



BY VARSITY SPIRIT

# 2026 4-Day Masters Camp (A/B)

## CAMP LOCATION & CAMP DATES

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration		<i>Breakfast</i>		<i>Breakfast</i>		<i>Breakfast</i>
11:30a	Coaches' Quick Meet!	8:30a	L Team Leader Check-in / Warmup / Squad Leadership Training / Material Review & <i>Coaches' Meeting #2</i>	8:30a	A Team Leader Check-in / Warmup / Team UCA & Squad Credentialing & <i>Coaches' Meeting #3</i>	9:00a	Optional Open Practice
12:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	9:15a	L Coaches' & Captain's Goal Setting	9:00a	L Senior Social	9:30a	Team Time w/ Team Leader
12:30p	S Safety Awareness & Stunt Qualification w/ Team Leader	9:30a	L/A <b>Group A:</b> Team UCA / Stretching, Flexibility & Jump Class	9:15a	A <b>Group A:</b> Stunt & Troubleshooting Class #3	10:00a	C/E Final Day Competition and/or Showcase (Cheer/Skills Performance)
12:45p	S Spotting Seminar		A <b>Group B:</b> Stunt & Troubleshooting Class #2		A/R <b>Group B:</b> Drills for Skills & FNL Frenzy w/ Game Day Jams! & <i>Optional Coaches' Roundtable</i>	10:45a	A Masters Challenges
1:00p	C/E <b>Group A:</b> Motion & Spirit /A Prop Workshop / Game Day Class: All-American Cheer / Camp Dance / Drills for Skills / Masters Challenges & <i>Coaches' Meeting #1</i>	10:15a	<b>Switch Groups</b>	10:15a	<b>Switch Groups</b>	11:05a	E Squad Credentialing Presentation & Material Showcase - <b>NEW!</b>
	A <b>Group B:</b> Stunt & Troubleshooting Class #1	11:00a	C/E Cheer Evaluations	11:15a	S Coaches' Pyramid Workshop / All-American Setup & Material Review	11:20a	Senior Recognition Ceremony
2:30p	<b>Switch Groups</b>	11:30a	<i>Lunch</i>	11:30a	<i>Lunch</i>	11:30a	B Final Awards & Pin it Forward
4:00p	A Pyramid Class #1	1:15p	L/S Captain's Leadership Training & Coaches' Stunt Workshop	1:30p	A 1:1 Custom Pyramid Transitions		
5:00p	<i>Dinner</i>	1:45p	A Pyramid Class #2	2:00p	L/A <b>Group A:</b> Team Unity / Stunt Timing & Technique		
6:45p	A/L <b>Group A:</b> Skills & Props / Team UCA & Squad Credentialing	2:45p	A <b>Group A:</b> Custom 1:1 Skills Private Coaching		A <b>Group B:</b> Custom 1:1 Skills Private Coaching		
	C <b>Group B:</b> Cheer Private Coaching*		A <b>Group B:</b> Jump / Tumbling Critique & Squad Credentialing	3:00p	<b>Switch Groups</b>		
7:30p	<b>Switch Groups</b>	3:30p	<b>Switch Groups</b>	4:00p	Gatorade Break & Team Leader Meetings		
8:15p	B St. Jude	4:15p	A Stunt Transitions Class	4:15p	B All-American Tryouts		
8:30p	Team Leader Meetings & Daily Awards New Coaches' Q/A	5:00p	<i>Dinner</i>	5:00p	<i>Dinner</i>		
	<b>Cheer Private Coaching:</b> use All-American Cheer or bring material from home*	6:45p	A Pyramid Private Coaching	6:45p	E Optional Evaluations: Stunt, Pyramid or Camp Routine		
		7:45p	Choose Your Own Individual Elective*	7:15p	Choose Your Own TEAM Elective*		
		8:15p	A Jump Off	7:45p	R <i>Spirit Night!</i>		
		8:30p	A Team Time w/ Team Leader & Masters Challenges	8:15p	B Daily Awards & Pin it Forward		
		8:45p	Daily Awards		<i>Final Coaches' Q/A</i>		

**Cheer Private Coaching:**  
use All-American Cheer or bring material from home\*

**Camp Information**  
HCM:  
HI:  
Location:  
Dining:  
Camp Store:

**Individual Elective Class Options\***  
- Timeout Dance  
- Hip Hop Dance  
- Motion Technique Class  
- Leadership 101

**Team Elective Class Options\***  
- Stunt/Pyramid Workshop  
- Basket Toss Class  
- Game Day Critique

