Band are encouraged to be in the dance performance area for this section but must relocate to the designated band area by the end of the 1 minute section. Please ensure the entrance for the dance team is clear. Only the pep band is scored during this time.	
Dance Team Entrance (Up to 30 Seconds)	Pep Band will play for the entrance of the dance team. Pep Band must remain in the designated band area.	The dance team should demonstrate spirit and enthusiasm while entering the performance floor and continue until the pep band starts playing the Fight Song.
Fight Song (Up to 60 Seconds) This element should reflect your school’s traditional Fight Song. For teams that do not have an official Fight Song, it is recommended to use a second selection of band chant music.	When performing the fight song, the pep band should focus on sound quality, technical accuracy, musicality, and engagement. They should lead the dancers and the crowd with their performance, as well as participate in call-backs, if applicable. Pep Band must remain in the designated band area.	The dancers should showcase skills and choreography that represents the traditional Fight Song that your team performs at games and community events. Teams can choose to incorporate crowd effective skills to enhance the overall effect. Dance teams must remain in the dance performance area.
Spirit Raising (Up to 60 Seconds) This element will follow the Fight Song. There will not be a cue given by the announcer. Teams will choose to perform one of the following elements; Sideline Routine, Stand Routine, or Drum Cadence.	The pep band should provide a cadence or spirited music that reflects a game day environment where dancers can incorporate visual movements and crowd involvement. Pep Band must remain in the designated band area.	The dancers should focus on crowd effectiveness, creative movements such as level changes or ripples, and execution of the material. The dance team should showcase a clear ability to engage and lead the crowd. Dance teams must remain in the dance performance area.
Performance Routine (Up to 60 Seconds) The final element should be a routine that would typically be performed during a timeout or halftime and is designed for crowd entertainment. This routine can be in any style or mix of styles and should incorporate both groups.	The pep band should provide music that is upbeat, engaging, and reflects a game day environment. Pep bands are encouraged to move into the dance performance area and be incorporated in formations with the dance team to enhance the overall visual appeal.	The dancers should focus on creative choreography such as routine staging and visual elements, execution of the material, and overall entertainment value.
Dance Team Run Off (Up to 30 Seconds)	The pep band has 30 seconds to play original, spirited music while the dance team exits the competition floor. Once the piece ends, the pep band may exit. Only the pep band is scored during this time.	The dance team exits the performance area.

*All music must be played by the Band. Pre-recorded music will not be allowed.

*The Pep Band may consist of ONLY handheld or harnessed instruments. Pep Bands will be limited to 40 total band members. Teams may place those members to the side or back with a maximum of 20 members in each location. The band designated area will consist of approximately 54 feet wide by 5 feet deep on the back side (behind the dance performance area) and 10 feet wide by 40 feet deep on both sides (outside the dance performance area).

*The Dance Team will be limited to 40 total dance members. The dance team performance space will consist of 10 panels of marley floor, each panel approximately 5 feet 3.5 inches wide making the full floor approximately 53.5 x 53.5.

