

# 2026 3-Day Elite Overnight Camp

CAMP LOCATION & CAMP DATES



## Day 1

## Day 2

## Day 3

9:00a - 12:00p	Registration		Breakfast			Breakfast		
1:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!		8:30a	A	Team Leader Check-in / Warmup / Material Review / Stretching, Flexibility & Jump Class & <i>Coaches' Meeting #2</i>	8:30a	Optional Open Practice	
1:30p	C/E	Motion & Spirit Prop Workshop / Game Day Class: Sidelines / Elite Camp Dance & <i>Coaches' Meeting #1</i>	9:00a	L	Coaches' & Captain's Goal Setting	9:00a	Team Time w/ Team Leader	
2:30p	S	Safety Awareness & Stunt Qualification w/ Team Leader	9:15a	A	Elite Stunt & Troubleshooting Class #2	9:30a	E	Camp Routine Championship
2:45p	S/A	Spotting Seminar / Elite Stunt & Troubleshooting Class #1	10:00a	L/R	<b>Group A:</b> Team UCA & FNL Frenzy w/ Game Day Jams! & <i>Coaches' Optional Roundtable</i>	10:15a	C/E	Sideline & Cheer Championship
4:00p	C	<b>Group A:</b> Sideline Private Coaching		C	<b>Group B:</b> Cheer Private Coaching	11:00a	E	Squad Credentialing Presentation & Material Showcase - <b>NEW!</b>
	A	<b>Group B:</b> Motion Technique Class & Squad Credentialing	10:45a	<b>Switch Groups</b>		11:15a	Senior Recognition Ceremony	
4:30p	<b>Switch Groups</b>		11:30a	Lunch			B	Final Awards & Pin it Forward
5:00p	Dinner		1:00p	S/L	Coaches' Stunt Workshop & Captain's Leadership Training			
6:45p	L	Senior Social	1:15p	C/E	Sideline & Cheer Evaluations			
7:00p	A	Pyramid Class #1	1:45p	L	<b>Group A:</b> Squad Leadership Training & Squad Credentialing			
7:45p	C	Game Day Class: Cheers		A	<b>Group B:</b> Custom Skills 1:1 Private Coaching - <b>NEW!</b>			
8:30p	Team Leader Meetings & Daily Awards		2:15p	<b>Switch Groups</b>				
	New Coaches' Q/A		2:45p	L/B	<b>Group A:</b> Team Unity & St. Jude			
				E	<b>Group B:</b> Camp Routine Private Coaching			
			3:30p	<b>Switch Groups</b>				
			4:15p	Gatorade Break				
			4:30p	B	All-American Tryouts			
			5:00p	Dinner				
			6:45p	Team Time w/ Team Leader				
			7:15p	E	Camp Routine Evaluations			
			7:45p	A	Jump Off			
			8:00p	R	Spirit Night!			
			8:30p	B	Daily Awards & Pin it Forward			
				Final Coaches' Q/A				

### Camp Information

HCM:  
HI:  
Location:  
Dining:  
Camp Store: