



One Day Cheer Camp

11:30 AM	REGISTRATION
12:00 PM	Staff Introductions
12:15 PM - C/R	Game Day Live: Cheers and Chants
1:00 PM - E	U-Tine Dance Class
1:45 PM - S	Safety Awareness & Spotting Seminar
2:00 PM - A	Stunt Class #1
2:45 PM - B/L	Beyond U: Squad Credentialing
3:15 PM	Cheer PCH
4:00 PM	Cheer Evals
4:15 PM	Jump Class
4:45 PM	Performance Cheers
5:30 PM - B	Material Review/St. Jude/ Coaches and Captains Goal Setting
6:00 PM	Daily Awards

*** IF CAMP IS AN AM CAMP YOUR CAMP WILL BEGIN AT 9:00 AM AND END AT 4:00 PM AND DONE WITHIN THE SAME TIME INCREMENTS*

NFHS KEY: C-Crowd Leader B-Ambassador R-Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

