



Universal Dance Association

NDTC Virtual Competition Divisions

SPIRIT

Updated 3/12/2021

We know that there are a variety of situations for teams and want to be able to accommodate as many of them as we can. Teams wishing to compete in the NDTC Virtual National Championship Divisions must have pre-approval to participate and be eligible to compete. All Teams must submit a letter on school letterhead from your school administrator for approval. Please include in the letter your school name, city, state, camp where qualified, coaches name, and why you are unable to attend the NDTC in person. Please submit all letters to NDTC@varsity.com.

NDTC SCHOOL VIRTUAL DIVISIONS AND CATEGORIES

Junior High	• Female/Male	7 or more	Pom, Jazz, Hip Hop, High Kick
Junior Varsity	Female/Male	7 or more	Pom, Jazz, Hip Hop, High Kick
Small Varsity	Female/Male	7-14 members	Pom, Jazz, Hip Hop
Large Varsity	Female/Male	15 or more	Pom, Jazz, Hip Hop
Varsity High Kick	• Female/Male	7 or more	High Kick
NDTC GAME DAY VIRTUAL DIVISIONS AND CATEGORIES			
Junior High Game Day	• Female/Male	7 or more	Game Day
Junior Varsity Game Day	• Female/Male	7 or more	Game Day
Small Varsity Game Day	• Female/Male	7-14 members	Game Day
Large Varsity Game Day	Female/Male	15 or more	Game Day
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SCHOOL TEAM PARTICIPATION

All teams in the Varsity, Junior Varsity or Junior High divisions must be an official school dance team. The Junior Varsity Division is any official school dance team that is recognized by their school as the Junior Varsity or "B" Team. Individuals are NOT permitted to compete in two divisions within the same school (Example: A dancer is not allowed to compete with both a JV and a Varsity team). Individuals are also NOT permitted to compete on two different school teams. (Example: A dancer is not allowed to compete with ABC Junior High and XYZ High School or ABC High School and XYZ High School).

Teams will be able to trade out, remove, or add a designated number of dancers between their 2 categories, based on their team size. Teams may continue to trade out dancers and maintain the same number of performers in both routines. Teams who compete in Kick and one other category will follow the rules based on how many dancers they have for their other category (ie Jazz, Pom, and Hip Hop). The breakdown is as follows, and is based on the number of dancers performing.

Teams with 7-11 athletes may trade out, remove, or add up to two (2) dancers. Teams with 12-15 athletes may trade out, remove, or add up to three (3) dancers. Teams with 16 or more athletes may trade out, remove, or add up to four (4) dancers. Junior High and Junior Varsity teams will follow the breakdown based on number of dancers performing as previously listed.

Dancers may perform in up to two performances between Pom, Jazz, Hip Hop and Kick. Teams can add Game Day as a 3rd performance in the NDTC Virtual National Championship Divisions.

1-800-DANCEUCA uda.varsity.com