



2020

Virtual Camp Schedule

- 8:45 am - Coaches Check In**
- 9:00 am – Staff Intro/Ice Breaker**
- 9:15 am – Warm Up**
- 9:30 am – Routine Review 1**
- 10:30 am – Team Technique**
- 11:15 am – Game Day SZN**
- 11:45 am – Teambuilding**
- 12:00 pm - Dismissal**

