



2026 4-Day Non-Building Overnight Camp

CAMP LOCATION & CAMP DATES



Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration		<i>Breakfast</i>		<i>Breakfast</i>		<i>Breakfast</i>
1:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	8:30a	C Team Leader Check-in / Warmup / Game Day Class: Band Chant / Material Review & Coaches' Meeting #2	8:30a	E Team Leader Check-in / Warmup / Game Day Class: Sideline Dances & Coaches' Meeting #3	8:30a	Optional Open Practice
1:30p	C/E Motion & Spirit Prop Workshop, Game Day Class: Sidelines, Camp Dance & Coaches' Meeting #1	9:15a	L Coaches' & Captain's Goal Setting	9:15a	L Senior Social	9:00a	Team Time w/ Team Leader
2:45p	S Safety Awareness w/ Team Leader	9:30a	C/A Group A: Band Chant Setup / Review & Jump Combos	9:30a	A Group A: Jump/Tumble Section Private Coaching	9:30a	E Camp Routine Championship
3:00p	A Stretching, Flexibility & Jump Class		C Group B: Cheer Private Coaching	L/C Group B: Team UCA & Spirit Practice		10:15a	C/E Spirit Championship (Band Chant, Sideline & Cheer)
3:30p	C/A Skills & Props	10:30a	Switch Groups	10:15a	Switch Groups	11:00a	E Squad Credentialing Presentation & Material Showcase - NEW!
4:00p	C Group A: Sideline Private Coaching	11:30a	<i>Lunch</i>	11:00a	A Drills for Skills	11:15a	Senior Recognition Ceremony
	A Group B: Motion Technique Class & Squad Credentialing	1:30p	L Captain's Leadership Training	11:15a	All-American Setup & Material Review	11:30a	B Final Awards & Pin it Forward
4:30p	Switch Groups	1:45p	C/E Sideline & Cheer Evaluations	11:30a	<i>Lunch</i>		
5:00p	<i>Dinner</i>	2:15p	L Squad Leadership Training / Team UCA & Squad Credentialing	1:45p	R Group A: FNL Frenzy w/ Game Day Jams! & <i>Optional Coaches' Roundtable</i>		
6:45p	C Game Day Class: Cheers	3:00p	A/E Tumbling Critique & Camp Routine Private Coaching Prep		E Group B: Camp Routine Private Coaching		
7:45p	L Team UCA	3:45p	E Timeout Dance	2:45p	Switch Groups		
8:00p	B St. Jude	4:30p	A Sideline Skills	3:45p	C/E Spirit Private Coaching		
8:15p	Material Review	5:00p	<i>Dinner</i>	4:30p	B All-American Tryouts		
8:30p	Team Leader Meetings & Daily Awards	6:45p	Electives*	5:00p	<i>Dinner</i>		
	<i>New Coaches' Q/A</i>	7:30p	Team Time w/ Team Leader	6:45p	E Camp Routine Evaluations		
		8:00p	Material Review	7:15p	L Team Unity & Squad Credentialing		
		8:15p	A Jump Off	7:45p	Gatorade Break & Team Leader Meetings		
		8:30p	Team Leader Meetings & Daily Awards	8:00p	R <i>Spirit Night!</i>		
				8:30p	B Daily Awards & Pin it Forward		
					<i>Final Coaches' Q/A</i>		

Camp Information
HCM:
HI:
Location:
Dining:
Camp Store:

Electives*
- Hip Hop Dance
- Fight Song
- Fight Song Critique
- Additional Material