



2020 Home Camp Schedule

DAY 1

DAY 2

DAY 3

DAY 4

ONE DAY HOME CAMP

12:00 Warm Up
12:30 Technique Class
1:30 A Routine
3:00 Snack Break/Camp Store
3:30 B Routine
5:00 Drill Downs
5:15 A Routine Review
5:45 B Routine Review
6:15 Game Day SZN
6:45 Teambuilding
7:00 Dismissal





2020 Home Camp Schedule

DAY 1

DAY 2

DAY 3

DAY 4

TWO DAY HOME CAMP

DAY 1

12:00 Warm Up
12:30 Technique Class
1:30 A Routine
3:00 Snack Break/Camp Store
3:30 B Routine
5:00 Drill Downs
5:15 A Routine Review
5:45 B Routine Review
6:15 Game Day SZN
6:45 Team Leader/Team Building
7:00 Dismissal/Optional All American Meeting

DAY 2

9:00 Warm Up
9:15 A Routine Review
9:30 B Routine Review
10:00 Technique Class
10:45 C Routine
12:15 Lunch Break
1:15 C Routine Review
2:00 Team Building
2:30 Drill Downs
2:45 #squadgoals
3:15 All American Evaluations
3:30 Final Evaluations
4:00 Final Awards
4:15 Dismissal/Camp Store





2020 Home Camp Schedule

DAY 1	DAY 2	DAY 3	DAY 4
THREE DAY HOME CAMP			
DAY 1 12:00 Warm Up 12:30 Technique Class 1:30 A Routine 3:00 Snack Break/Camp Store 3:30 B Routine 5:00 Drill Downs 5:15 A Routine Review 5:45 B Routine Review 6:15 Team Leader/Team Building 6:30 Dismissal/Optional All American Meeting	DAY 2 9:00 Warm Up 9:15 A Routine Review 9:30 B Routine Review 10:00 Technique Class 10:45 C Routine 12:15 Lunch Break/Camp Store 1:15 #squadgoals 2:00 C Routine Review 2:30 Game Day SZN 3:00 Team Building 3:30 Drill Downs 3:45 Team Leader/Team Building 4:00 Dismissal/Review All American Routine	DAY 3 9:00 Warm Up 9:15 A Routine Review 9:30 B Routine Review 9:45 C Routine Review 10:15 Break 10:30 D Routine 11:30 Lunch Break 1:00 Technique Class 2:00 D Routine Review 2:30 Drill Downs 2:45 Break 3:00 All American Evaluations 3:15 Final Evaluations 3:45 Final Awards 4:00 Dismissal/Camp Store	





2020 Home Camp Schedule

DAY 1

DAY 2

DAY 3

DAY 4

FOUR DAY HOME CAMP

DAY 1

12:00 Warm Up
12:30 Technique Class
1:30 A Routine
3:00 Snack Break/Camp Store
3:30 B Routine
5:00 Drill Downs
5:15 A Routine Review
5:45 B Routine Review
6:15 Team Leader/Team Building
6:30 Dismissal/Optional All American Meeting

DAY 2

9:00 Warm Up
9:15 A Routine Review
9:30 B Routine Review
10:00 Technique Class
10:45 C Routine
12:15 Lunch Break/Camp Store
1:15 #squadgoals
2:00 C Routine Review
2:30 Game Day SZN
3:00 Teambuilding
3:30 Drill Downs
3:45 Team Leader/Team Building
4:00 Dismissal/Review All American Routine

DAY 3

9:00 Warm Up
9:15 A Routine Review
9:30 B Routine Review
9:45 C Routine Review
10:15 #squadgoals
10:45 D Routine
11:45 Lunch Break
1:00 Technique Class
2:00 D Routine Review
2:30 Drill Downs
2:45 Team Building
3:15 Team Leader/Camp Store
3:30 Dismissal/Review All American Routine

DAY 4

9:00 Warm Up
9:15 Technique Class
10:00 A Routine Review
10:15 B Routine Review
10:30 C Routine Review
10:45 D Routine Review
11:00 All American Evaluations
11:15 Final Evaluations
11:45 Final Awards
12:00 Dismissal/Camp Store



