



Dance ELITE Camp

DAY 1

- 8:30 AM Registration Opens
- 9:00 AM "Dance Live" Opening Demo
- 9:15 AM **"The Fan Experience"**
Field Show Routine
****Coaches Meeting*
- 10:00 AM **"Level Up 1"**
Floor Progressions Tech.
KICKS
- 10:45 AM **S/R/M**
Stand Routines/ Ripples/ Marches
- 11:15 AM 5th Quarter – S/R/M PCH
- 11:30 AM 5th Quarter – S/R/M Evals
- 11:45 AM **Mentor Meeting w/ Coaches**
Open Practice for Teams
- 12:00 PM Lunch
- 1:00 PM **Home Routine Evals**
**Show us what you got!*
- 1:30 PM "Style Routine Level 3
Jazz
- 2:30 PM **"Level Up 2"**
Floor Progressions Tech. - TURNS
- 3:30 PM **Mentor Meeting** – Beyond U | St. Jude

DAY 2

- 9:00 AM **"Level Up 3"**
Floor Progressions Tech.
ADVANCED LEAPS & TURNS
- 9:45 AM Style Routine Level 3
Pom
- 10:45 AM **Purple:** Style Routine – PCH
Silver: Beyond U - Leadership Class
- 11:30 AM **Purple:** Rotate
Silver: Rotate
- 12:15 PM Lunch ** *Senior Working Lunch*
Leadership Training
- 1:15 PM Open Practice
- 1:30 PM Style Routine Evals
- 2:00 PM **T.U.C.E All-American Tryouts**
- 2:30 PM Style Routine Level 3
Hip-Hop
- 3:15 PM **"Wind Down" – Body Cool Down**
- 3:30 PM College Prep Routine Breakdown
- 4:00 PM Beyond U | Daily Awards

DAY 3

- 9:00 AM Leadership Class
Team Leaders Only
Warm-Up
- 9:15 AM Style Routine Level 3
Kick Routine
- 10:00 AM **Purple:** Style Routine PCH
Silver: Improv Session
- 10:45 AM ROTATE
- 11:30 AM Razzle Dazzle Competition
- 12:00 PM Lunch
- 1:00 PM Open Practice
- 1:15 PM U-Tine Evaluations
- 1:45 PM **Mentor Meeting**
- 2:00 PM Elective Classes
Kick Routine | Stand Routines | Specialty Classes
- 3:00 PM Team Showcase
- 4:00 PM Daily Awards

