



2019 - 2020

Universal Dance Association  
All Star Dance Team Divisions



**ALL STAR DIVISIONS AND CATEGORIES**

|                          |                        |                    |                         |           |
|--------------------------|------------------------|--------------------|-------------------------|-----------|
| <b>Tiny</b>              | • 4 years to 6 years   | 4 or more dancers  | • N/A                   | 31-Aug-19 |
| <b>Mini Small</b>        | • 5 years to 9 years   | 4 - 14 dancers     | • 0 males               | 31-Aug-19 |
| <b>Mini Large</b>        | • 5 years to 9 years   | 15 or more dancers | • 0 males               | 31-Aug-19 |
| <b>Mini Coed</b>         | • 5 years to 9 years   | 4 or more dancers  | • male(s) and female(s) | 31-Aug-19 |
| <b>Mini Male</b>         | • 5 years to 9 years   | 4 or more dancers  | • 0 females             | 31-Aug-19 |
| <b>Youth Small</b>       | • 8 years to 12 years  | 4 - 14 dancers     | • 0 males               | 31-Aug-19 |
| <b>Youth Large</b>       | • 8 years to 12 years  | 15 or more dancers | • 0 males               | 31-Aug-19 |
| <b>Youth Coed</b>        | • 8 years to 12 years  | 4 or more dancers  | • male(s) and female(s) | 31-Aug-19 |
| <b>Youth Male</b>        | • 8 years to 12 years  | 4 or more dancers  | • 0 females             | 31-Aug-19 |
| <b>Junior Small</b>      | • 10 years to 15 years | 4 - 14 dancers     | • 0 males               | 31-Aug-19 |
| <b>Junior Large</b>      | • 10 years to 15 years | 15 or more dancers | • 0 males               | 31-Aug-19 |
| <b>Junior Coed</b>       | • 10 years to 15 years | 4 or more dancers  | • male(s) and female(s) | 31-Aug-19 |
| <b>Junior Male</b>       | • 10 years to 15 years | 4 or more dancers  | • 0 females             | 31-Aug-19 |
| <b>Senior Small</b>      | • 12 years to 18 years | 4 - 14 dancers     | • 0 males               | 31-Aug-19 |
| <b>Senior Large</b>      | • 12 years to 18 years | 15 or more dancers | • 0 males               | 31-Aug-19 |
| <b>Senior Small Coed</b> | • 12 years to 18 years | 4 - 14 dancers     | • male(s) and female(s) | 31-Aug-19 |
| <b>Senior Large Coed</b> | • 12 years to 18 years | 15 or more dancers | • male(s) and female(s) | 31-Aug-19 |
| <b>Senior Male</b>       | • 12 years to 18 years | 4 or more dancers  | • 0 females             | 31-Aug-19 |
| <b>Open Elite</b>        | • 14 yrs old and older | 4 - 14 dancers     | • 0 males               | 31-Dec-20 |
| <b>Open Premier</b>      | • 14 yrs old and older | 15 or more dancers | • 0 males               | 31-Dec-20 |
| <b>Open Elite Coed</b>   | • 14 yrs old and older | 4 - 14 dancers     | • male(s) and female(s) | 31-Dec-20 |
| <b>Open Premier Coed</b> | • 14 yrs old and older | 15 or more dancers | • male(s) and female(s) | 31-Dec-20 |
| <b>Open Male</b>         | • 14 yrs old and older | 4 or more dancers  | • 0 females             | 31-Dec-20 |

All Star Teams must have at least 4 members. There is no maximum limit. UDA will adhere to the USASF / IASF guidelines for splitting competition divisions. Please visit [www.usasf.net](http://www.usasf.net) for specific breakdowns.

**AGE REQUIREMENTS**

The age of the competitor as of August 31, 2019 will be the club age used for competition purposes throughout the 2019-2020 season for Tiny, Mini, Youth, Junior, and Senior Age divisions. For Open (International) Divisions, the eligible age for the athletes will be determined by the "calendar year of the competition" (Dec. 31 of the same year that the competition occurs) for its age cut-off date. Athletes that are not 14 on or before December 31, 2019 may not compete with an Open team before November 1, 2019. A calendar year is considered January 1st- December 31st.

Any team, from any country, may enter any USASF Division as long as they abide by the age requirements of that Division. All USASF member athletes MUST be 4 years of age in order to participate.

Junior teams that compete for a bid to the Junior Dance Worlds will follow the age requirements outlined in the application process posted on [USASF.net](http://USASF.net).

**CROSSOVERS**

Dancers may compete in more than one division and / or category as long as they abide by the age restrictions in all divisions in which they compete.

Prep: Dancer(s) may compete in both Prep and Non-Prep categories with the following limitations:

- A: They may not compete in routines in the same category (ex: Dancers may not compete in Youth Hip Hop and Youth Prep Hip Hop).
- B: They may not compete in routines in the same category in a different age division. (ex: Dancers may not compete in Youth Prep Pom and Junior Pom).
- C Jazz and Contemporary/Lyrical ONLY- Dancers may not crossover and compete in Prep and Non-Prep performances in the Jazz and Contemporary/Lyrical categories. (ex: Dancers may not compete in Youth Prep Cont./Lyrical and Youth Jazz).
- D. Dancers may progress from a Prep to a Non-Prep Team in the same category style over time, but may not first compete on a Non-Prep team and later compete on a Prep team in the same style. (Clarification: dancers may only move forward in levels of progression, not backward). (Exception: When only one team is registered in a Prep Division Category the team may move to the Non-Prep category at that particular event without breaking Crossover rules 2b future events).

Dancers may perform with both a school and all star team, but may only do a max of five (5) performances at both a regional and at NDTC. Dancers performing with just an all star team may only perform a max of five (5) times. For example, dancers may do:

- A) 3 all star performances and 2 school performances
- B) 2 all star performances and 3 school performances (if your school team also participates in game day)
- C) 5 all star performances ONLY

1-800-DANCEUCA

[uda.varsity.com](http://uda.varsity.com)