



2026 4-Day BYO Home Camp

CAMP LOCATION & CAMP DATES



Day 1		Day 2		Day 3		Day 4	
11:45a	Registration	9:00a	Energizer / Warmup & Material Review	9:00a	Energizer / Warmup & Material Review	9:00a	Energizer / Warmup & Material Review
12:00p	Staff Introductions / Icebreaker & Squad Credentialing (Roadmap)!	9:30a	C Game Day Class: Cheers	9:30a	E Game Day Class: Sideline Dances	9:30a	A Stunt & Troubleshooting Class #4
12:15p	C Motion & Spirit Prop Workshop / Game Day Class: Sidelines	10:00a	A Stunt & Troubleshooting Class #2	10:00a	A Stunt & Troubleshooting Class #3	10:30a	L Camp Routine Private Coaching
12:45p	S Safety Awareness & Spotting Seminar	11:00a	C Cheer Private Coaching	11:00a	L Team UCA & Squad Credentialing	11:30a	L Squad Leadership Training & Squad Credentialing
1:00p	A Stunt & Troubleshooting Class #1			11:15a	R FNL Frenzy w/ Game Day Jams!		
2:00p	L Team UCA	12:00p	Lunch			12:00p	Lunch
2:15p	E Camp Dance	1:00p	L Captain's Leadership Training	12:00p	Lunch	1:00p	E Camp Routine Evaluations
3:00p	Break	1:15p	C/E Sideline & Cheer Evaluations	1:00p	B All-American Tryouts	1:15p	Additional Material/Skills Class
3:15p	C Sideline Private Coaching	1:30p	C Game Day Class: Band Chant	1:30p	C Spirit Private Coaching	2:00p	A Drills for Skills
3:45p	A Pyramid Class #1	2:15p	A Pyramid Class #2	2:00p	E Dance Class*	2:15p	E Sideline Stunts
4:45p	A Motion Technique Class & Squad Credentialing	3:15p	L Team UCA & Squad Credentialing	2:45p	A Custom 1:1 Skills Private Coaching - NEW!	2:30p	L Team Unity
5:15p	L Material Review / Coaches' & Captain's Goal Setting	3:30p	A Stretching, Flexibility & Jump Class	3:45p	B St. Jude	2:45p	Custom 1:1 Skills Private Coaching - NEW!
		3:45p	A Jump Off	4:00p	B Daily Awards & Pin it Forward	3:30p	E Camp Showcase
5:45-6p	Daily Awards	4:00p	Daily Awards			4:00p	B Final Awards & Pin it Forward

Dance Class Options*

- Timeout Dance
- Hip Hop Dance
- Fight Song
- Fight Song Critique