

Dance Commuter/Home Camp

. 8:30 AM Registration Opens 9:00 AM "Dance Live" Opening Demo

9:15 AM "The Fan Experience" Field Show Routine ***Coaches Meeting

10:00 AM "Level Up 1" Floor Progressions Tech. **KICKS & TURN PREPS**

10:45 AM **S/R/M** Stand Routines/ Ripples/ Marches

11:15 AM 5th Quarter - S/R/M PCH 11:30 AM 5th Quarter – S/R/M Evals

11:45 AM Mentor Meeting w/ Coaches **Open Practice for Teams** 12:00 PM Lunch 1:00 PM Home Routine Evals

*Show us what you got! 1:30 PM "U" Tine Camp Dance 2:30 PM

Daily Awards

4:00 PM

1

"Level Up 2" Floor Progressions Tech. - TURNS 3:30 PM Mentor Meeting – Beyond U | St. Jude

- Band Dance Dynamics 9:00 AM 9:45 AM HOMECOMING: Game Day Traditions 10:00 AM Style Routine Level 1 Hip-Hop | Jazz | Pom 10:45 AM Purple: Style Routine – PCH Silver: Beyond U – Pep Rally Prep 11:30 AM Purple: Rotate Silver: Rotate 12:15 PM Lunch ** Senior Working Lunch Leadership Training 1:15 PM **Open Practice** Style Routine Evals 1:30 PM
- **T.U.C.E All-American Tryouts** 2:00 PM 2:30 PM Style Routine Level 2 or 3 Hip-Hop | Jazz | Pom | Kick
- 3:15 PM "Wind Down" - Body Cool Down 3:30 PM The Throwback Rally

Beyond U | Daily Awards

4:00 PM

| 9:00 AM | Leadership Class *Team Leaders Only* Warm-Up |
|----------|--|
| 9:15 AM | " <u>Level Up 3"</u> Floor Progressions Tech. ADVANCED LEAPS & TURNS |
| 10:00 AM | Purple: U-Tine PCH Silver: Improv Session |
| 10:45 AM | ROTATE |
| 11:30 AM | Razzle Dazzle Competition |
| 12:00 PM | Lunch |
| 1:00 PM | Open Practice |
| 1:15 PM | U-Tine Evaluations |
| 1:45 PM | Mentor Meeting |
| 2:00 PM | Elective Classes Kick Routine Stand Routines Specialty Classes |
| 3:00 PM | Team Showcase |
| | |

4:00 PM Daily Awards

varsity.com/uce NFHS KEY: C. Crowd Leader B-Ambassador R-Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership