



2026 2-Day Stunt Home Camp

CAMP LOCATION & CAMP DATES



Day 1			Day 2		
11:45a		Registration	9:00a	L	Energizer / Warmup / Team UCA & Squad Credentialing
12:00p		Introductions / Energizer & Squad Credentialing (Roadmap)!	9:30a	A	Stunt Sequence Evaluations
12:15p	C	Motion & Spirit Prop Workshop / Game Day Class: All-American Cheer	9:45a	A	Stunt & Troubleshooting Class #3
12:45p	S	Safety Awareness & Spotting Seminar	10:30a	A	Pyramid Class #1
1:00p	A	Stunt & Troubleshooting Class #1	11:30a	A	Stretching, Flexibility & Jump Class
2:15p	E	Camp Dance	11:45a	B/A	All-American Tryouts & Jump Off
3:00p		<i>Break</i>	12:00p		<i>Lunch</i>
3:15p	A	Stunt & Troubleshooting Class #2	1:00p	L	Captain's Leadership Training
4:15p	E	Stunt Sequence Private Coaching	1:15p	A	Pyramid Private Coaching
5:00p	L	Squad Leadership Training / Team UCA & Squad Credentialing	2:00p	E	Camp Routine Private Coaching
5:30p	L	Material Review / Coaches' & Captain's Goal Setting	2:45p	E	Camp Routine Evaluations
5:45p	B	St. Jude	3:00p	L	Team Unity
6:00p		Daily Awards	3:15p	R	FNL Frenzy - <i>on your football or basketball court!</i>
			3:45p	E	Squad Credentialing Presentation & Material Showcase - NEW!
			4:00p	B	Senior Recognition Ceremony & Final Awards