



# 2026 4-Day Stunt Camp (A/B)

CAMP LOCATION & CAMP DATES

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration		Breakfast		Breakfast		Breakfast
12:30p	Coaches' Quick Meet!	8:30a	A Team Leader Check-in / Warmup / Drills for Skills / Material Review & Coaches' Meeting #2	8:30a	A Team Leader Check-in / Warmup / Drills for Skills & Coaches' Meeting #3	8:30a	Optional Open Practice
1:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	9:15a	L Coaches' & Captain's Goal Setting	9:00a	L Senior Social	9:00a	Team Time w/ Team Leader
1:30p	S Safety Awareness & Stunt Qualification w/ Team Leader	9:30a	A/L <b>Group A:</b> Motion Technique Class/Team UCA & Squad Credentialing	9:15a	A <b>Group A:</b> Stunt & Troubleshooting Class #3	9:30a	C/E Cheer Championship
1:45p	S Spotting Seminar		A <b>Group B:</b> Stunt & Troubleshooting Class #2		L/R <b>Group B:</b> Team UCA & FNL Frenzy w/ Game Day Jams! & <i>Optional Coaches' Roundtable</i>		E Stunt Sequence Championship
2:00p	C/E <b>Group A:</b> Motion & Spirit Prop Workshop / Game Day Class: All-American Cheer / Camp Dance & Coaches' Meeting #1	10:30a	<b>Switch Groups</b>	10:15a	<b>Switch Groups</b>		E Camp Routine Championship
	A <b>Group B:</b> Stunt & Troubleshooting Class #1	11:30a	Lunch	11:15a	S Coaches' Stunt Workshop #2 / All-American Setup & Material Review	10:45a	E Squad Credentialing Presentation & Material Showcase - <b>NEW!</b>
3:00p	<b>Switch Groups</b>	1:15p	L/S Captain's Leadership Training & Coaches' Stunt Workshop #1	11:30a	Lunch	11:15a	Senior Recognition Ceremony
4:00p	A Pyramid Class #1	1:30p	C/E Cheer Evaluations	1:30p	L/E <b>Group A:</b> Team Unity / Sideline Stunts & Jump Critique & Timing	11:30a	B Final Awards & Pin it Forward
5:00p	Dinner	2:00p	A Pyramid Class #2		E <b>Group B:</b> Camp Routine Private Coaching		
6:45p	C <b>Group A:</b> Cheer Private Coaching*	2:45p	A <b>Group A:</b> Stunt Sequence Private Coaching	2:30p	<b>Switch Groups</b>		
	A/C/L <b>Group B:</b> Skills & Props / Team UCA		A/B <b>Group B:</b> Stretching, Flexibility / Jump Class & St. Jude	3:30p	A Custom Skills 1:1 Private Coaching - <b>NEW!</b>		
7:30p	<b>Switch Groups</b>	3:30p	<b>Switch Groups</b>	4:00p	B All-American Tryouts		
8:15p	L Material Review & Squad Credentialing	4:15p	Electives*	5:00p	Dinner		
8:30p	Team Leader Meetings & Daily Awards	5:00p	Dinner	6:45p	E Camp Routine Evaluations		
	<i>New Coaches' Q/A</i>	6:45p	L <b>Group A:</b> Squad Leadership Training & Material Review	7:15p	Team Time w/ Team Leader		
			A <b>Group B:</b> Pyramid Private Coaching	7:45p	R <i>Spirit Night!</i>		
		7:30p	<b>Switch Groups</b>	8:15p	B Daily Awards & Pin it Forward		
		8:15p	A Jump Off		<i>Final Coaches' Q/A</i>		
		8:30p	Team Leader Meetings & Daily Awards				

**Cheer Private Coaching:**  
use All-American Cheer or bring material from home\*

**Camp Information**  
**HCM:**  
**HI:**  
**Location:**  
**Dining:**  
**Camp Store:**

**Electives\***  
- Intermediate Division Stunts - **NEW!**  
- Basket Toss Class  
- Tumbling Critique  
- Open Workshop  
- Sideline Stunts  
- Timeout or Hip Hop Dance  
- Additional Material

