



2020 Virtual Camp Schedule

DAY 1

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|----------|--------------------------|
| 8:45 am | Coaches Check In |
| 9:00 am | Staff Intros/Ice Breaker |
| 9:15 am | Warm Up |
| 9:45 am | Routine Review 1 |
| 10:45 am | Team Technique |
| 11:30 am | Teambuilding |
| 12:00 pm | Dismissal |

DAY 2

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|----------|------------------|
| 9:00 am | Warm Up |
| 9:30 am | Routine Review 2 |
| 10:30 am | Team Technique |
| 11:00 am | Routine Review 3 |
| 12:00 pm | Dismissal |

DAY 3

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|----------|-------------------------------|
| 9:00 am | Warm Up |
| 9:30 am | Game Day SZN |
| 10:00 am | Routine Review 4 |
| 11:00 am | Team Technique |
| 11:30 am | Quick Review/Routine Showcase |
| 12:00 pm | Dismissal |

