



2026 3-Day Stunt Camp (A/B)

CAMP LOCATION & CAMP DATES



Day 1			Day 2			Day 3		
9:00a - 12:00p		Registration			<i>Breakfast</i>			<i>Breakfast</i>
1:00p		Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	8:30a	A	Team Leader Check-in/ Warmup/ Material Review / Stretching, Flexibility & Jump Class & <i>Coaches' Meeting #2</i>	8:30a		Optional Open Practice
1:30p	S	Safety Awareness & Stunt Qualification w/ Team Leader	9:00a	L	Coaches' & Captain's Goal Setting	9:00a		Team Time w/ Team Leader
1:45p	C/E	Group A: Motion & Spirit Prop Workshop / Game Day Class: All-American Cheer/ Camp Dance & <i>Coaches' Meeting #1</i>	9:15a	A	Stunt & Troubleshooting Class #2	9:30a	E	Stunt Sequence Championship
	S/A	Group B: Spotting Seminar & Stunt & Troubleshooting Class #1	10:30a	L	Squad Leadership Training & Team UCA	10:15a	E	Camp Routine Championship
2:45p		Switch Groups	11:00a	E	Stunt Sequence Evaluations	11:00a	E	Squad Credentialing Presentation & Material Showcase - NEW!
3:45p	A	Drills for Skills & Squad Credentialing	11:30a		<i>Lunch</i>	11:15a		Senior Recognition Ceremony
4:00p	A	Pyramid Class #1	1:00p	S/L	Coaches' Stunt Workshop & Captain's Leadership Training	11:30a	B	Final Awards & Pin it Forward
5:00p		<i>Dinner</i>	1:15p	A	Custom 1:1 Skills Private Coaching - NEW!			
6:45p	L	Senior Social	2:15p	L	Group A: Team Unity / Team UCA / Squad Credentialing & <i>Coaches' Optional Roundtable</i>			
7:00p	A	Group A: Stunt Sequence Private Coaching		E	Group B: Camp Routine Private Coaching			
	L/B	Group B: Team UCA & St. Jude	3:00p		Switch Groups			
7:45p		Switch Groups	3:45p		Electives*			
8:30p		Team Leader Meetings & Daily Awards	4:30p	B	All-American Tryouts			
		<i>New Coaches' Q/A</i>	5:00p		<i>Dinner</i>			
			6:45p	E	Camp Routine Evaluations			
			7:15p		Gatorade Break & Team Leader Meetings			
			7:30p	A	Jump Off			
			7:45p	R	<i>Spirit Night!</i>			
			8:15p	B	Daily Awards & Pin it Forward <i>Final Coaches' Q/A</i>			

Elective Classes*

- Timeout Dance
- Hip Hop Dance
- Stunt Transitions
- Tumbling Critique
- Additional Material
- Basket Toss Class
- Open Workshop

Camp Information

HCM:

HI:

Location:

Dining:

Camp Store: