



# 2026 4-Day DAY Camp

CAMP LOCATION & CAMP DATES



Day 1		Day 2		Day 3		Day 4	
8:30a	Registration	9:00a	C Team Leader Check-in / Warmup / Game Day Class: Band Chant / Material Review & Coaches' Meeting #2	9:00a	E Team Leader Check-in / Warmup / Game Day Class: Sideline Dances & Coaches' Meeting #3	9:00a	Team Leader Check-in / Warmup & Material Review
9:00a	Opening Staff Demo / Meet your Team Leader & Squad Credentialing (Roadmap)!	9:30a	L Coaches' & Captain's Goal Setting	9:30a	L Senior Social	9:30a	E <b>Group A:</b> Camp Routine Private Coaching
9:30a	C Motion & Spirit Prop Workshop / Game Day Class: Sidelines & Coaches' Meeting #1	9:45a	A Stunt & Troubleshooting Class #2	9:45a	A Stunt & Troubleshooting Class #3	L/A	<b>Group B:</b> Team Unity / Sideline Stunts & Squad Leadership Training
10:00a	E Camp Dance	11:00a	A Stretching, Flexibility & Jump Class	10:45a	L Team UCA & Squad Credentialing	10:30a	<b>Switch Groups</b>
10:30a	S Safety Awareness & Stunt Qualification w/ Team Leader	11:15a	C <b>Group A:</b> Cheer Private Coaching	11:00a	R FNL Frenzy w/ Game Day Jams! & Coaches' Optional Roundtable	11:30a	E Electives*
10:45a	S Spotting Seminar / Stunt & Troubleshooting Class #1	L/C	<b>Group B:</b> Team UCA / Squad Credentialing & Band Chant Setup / Review	11:45a	S Coaches' Stunt Workshop #2 / All-American Setup & Material Review	12:00p	Lunch
12:00p	Lunch	12:00p	Lunch	12:00p	Lunch	1:15p	Team Time w/ Team Leader
1:15p	C <b>Group A:</b> Sideline Private Coaching	1:15p	L/S Captain's Leadership Training & Coaches' Stunt Workshop #1	1:15p	C/B <b>Group A:</b> Spirit Practice & St. Jude	1:45p	E Camp Routine Evaluations
	A <b>Group B:</b> Motion Technique Class & Squad Credentialing	1:30p	<b>Switch Groups</b>	A	<b>Group B:</b> Custom 1:1 Skills Private Coaching - <b>NEW!</b>	2:15p	E Camp Routine Championship
1:45p	<b>Switch Groups</b>	2:15p	Open Practice	2:15p	<b>Switch Groups</b>	2:45p	C/E Spirit Championship (Band Chant, Sideline, Cheer)
2:15p	A Pyramid Class #1	2:30p	C/E Sideline & Cheer Evaluations	3:15p	B All-American Tryouts	3:30p	E Squad Credentialing Presentation & Material Showcase - <b>NEW!</b>
3:00p	C Game Day Class: Cheers	3:00p	A Pyramid Class #2	3:30p	R <i>Spirit Night!</i>	3:45p	Senior Recognition Ceremony
3:30p	L Team UCA	3:45p	A Jump Off	4:00p	B Team Leader Meetings / Daily Awards & Pin it Forward	4:00p	B Final Awards & Pin it Forward
3:45-4p	Team Leader Meetings & Daily Awards  New Coaches' Q/A	4:00p	Team Leader Meetings & Daily Awards		<i>Final Coaches' Q/A</i>		

**Electives\***

- Intermediate Division Stunts - **NEW!**
- Basket Toss Class
- Open Workshop
- Timeout or Hip Hop Dance
- Additional Material

**Camp Information**

**HCM:**

**HI:**

**Location:**

**Dining:**

**Camp Store:**