



2020 - 2021

Universal Dance Association
All Star Dance Team Divisions



Division	Target Ages	Birth Year	Gender	Team Size
Tiny	• 4 years to 6 years	2013-2016	• Female/Male	4 - 14 dancers Small / 15+ Large
Mini	• 5 years to 9 years	2010-2015	• Female/Male	4 - 14 dancers Small / 15+ Large
Youth	• 8 years to 12 years	2007-2012	• Female/Male	4 - 14 dancers Small / 15+ Large
Junior	• 10 years to 15 years	2004-2010	• Female/Male	4 - 14 dancers Small / 15+ Large
Senior	• 12 years to 18 years	6/1/2001-2008	• Female/Male	4 - 14 dancers Small / 15+ Large
Open	• 13 years +	On or before 12/31/2007	• Female/Male	6 - 15 dancers Elite / 16-30 Premier
DanceABILITIES	5 years +	On or before 12/31/2012	• Female/Male	No min/max #

UDA will adhere to the USASF / IASF guidelines for splitting competition divisions. Please visit www.usasf.net for specific breakdowns.

AGE REQUIREMENTS

Athletes must be born on or between the dates listed in the "Birth Year" column to be eligible for that particular division. Target Ages represent the typical actual ages for the birth years in each division. Any team, from any country, may enter any division as long as they abide by the age requirements of that Division. Junior teams that compete for a bid to the Junior Dance Worlds will follow the age requirements outlined in the application process posted on USASF.net.

CROSSOVERS

Dancers may compete in more than one division and / or category as long as they abide by the age restrictions in all divisions in which they compete.

Novice / Prep: (All Novice and Prep divisions will perform 1 time only)

A: All category styles will be combined in Novice divisions. All category styles in each Prep Age Division will be combined, unless the Prep splitting rule applies.

B: Dancer(s) may compete in both Novice/Prep and Elite categories. For more information on Novice / Prep go to usasf.net for details.

Dancers may perform with both a school and all star team, but may only do a max of five (5) performances at both a regional and at NDTC. Dancers performing with just an all star team may only perform a max of five (5) times. For example, dancers may do:

A) 3 all star performances and 2 school performances

B) 2 all star performances and 3 school performances (if your school team also participates in game day)

C) 5 all star performances ONLY

NEW: A team's cohort is the group that will travel through warm up and down to the competition area and must be listed on the roster of performers/athletes. Included in this cohort is the team's athletes, coaches, alternates, band members, mascots, etc. The team's cohort may not exceed 50 people. Family and friends are not included in the cohort size and are counted as spectators.

1-800-DANCEUCA

uda.Varsity.com