

COLLEGE

SPIRIT CAMPS

Four Day Overnight Camp Sample Schedule

**Schedule below is a sample of class offerings. All College Spirit Camps are customized to the teams' needs. *Depending on dinner times at different locations and size of camp, home routine walkthrough could happen before dinner for those teams participating in the home routine competition.*

Day 1

- 1:00 Opening Demo/Staff Intros
- 1:45 Spirit Program Game Day Class: Timeout
- 2:00 Dance travels to facility
- 2:15 Dance Gameday Class: Finish Timeout
- 2:45 Preview "A" Routines
- 3:00 "A" Routines
- 4:30 Dinner
- 5:45 *Home Routine Walk Through
- 6:15 Home Routine Competition
- 6:45 Game Day Explanation/Preview Performance Routines
- 7:00 Game Day Class: Game Situation (Sideline & Review Timeout)
- 7:30 Game Day Class: Performance Routines
- 8:00 Team Leader
- 8:15 Announcements/Dismissal

Day 2

- 7:00 Breakfast
- 8:30 Warm up / Preview "B" Routines
- 9:00 "A" Routine Review
- 9:30 "B" Routines
- 11:00 Gameday Class: PR Review
- 11:30 Lunch
- 1:00 Preview "C" Routines
- 1:15 "C" Routines
- 2:45 Assign Team Technique Teams
- 3:00 Team Technique Class / Open Practice
- 3:45 Rotate Groups
- 4:30 Team Leader
- 4:45 Dinner
- 6:30 Master Class
- 8:00 Dismissal

Day 3

- 7:00 Breakfast
- 8:30 Warm up
- 8:45 Skill Stations
- 9:30 "B" Routine Review
- 10:00 "C" Routine Review
- 10:30 "B" and "C" Routine Showcase
- 11:00 Spirit Program Eval – Travel to Cheer
- 12:00 Lunch
- 1:45 "A" Routine Review
- 2:00 "A" Routine Evaluations
- 2:40 Recap Gameday Evals
- 2:50 Assign Game Day Private Coaching Groups
- 3:00 Gameday Private Coaching Group A
- 3:30 Rotate Groups
- 3:35 Gameday Private Coaching Group B
- 4:05 Team Leader
- 4:20 Final Announcements/Dismissal
- 4:30 Dinner

Day 4

- 7:00 Breakfast
- 8:30 Gameday Open Practice
- 9:15 Final Game Day Evals
- 10:30 UDA Final Awards
- 11:00 Final Awards with UCA

